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Giulia Enders

Gut

the inside story of our body's most under-rated organ

RRP: £12.99 | 198 x 129mm paperback with flaps, 288pp w/ b α w illos ISBN: 9781911344773 | TRANSLATED BY DAVID SHAW



Nino Haratischvili **The Eighth Life**

(for Brilka)

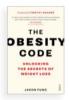
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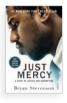


Guillaume Pitron

The Rare Metals war

the dark side of clean energy and digital technologies

RRP: £9.99 | 198 x 129mm paperback, 288pp ISBN: 9781914484964 | TRANSLATED BY BIANCA JACOBSOHN



Bryan Stevenson

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a story of justice and redemption

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Michael E. Mann

The New Climate War the fight to take back our planet

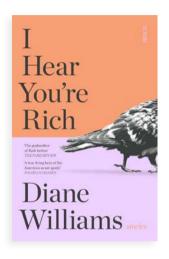
RRP: £10.99 | 198 x 129mm paperback, 384pp | ISBN: 9781914484551



Diane Williams

I Hear You're Rich

stories



DIANE WILLIAMS is the founder and editor of the distinguished literary annual NOON, the archive of which, as well as William's personal literary archive, was acquired in 2014 by the Lilly Library. She is the author of eleven previous volumes of short fiction. She lives in New York City.

A new collection of stories from the 'godmother of flash fiction' (*The Paris Review*).

In Williams' stories, life is newly alive and dangerous; whether she is writing about an affair, a request for money, an afternoon in a garden, or the simple act of carrying a cake from one room to the next, she offers us beautiful and unsettling new ways of seeing everyday life.

In perfectly honed sentences, with a sly and occasionally wild wit, Williams shows us how any moment of any day can open onto disappointment, pleasure, and possibility.

PRAISE FOR DIANE WILLIAMS:

'The writer who saved my life — or my soul.' Merve Emre,
The New Yorker

'A true living hero of the American avant-garde.'

Jonathan Franzen

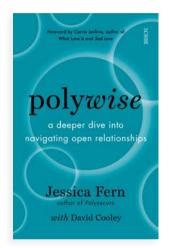
'One of the very few contemporary prose writers who seem to be doing something independent, energetic, heartfelt.' Lydia Davis

128pp

ISBN: 9781915590589

SEPTEMBER 2023 SEX/RELATIONSHIPS

Jessica Fern & David Cooley



JESSICA FERN is a psychotherapist, public speaker, and trauma and relationship expert. In her international private practice, Jessica works with individuals, couples, and people in multiple-partner relationships who no longer want to be limited by their reactive patterns, cultural conditioning, insecure attachment styles, and past traumas, helping them to embody new possibilities in life and love.

DAVID COOLEY is a professional restorative justice facilitator, diversity and privilege awareness trainer, and bilingual cultural broker. He works with non-monogamous and LGBTQ clients, incorporating modalities including trauma-informed care, attachment theory, somatic practices, narrative theory, and mindfulness-based techniques.

Polywise

a deeper dive into navigating open relationships

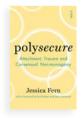
As polyamory continues to make its way into the mainstream, more and more people are exploring consensual non-monogamy in the hope of experiencing more love, connection, sex, freedom, and support.

While for many, the move expands personal horizons, for others, the transition can be challenging, leaving them blindsided and overwhelmed. Beyond the initial transition to non-monogamy, many struggle with the root issues beneath the symptoms of broken agreements, communication challenges, increased fighting, and persistent jealousy.

Polyamorous psychotherapist Jessica Fern and restorative justice facilitator David Cooley share the insights they have gained through thousands of hours working with clients in consensually non-monogamous relationships. Using a grounded theory approach, they explore the underlying challenges that non-monogamous individuals and partners can experience after their first steps, offering practical strategies for transforming them into opportunities for new levels of clarity and intimacy.

'In her latest book, Jessica Fern has crafted the map to guide readers and lovers venturing into the uncharted. With great care and necessary nuance, *Polywise* is a must-read for anyone navigating open relationships.' Esther Perel

ALSO BY THIS AUTHOR:



POLYSECURE

Attachment, Trauma and Consensual Non-monogamy

RRP: £16.99 210 x 135mm trade paperback

288pp ISBN: 9781914484957

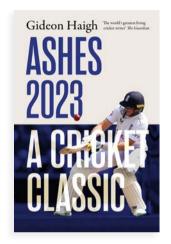
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PRESS

SPORT OCTOBER 2023

Gideon Haigh

Ashes 2023

a cricket classic



GIDEON HAIGH has been a journalist for forty years, and is half of the podcast *Cricket*, *Et Cetera* (with Peter Lalor).

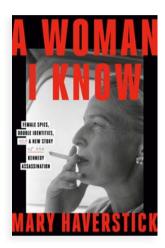
A great cricket series, as reported by a great cricket writer.

High hopes were held for the Ashes of 2023. They were exceeded in an instant classic of five Tests between a bold England and a battling Australia, finally shared two-all. *Ashes 2023* captures all the drama and skill, as well as the controversy over a stumping at Lord's that followed in the tradition of Bodyline as a clash of cultures and of stereotypes. With a foot in both camps, Gideon Haigh wrote for *The Australian* in Australia and *The Times* in the UK. This book mixes his popular match reports with new material to create a priceless memento of an unforgettable series.

ISBN: 9781915590749

NOVEMBER 2023 HISTORY/ BIOGRAPHY

Mary Haverstick



MARY HAVERSTICK is a director, writer, and cinematographer. Her most notable work as director was for *Home*, 2009, starring Oscar-winning actress Marcia Gay Harden. She is currently chronicling the turbulent political landscape of her home state, Pennsylvania, for her documentary *Tipping Point*, PA.

A Woman I Know

female spies, double identities, and a new story of the Kennedy assassination

The true story of a filmmaker whose unexpected investigation of her film's subject opened a new window onto the world of Cold War espionage, CIA secrets, and the assassination of John F. Kennedy.

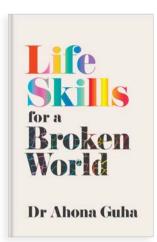
Independent filmmaker Mary Haverstick thought she'd stumbled onto the project of a lifetime — a biopic of a little-known aviation legend whose story seemed to embody the hopeful spirit of the dawn of the space age. But after she received a mysterious warning from a government agent, Haverstick began to suspect that all was not as it seemed. What she found as she dug deeper was a darker story — a story of double identities and female spies, a tangle of intrigue that stretched from the fields of the Congo to the shores of Cuba, from the streets of Mexico City to the dark heart of the Kennedy assassination in Dallas.

As Haverstick attempted to learn the truth directly from her subject in a cat-and-mouse game that stretched across a decade, she plunged deep into the CIA files of the 1950s and 60s. A Woman I Know brings vividly to life the duplicities of the Cold War intelligence game, a world where code names and doubletalk are the lingua franca of spies bent on seeking advantage by any means necessary. As Haverstick sheds light on a remarkable set of women whose high-stakes intelligence work has left its only traces in redacted files, she also discovers disturbing and shocking new clues about what really happened at Dealey Plaza in 1963. Offering new clues to the assassination and a vivid picture of women in mid-century intelligence, A Woman I Know is a gripping real-life thriller.

SELF-HELP/PSYCHOLOGY JANUARY 2024

Dr Ahona Guha

Life Skills for a Broken World



DR AHONA GUHA is a clinical and forensic psychologist, and a survivor with lived experience of complex trauma. Her first book, Reclaim: understanding complex trauma and those who abuse was published in 2023. Her work has elsewhere appeared in The Age, The Guardian, The Saturday Paper, Breathe Magazine, SBS, and ABC. She is obsessed with her rescue greyhound, and loves reading, baking, travelling, making (bad) pottery, and painting (poor) watercolours.

A revolutionary framework for living well in a broken world, from acclaimed author and psychologist Dr Ahona Guha.

How can I manage heartbreak? How do I cope with death? How can I learn to tolerate anxiety and hold hope?

In this helpful, practical guide to good psychological health, Dr Ahona Guha shows us how to cope, thrive, and still feel hopeful for the future. Combining techniques from a range of therapeutic modalities, she demonstrates how we can build a range of essential psychological skills, and apply them to live a more tranquil, joyful, and connected life.

Life Skills for a Broken World is a breath of fresh air, cutting through the confusion to provide solid, practical, and evidence-based answers to existential questions, big and small.

PRAISE FOR RECLAIM:

'Powerfully, accessibly, and with a clinician's depth of detail, Dr Guha writes directly about the violence we prefer to drape in darkness ... I'm grateful to her for this illuminating, and urgently necessary, book.' Sarah Krasnostein, author of *The Trauma Cleaner*

Todd Rogers & Jessica Lasky-Fink

You are Writing more than ever, competing for the attention of Busy Readers who skim. communicate more effectively in the real world

Todd Rogers and Jessica Lasky-Fink

TODD ROGERS is a professor of public policy at Harvard University, where he has won teaching awards for the past six consecutive years. A behavioural scientist and the co-founder of the Analyst Institute and Everyday Labs, his opinion pieces have appeared in the New York Times, the Los Angeles Times, and Politico, among others.

JESSICA LASKY-FINK is a PhD candidate at the University of California, Berkeley, a senior analyst at EveryDay Labs, and an associate fellow with the Office of Evaluation Sciences. Her research focuses on improving the delivery of social services by connecting low-income populations to government programmes.

Writing for Busy Readers

communicate more effectively in the real world

We were all taught the fundamentals of writing *well* in school. But how do we write *effectively* in today's hyperinteractive world?

When *The Elements of Style* and *On Writing Well* were published in 1959 and 1976, the internet hadn't been invented. Since then, there has been a radical transformation in how we communicate. The average adult receives over 100 emails and tens of text messages each day. With all this correspondence, gaining a busy reader's attention is now a competition.

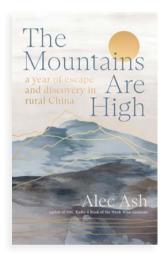
Todd Rogers and Jessica Lasky-Fink, both behavioural scientists, offer practical writing advice you can use today. They begin by outlining cognitive facts about how busy people read, then detail six research-backed principles for effective writing:

- Use fewer words
- Lower the reading level
- Use formatting judiciously
- Make the purpose clear for skimmers
- Emphasise value for readers
- Make responding as easy as possible

Including many examples, a checklist, and other tools for the most effective writing, this handbook will make you a more effective communicator. Rogers and Lasky-Fink bring conventional ideas about text-based communication into the 21st century's radically transformed attention marketplace.

MEMOIR/TRAVEL FEBRUARY 2024

Alec Ash



ALEC ASH is a writer and editor focused on China, where he lived from 2008-2022. He is author of Wish Lanterns (Picador, 2016), literary nonfiction about the lives of six young Chinese people, a BBC Radio 4 Book of the Week. His long-form articles have appeared in NYRB, LARB, The Atlantic, The Guardian, and elsewhere, and he was a stringer for The Sunday Times and The Economist. He was previously editor of LARB China Channel, founder of the writers' collective The Anthill, and contributed to two anthologies of literary reportage, Chinese Characters, and While We're Here. Currently he is editor of the China Books Review.

The Mountains Are High

a year of escape and discovery in rural China

What is it like to radically change your life? Writer Alec Ash meets the Chinese who are doing just this, 'reverse migrating' from the cities to the remote countryside of southwest China — and joins them himself, in an extraordinary and inspiring journey of self-discovery.

In 2020, Alec Ash left behind his old life as a journalist in buzzy Beijing, and moved to Dali, a rural valley in China's Yunnan province, centred around a great lake shaped like an ear and overlooked by the Cangshan mountain range. Here, he hoped to find the space and perspective to mend heartbreak after a broken engagement and escape the trappings of fast-paced, high-pressured city life.

Originally home to the Bai people, Dali has become a richly diverse community of people of all ages and backgrounds, with one shared goal: to reject the worst parts of modernity and live more simply, in tune with the natural world and away from the nexus of authoritarian power. It is into this community that Alec embeds himself, from political dissidents to bohemian hippies, charting his first year of life in Dali among these fascinating neighbours.

The Mountains Are High is a beautifully written, candid memoir about the catalysts for change and personal development that comes from taking a leap of faith, and how remodeling your attitude to conventional success can genuinely transform your life. As one of the 'new migrants' tells Alec when he arrives: it is easy to change your environment, far more difficult to change your mind.

PRAISE FOR WISH LANTERNS:

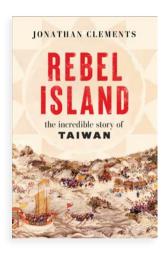
'A provocative portrait of a fast-changing society riven by internal contradictions ... Fluently written with nice touches of humour.' *Financial Times*

RRP: £16.99 216 x 135mm hardback 272pp ISBN: 9781914484377 FEBRUARY 2024 HISTORY

Jonathan Clements

Rebel Island

the incredible story of Taiwan



IONATHAN CLEMENTS presented several seasons of Route Awakening (National Geographic), an award-winning TV series about Chinese history and culture. He is the author of many acclaimed books, including Coxinga and the Fall of the Ming Dynasty, Confucius: a biography, and The Emperor's Feast: a history of China in twelve meals. He has written histories of both China and Iapan, two countries that have, at some point, claimed Taiwan as their own. He was a visiting professor at Xi'an Jiaotong University from 2013 to 2019. He was born in the East of England and lives in Finland.

The gripping history of Taiwan, from the flood myths of indigenous legend to its Asian Tiger economic miracle — and the present threat of invasion by China.

Once dismissed by the Kangxi Emperor as nothing but a 'ball of mud', Taiwan has a modern GDP larger than that of Sweden, in a land area smaller than Indiana. It is the last surviving enclave of the Republic of China, a lost colony of Japan, and claimed by Beijing as a rogue province — merely the latest chapters in its long history as a refuge for pirates, rebels, settlers, and outcasts.

Jonathan Clements examines the unique conditions of Taiwan's archaeology and indigenous history, and its days as a Dutch and Spanish trading post. He delves into its periods as an independent kingdom, Chinese province, and short-lived republic, and the transformations wrought by 50 years as part of the Japanese Empire. He examines the traumatic effects of its role as a lifeboat in 1949 for two million refugees from Communism, and the conflicts emerging after the suspension of four decades of martial law, as its people debate issues of self-determination, independence, and home rule.

PRAISE FOR JONATHAN CLEMENTS

'Clements marshals his sources in a deft and approachable manner, leavening the complexities of history with folklore, and spicing up his narrative with piquant anecdotes.' *The Spectator* on *The Emperor's Feast*

FICTION FEBRUARY 2024

Jonathan Bazzi

Translated by Alice Whitmore

Minor Bodies



JONATHAN BAZZI was born in Milan in 1985. They have written for various newspapers and magazines, including Gay.it, Vice, and The Vision. Their first novel, Fever, was hailed as a significant addition to queer literature and won the Sila, Premio Opera Prima, Edoardo Kihlgren, and Bagutta literary prizes.

ALICE WHITMORE is a writer and literary translator living on Eastern Maar country.
Her translation of Mariana Dimópulos's Imminence was awarded the 2021 NSW Premier's Translation Prize. She is the translations editor at Cordite Poetry Review and an associate editor at Giramondo.

Minor is the desiring body that runs, rises, gravitates towards larger, brighter, more dazzling bodies, that bestows on other bodies the status of suns and planets, fires to be orbited, the reason for everything. There is no centre of the universe except the one we invent for ourselves.

Jonathan is twenty years old, gay, and full of life. He's set out to escape the insignificance of his suburban home, to give himself instead and forever to the real city, Milan, where he hopes also to find love.

But when Jonathan finds love in all its messy, complicated, sexy reality, it is not enough. He has escaped the place and people of his childhood, but can he escape the man raised by those people and in that place, the man he has grown up to be?

PRAISE FOR FEVER:

'Tells us real things, in a rich voice, with force and passion and insight.' Ronnie Scott, author of *The Adversary*

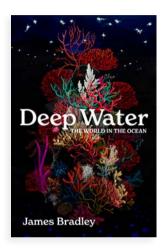
'I couldn't put it down.' Tomasz Jedrowski, author of Swimming in the Dark

'Shifting between anger and rebellion, on the one hand, and tenderness and forgiveness, on the other, *Fever* grips us first, then terrifies us, then moves us, then urges us, finally, to consider the question, Who gets to be well, and why, and how?' Gavin McCrea, author of *Cells*

'A stark and searing account of class, crisis, and contemporary queer life; a portrait of what the body weathers and what it remembers.' Jack Parlett, author of *Fire Island*

MARCH 2024 ENVIRONMENT/NATURE

James Bradley



IAMES BRADLEY is a writer and critic. His books include the novels Wrack, The Deep Field, The Resurrectionist, Clade, and Ghost Species; a book of poetry, Paper Nautilus; and The Penguin Book of the Ocean. James' essays and reviews have appeared in publications such as The Guardian, The Monthly, Sydney Review of Books, Meanjin, and Griffith Review. His fiction has won or been shortlisted for a wide range of Australian and international literary awards, and his essays and articles have been shortlisted twice for the Bragg Prize for Science Writing and nominated for a Walkley Award. In 2012, he won the Pascall Award for Australia's Critic of the Year. He is currently an Honorary Associate at the Sydney Environment Centre at the University of Sydney.

Deep Water

the world in the ocean

Plunge into the depths of the unknown in this thrilling work of nonfiction, combining history, science, nature writing, and environmentalism, that invites its reader to explore the deepest recesses of our natural world.

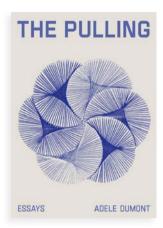
Oceans created, shaped, and sustain not just human life, but all life on Planet Earth, and perhaps beyond it. They are our history — from evolution to exploration and colonialism; our present — from beach holidays to transporting food and goods; and our future — we cannot survive if sea levels are too low or too high, temperatures too cold or too warm. They are also vast spaces of immense wonder and beauty, and our relationship to them is innate and awe-inspired.

Deep Water is both a personal and wide-ranging reckoning with our complex relationship with the natural world, a book shaped by tidal movements and deep currents, lit by the presence of other minds and other ways of being. It speaks directly and uncompromisingly of the pressing urgency of the environmental catastrophe that is overtaking us, but is also suffused with the glories of the ocean, and the extraordinary efforts of the scientists and researchers whose work helps us to understand its secrets. For it is in this work, and the new ways of seeing it offers us, that we will find a means to understand our relationship not just with the planet, but our past, and perhaps most importantly, our future.

MEMOIR MARCH 2024

Adele Dumont

The Pulling



ADELE DUMONT is an Australian writer and critic. Her work has appeared in Griffith Review, Meanjin, Southerly, ABR, and Sydney Review of Books. Adele's first book, No Man is an Island, is an account of her experiences teaching English to asylum seekers in detention. Adele lives in Sydney, where she works as an English language teacher and examiner. When she needs a break from text and from screens, she enjoys baking, bushwalking, and eavesdropping.

When I've been overtaken, I have stood and watched the water in my porridge simmer away into the air, and then the oats turn black and crackle with dryness, and my ears fill with the smoke alarm's shriek.

When Adele Dumont is diagnosed with trichotillomania — compulsive hair-pulling — it makes sense of much of her life to date. The seemingly harmless quirk of her late teens, which rapidly developed into almost uncontrollable urges and then into trance-like episodes, is a hallmark of the disease, as is the secrecy with which she guarded her condition from her family, friends, and the world at large.

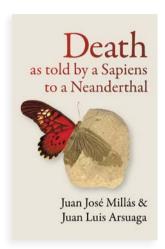
The diagnosis also opens up a rich line of inquiry. Where might the origins of this condition be found? How can we distinguish between a nervous habit and a compulsion? And how do we balance the relief of being 'seen' by others with our experience of shame?

Reminiscent of the writing of Leslie Jamison and Fiona Wright, *The Pulling* is a fascinating exploration of the inner workings of a mind. In perfectly judged prose, both probing and affecting, Dumont illuminates how easily ritual can slide into obsession, and how close beneath the surface horror and darkness can lie.

ISBN: 9781914484834

Juan José Millás & Juan Luis Arsuaga

Translated by Thomas Bunstead & Daniel Hahn



JUAN JOSÉ MILLÁS is a bestselling, multi-award-winning writer. His works have been translated into more than 20 languages.

JUAN LUIS ARSUAGA is a professor of paleontology and the recipient of many awards. He is the author of more than a dozen works.

THOMAS BUNSTEAD is a writer and translator, and Royal Literary Fellow at Aberystwyth University. Recent translations include Portrait of an Unknown Lady by María Gainza and Skin by Sergio del Molino.

DANIEL HAHN is a writer, editor, and translator, with some eighty books to his name. His work won him the Independent Foreign Fiction Prize, and was shortlisted for the International Booker Prize, among others.

Death As Told by a Sapiens to a Neanderthal

A dazzling follow-up to Life As Told by a Sapiens to a Neanderthal.

'We would love to discover that each species has a biological clock in its cells, because, if that clock existed and if we were able to find it, perhaps we could stop it and thus become eternal,' Arsuaga tells Millás in this book, in which science is intertwined with literature. The paleontologist reveals essential aspects of our existence to the writer, who discovers that old age is a country in which he still feels like a foreigner.

After the extraordinary international reception of *Life as Told by a Sapiens to a Neanderthal*, the most brilliant double act in Spanish literature once again dazzle the reader by addressing topics such as death and eternity, longevity, disease, ageing, natural selection, programmed death, and survival.

Here you will find humour, biology, nature, life, a lot of life ... and two fascinating characters, the Sapiens and the Neanderthal, who surprise us on every page with their sharp reflections on how evolution has treated us as a species. And also as individuals.

PRAISE FOR LIFE AS TOLD BY A SAPIENS TO A NEANDERTHAL:

'Dazzling.' New Scientist

'A very special book indeed.' The Telegraph

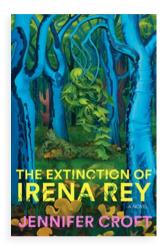
'A fascinating journey.' Helen Gordon

'No doubt comparisons will be made to Yuval Noah Harari's *Sapiens*, but *Life as Told By a Sapiens to a Neanderthal*, is much more fun ... Roll on *Life as Told By a Sapiens to a Neanderthal* volume 2.' *Irish Examiner*

RRP: £16.99 216 x 135mm hardback 304pp ISBN: 9781914484858 RIGHTS HELD: WORLD ENGLISH OTHER RIGHTS: MB AGENCIA; CASANOVAS & LYNCH FICTION MARCH 2024

Jennifer Croft

The Extinction of Irena Rey



IENNIFER CROFT won a Guagenheim Fellowship for The Extinction of Irena Rev. and her memoir Homesick won the William Saroyan International Prize for Writing and was longlisted for the Women's Prize, while her translation of Nobel laureate Olga Tokarczuk's Flights won the International Booker Prize. She is the translator of Federico Falco's A Perfect Cemetery. Romina Paula's August. Pedro Mairal's The Woman from Uruguay, and Olga Tokarczuk's The Books of Jacob. She has also received the American Academy of Arts and Letters Award in Literature. She lives in Los Angeles.

From the International Booker Prize—winning translator, a propulsive, beguiling novel about eight translators and their search for a world-renowned author who goes missing in a Polish forest.

Eight translators arrive at a house in a primeval Polish forest on the border of Belarus. It belongs to the world-renowned author Irena Rey, and they are there to translate her magnum opus, *Gray Eminence*. But within days of their arrival, Irena disappears without a trace.

The translators, who hail from eight different countries but share the same reverence for their beloved author, begin to investigate where she may have gone while proceeding with work on her masterpiece. They explore this ancient wooded refuge with its intoxicating slime moulds and lichens and study her exotic belongings and layered texts for clues. But doing so reveals secrets — and deceptions — of Irena Rey's that they are utterly unprepared for. Forced to face their differences as they grow increasingly paranoid in this fever dream of isolation and obsession, soon the translators are tangled up in a web of rivalries and desire, threatening not only their work but the fate of their beloved author herself.

This hilarious, thought-provoking debut by award-winning translator and author Jennifer Croft is a brilliant examination of art, celebrity, the natural world, and the power of language. It is an unforgettable, unputdownable adventure with a small but global cast of characters shaken by the shocks of love, destruction, and creation in one of Europe's last great wildernesses.

PRAISE FOR HOMESICK:

'Stunning and surprising.' The New York Times

APRIL 2024 FICTION

Khuê Phạm

Translated by Daryl Lindsey & Charles Hawley



KHUÊ PHAM is an award-winning Vietnamese-German writer. A graduate from the LSE, she freelanced for *The Guardian* and NPR's Berlin bureau before becoming an editor at *Die Zeit*. She was nominated for Germany's version of the Pulitzer Prize for co-writing an investigation into the 2019 Essex lorry deaths. Her novel *Brothers and Ghosts* is inspired by the story of her Vietnamese family.

CHARLES HAWLEY holds a BA in political science and an MA in journalism. He works as a journalist, and translates for leading German publications including *Der Spiegel*, *Die Zeit*, and the *Süddeutsche Zeitung*.

DARYL LINDSEY studied journalism and German. He works as a journalist and also as a literary translator for publications including Germany's Der Spiegel, Die Zeit, and the Süddeutsche Zeitung.

Brothers and Ghosts

A young woman, torn between two cultures, belonging to neither.

A family, torn apart by a war they had no choice about.

Thirty-year-old Kiêu, who calls herself Kim because it's easier for Europeans to pronounce, was born in Berlin and knows little about her Vietnamese family's history. Then she receives a Facebook message from her estranged Uncle Søn in America, telling her that her grandmother, her father's mother, is dying. The two brothers haven't spoken since the end of the Vietnam War. Minh, Kiểu's father, supported the communists, while Søn sided with the Americans.

When Kiều and her parents travel to America to join the rest of the family in California for the funeral, questions relating to their past — to what has been suppressed — resurface and demand to be addressed.

RRP: £14.99

216 x 135mm trade paperback with flaps

208pp

ISBN: 9781915590046

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FICTION APRIL 2024

Varaidzo

Manny and the Baby



VARAIDZO is a writer, editor, and artist. She was previously the digital editor at Wasafiri, and the arts and culture editor at gal-dem. Her short story 'Bus Stop' was shortlisted for the Guardian 4thWrite Prize 2018. She is a contributor to the bestselling anthology The Good Immigrant (Unbound, 2016) and the romance anthology Who's Loving You (Trapeze, 2021). Her essays and articles have been featured in The Guardian, New Statesman, and Dazed, amongst other publications. Her art project 'Black British Figures', which documents notable black British figures pre-Windrush, has been featured in Metro and Vice UK, and exhibited in Theatre Peckham. She has presented radio shows for BBC Radio 4, Reprezent Radio, and Worldwide FM, and moonlights as a podcast producer.

London, 1936. Two sisters are ready to take the city and the world by storm.

Bath, 2012. Two young Black men are figuring out who they are, and who they want to become.

Manny Powell is forthright, intellectual, and determined to make her mark on the London literary scene. Her younger sister, Rita 'The Baby', just wants to dance. Chasing their dreams across smoky Soho jazz clubs, they soon find themselves part of the burgeoning Black ambition movement, and must learn how to navigate it as women. As tensions rise, and fascism and war snap at their heels, Rita finds herself drawn to the mysterious mimic and trumpeter, Ezekiel Brown, from Jamaica, and the trio are faced with choices that will alter their lives forever.

Itai has fled London to his late father's flat in Bath. Listening to cassette tapes his father made, he realises there is a lot he doesn't know about the man's life — who is Rita? Why did his father record her life story? And might she hold the answers to Itai's questions? Meanwhile, his developing friendship with Josh, a young athlete who moonlights as a dealer to fund his training, is on unsteady ground. As the country prepares for the 2012 Olympics, Josh is under increasing pressure from his bosses to find out just what the hell Itai is really doing in their city.

Manny and the Baby is a character-driven debut novel, full of heart, about what it means to be Black and British, now and in the past.

Maja Göpel

Translated by David Shaw



DR MAJA GÖPEL is a political economist and an important voice for a sustainable transformation of society, working at the intersection of the economy, politics, and society. From 2017 to 2020, she was secretary-general of the German Advisory Council on Global Change, and in 2019 was appointed honorary professor at the Leuphana University of Lüneburg. She is a member of the Club of Rome, the World Future Council, the Balaton Group, the German government's Bioeconomy Council, and a co-initiator of the Scientists for Future network.

DAVID SHAW works as a journalist for Germany's international broadcaster, Deutsche Welle, as well as translating from several languages, including German, Dutch, Russian, and French. He lives in Berlin.

We Can Do Better

a departure into the world of tomorrow

Bestselling author Maja Göpel show us how we can set the course for the future in times of upheaval, and why this concerns us all.

The way we live is changing fundamentally, across the environment, the economy, politics, society, and technology. The status quo is crumbling, but there is still reason to hope. Drawing on the latest scientific research, Maja Göpel clarifies how we can understand such complex developments and use this knowledge for a better world.

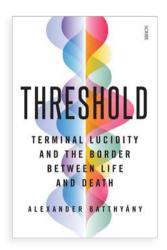
Great transformations in history were triggered by humans, and our window to the future is as open as never before. It is time that we — each of us individually, but also society as a whole — allowed ourselves to think anew, to dream and to ask a radical question: Who do we want to be? Once we adopt this attitude, structural change becomes an opportunity rather than an imposition.

After her previous book, *Rethinking Our World*, eloquently untangled the complex world we live in, Maja Göpel now gives readers the tools and motivation needed to build the world we want to live in.

'A profound diagnosis and wake-up call.' Ralph Gerstenberg, Deutschlandfunk Kultur *Book Review*

RRP: £12.99 198 x 129mm paperback original 304pp ISBN: 9781915590565 RIGHTS HELD: WORLD ENGLISH OTHER RIGHTS: ULLSTEIN BUCHVERLAGE GMBH SCIENCE/PSYCHOLOGY APRIL 2024

Alexander Batthyàny



Professor ALEXANDER BATTHYÀNY, PHD, is director of the Research Institute for Theoretical Psychology and Personalist Studies at Pàzmàny Péter Catholic University in Budapest, professor for existential psychotherapy at the Moscow Institute of Psychoanalysis, and director of the Viktor Frankl Institute of Logotherapy in Vienna. He is the author or editor of more than fifteen books, and his academic work has been translated into ten languages. He has also been invited to give lectures around the world. Batthyàny divides his time between Vienna and the Hungarian countryside.

Threshold

terminal lucidity and the border between life and death

The first major account of terminal lucidity: the remarkable return of clarity and cognition at the end of life.

Terminal lucidity is a relatively common but poorly understood phenomenon. Near the end of life, many people — including those who have suffered brain injuries or strokes, or have been silenced by mental illness or deep dementia — experience what seems a miraculous return. They regain their clarity and energy, are able to talk with families and caregivers, recall their lives, and often appear to be aware of their nearing death.

In this remarkable book, cognitive scientist and director of the Viktor Frankl Institute Professor Alexander Batthyany offers the first major account of terminal lucidity, utilising hundreds of case studies and his research in the related field of near-death studies to explore the mind, the body, the nature of consciousness, and what the living can learn from those who are crossing the border from life to death.

Astonishing, authoritative, and deeply moving, *Threshold* opens a doorway into one of life's — and death's — most provocative mysteries.

MAY 2024 FICTION

Miranda Darling

Thunderhead



MIRANDA DARLING is a writer, poet, and the co-Founder of Vanishing Pictures. She has published two thrillers, a novel, and a nonfiction work on the Empress of Iran. She read English and Modern Languages at Oxford then took on a Masters in Strategic Studies and Defence from the ANU (GSSD). She became an adjunct scholar at a public policy think tank specialising in non-traditional security threats. Miranda regularly performs spoken word poetry and writes essays for RUSSH magazine. Ex-model, mamma, short-order cook, divemaster, fencer, nomad ... like every woman, she wears many hats. She lives in North Bondi, Australia.

A black comedy, set in suburbia, about one woman's struggle to be free.

When Winona Dalloway begins her day — in the peaceful early hours before her children, that 'tiny tornado of little hands and feet', wake up — she doesn't know that by the end of it, everything in her world will have changed.

On the outside, Winona is a seemingly unremarkable young mother: unobtrusive, quietly going about her tasks. But within is a vivid, chaotic self, teeming with voices — a mind both wild and precise.

And meanwhile, a storm is brewing ...

ISBN: 9781915590428

WRITING MAY 2024

Karen Yin

The Conscious Style Guide



KAREN YIN is the founder of the Conscious Style Guide website and the founder of AP vs. Chicago, the Editors of Color Database, the Database of Diverse Databases. and Quiet Press. She is a member of the Chicago Manual of Style advisory board and an advisor to ACES: The Society for Editing. She has advised Associated Press Stylebook editors and the Editorial Freelancers Association. and she compelled The Associated Press Stylebook and The Chicago Manual of Style to be more inclusive and respectful of transgender, bisexual, and asexual people. From 2014 through 2017, Yin was the style columnist — and the only person of colour on the staff - for the now-defunct Copyediting newsletter.

A flexible, adaptable, and empowering guide for writers who want to communicate more sensitively and compassionately in a rapidly changing world.

We all want to use inclusive and respectful language when communicating with others — whether in person, by email, or by text. But when the rules of appropriate language are both constantly in flux and muddled by contradictory opinions, how are we supposed to know what's right? Afraid of getting something wrong or offending, we too often clumsily write around what we hope to say or even say nothing at all.

Thankfully, there is a better way. *The Conscious Style Guide* provides a roadmap for writing with sensitivity and awareness — no matter how the world around us progresses. Readers will learn how to identify biases in language, discover overarching principles that prepare us for inevitable change, and develop self-awareness and confidence in the conscious use of language as a tool.

With dozens of relatable examples and explanations, as well as practical advice, *The Conscious Style Guide* invites us to examine contradictions, think critically, and explore truly effective communication — in all aspects of our lives.

MAY 2024 FICTION

Liu Hong

The Good Women of Fudi



LIU HONG grew up in the North East of China, near the Chinese-North Korean border. She came to Britain in 1989. Since then she has worked here as a writer, teacher, and as a translator. Her writing career began with four novels published by Headline Review: Startling Moon (2002), The Magpie Bridge (2004), The Touch (2006), and Wives of the East Wind (2007). She is also the author of Nas folhas do Cha. a children's book co-written with Flavia Lins e Silva, published by ZAHAR (2012). She took a break from writing to raise children, chickens, and chives; she returns now with The Good Women of Fudi. She lives in Wiltshire.

Imperial China meets Edwardian England in this epic story of loves lost and gained set during the aftermath of the Opium Wars.

Best friends Jiali and Wu Fang know that no man is a match for them. In their small harbour town of Fudi, they practise sword fighting, write couplets to one another, and strut around dressed as men. Jiali is a renowned poet and Wu Fang is going to be China's first female surgeon. But when Wu Fang returns from medical training in Japan, she is horrified to hear of Jiali's marriage to a man who cannot even match her couplets, and confused by her intense feelings of jealousy towards her friend's new husband, Yanbu.

Ocean man Charles has arrived in Fudi to start a new life. He eschews the company of his fellow foreigners, preferring to spend time with new colleague Yanbu, his wife, Jiali, and her friend, Wu Fang. Over the course of several months, he grows close to them all, in increasingly confusing ways, but what will happen when he is forced to choose between his country and his friends?

As tensions between the Manchu rulers and the people rise, and foreign battleships gather out to sea, loyalties will be tested in more ways than Jiali, Wu Fang, Yanbu, and Charles can possibly imagine.

PRAISE FOR LIU HONG:

'A fine combination of delicacy and steeliness.' *The Guardian* on *Wives of the East Wind*

208pp

ISBN: 9781915590572

Eloise Rickman



ELOISE RICKMAN is a writer and parent educator. Her work focuses on challenging adultism (the discrimination children face based on their age), championing rights-based parenting and alternative education, and helping parents and educators rethink how they see and treat children. She is studying for an MA in Children's Rights at UCL's Institute of Education and has a degree in Social Anthropology from Cambridge University, where she first became interested in how family practices shape society. Her first book. Extraordinary Parenting, was published in 2020. She lives in south London with her husband and daughter.

It's Not Fair

why it's time for a grown-up conversation about how adults treat children

A radical yet practical manifesto on how we can change the world by rethinking our treatment of children and their place in society.

In *It's Not Fair*, author and educator Eloise Rickman argues that we need to urgently rethink how we raise, educate, and treat children, and that the discrimination children face is a political and social justice issue which has been ignored for too long. Upholding children's rights is crucial if we want a better world for us all — a future that could be within our grasp.

Rickman shows the ways in which children are ignored, repressed, or actively harmed in many aspects of our society, considering everything from smacking and public shaming to the ways in which the school system disadvantages children as well as governmental failure to confront air pollution. Children are not passive victims though, and Rickman highlights examples of their resistance, from staging climate protests to 'bad behaviour'.

Drawing on sociology, philosophy, children's rights, and educational theory, *It's Not Fair* is at once a rousing call-to-arms and a hopeful book, featuring practical solutions and the voices of people who are working towards them. From educators creating schools where children are free to be themselves to the political campaigners advocating for children's right to vote, Rickman shows that the positive changes we need are closer than we think.

JUNE 2024 FICTION

Gerbrand Bakker

Translated by David Colmer

The Hairdresser's Son



GERBRAND BAKKER was born in 1962. He studied Dutch language and literature and worked as a subtitler for nature films before becoming a gardener. Bakker won the 2010 International IMPAC Dublin Literary Award for his novel The Twin (Vintage, 2009) and the 2013 Independent Foreign Fiction Prize for his novel The Detour (Vintage, 2013).

DAVID COLMER was born in Adelaide in 1960. Since moving to Amsterdam in the early 1990s, he has published a wide range of translations of Dutch literature. He is also a published author of fiction. Colmer has won many awards for his translations, most notably the 2010 International IMPAC Dublin Literary Award and the 2013 Independent Foreign Fiction Prize, both with novelist Gerbrand Bakker. In 2009 he was awarded the biennial NSW Premier's Translation Prize for his body of work.

Multi-award winning Dutch author Gerbrand Bakker's phenomenal new novel about grief and the unavoidable power of family ties.

Simon never knew his father, Cornelis. When his wife told him she was pregnant, Cornelis packed his bags, and a day later he was dead. Or everyone assumed he was dead; after all, he was on the passenger list of the KLM plane that crashed in Tenerife in 1977.

Simon is a hairdresser, just like his father and grandfather before him, but he is not passionate about cutting and shaving. 'Closed' appears on his shop's front door more often than 'open', because every customer is a person, and people suck the energy from him. But there is one client he regularly interacts with: the writer. The writer is looking for a subject for his next book and becomes captivated by the story of Simon's father.

As Simon probes the mystery of what happened to his father, a deeply humane and beautifully observed portrait of loneliness emerges in another captivating novel from one of Europe's greatest storytellers.

PRAISE FOR GERBRAND BAKKER:

'Bakker secures a place for himself among the world's greatest living writers.' Irish Examiner

'Splendid, illuminating reading.' The Independent

'[It] will almost certainly keep you rooted to your chair until the denouement.' The Spectator

'Quietly astonishing.' Times Literary Supplement

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210 x 135mm trade paperback with flaps

304pp

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FICTION JUNE 2024

Uchenna Awoke

The Liquid Eye of a Moon



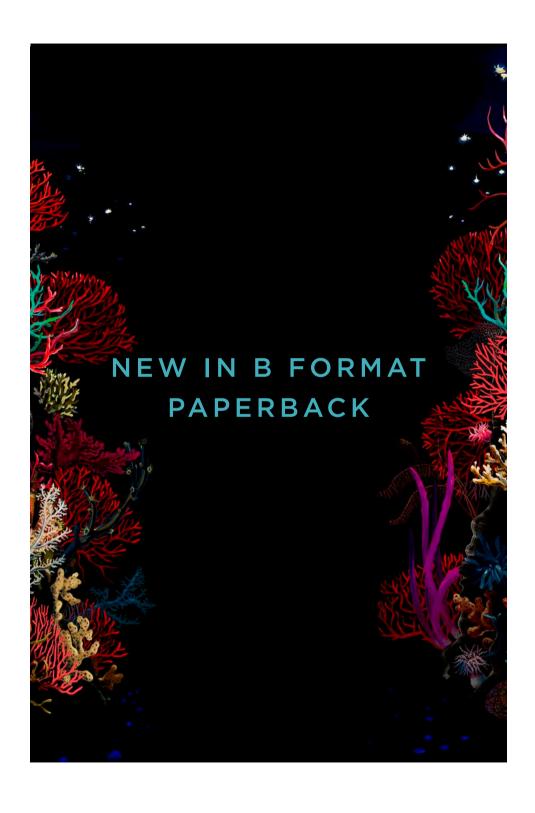
UCHENNA AWOKE lives and writes in Nsukka, Nigeria. His short stories have appeared in Transition, Elsewhere Lit, Trestle Ties, Oyster River Pages, The Evergreen Review, and other places. He received fellowships from MacDowell and the Vermont Studio Center in 2017 and 2019 respectively. He is an Artist Protection Fund Fellow and the inaugural Arkansas International Writer-at-Risk Residency Fellow, currently living in Fayetteville, AR. He is also a 2019 Graywolf Africa Prize finalist. The Liquid Eye of a Moon is his debut novel.

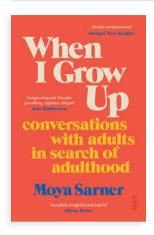
A Nigerian *Catcher in the Rye*, Uchenna Awoke's masterful debut breaks the silence about a hidden and dangerous contemporary caste system.

Fifteen-year-old Dimkpa dreams of the day his father will be made village head. He will return to school and maybe even go on to university; his mother will no longer have to break her back foraging wild food to sell at market; they will have the money to build a fine tomb for his aunt Okike; and his family's status as *ohu ma*, the lowest Igbo caste, won't matter anymore. But when his father is passed over for a younger man, breaking tradition, Dimkpa realises that he must make his own fate.

Journeying from his small village in rural Nigeria, to Lagos, Awka, and home again, Dimkpa learns that no money is easy money, that superstition runs deep, that knowledge is power, and that sometimes it is better to live in the present than always be chasing a future just out of reach.

The Liquid Eye of a Moon is by turns hilarious and poignant, capturing all the messiness of adolescence, and the difficulty of making your own way in a world that seeks to oppress you.





Moya Sarner

When I Grow Up

conversations with adults in search of adulthood

When do we become adults? What does it mean to grow up? And what are the experiences that propel us forward — or keep us stuck?

These are the questions that journalist Moya Sarner sets out to answer as she begins training as a psychotherapist. But as she delves further into her own mind and others, she soon realises that growing up is far from the linear process we imagine it to be. So begins a journey of discovery into what growing up really involves, and how we do it again and again throughout our lives.

JANUARY 2024 | RRP: £10.99 | 198 x 129mm paperback, 304pp | ISBN: 9781914484902



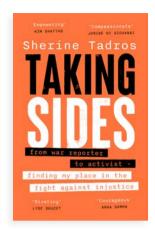
Jessica Johns

Bad Cree

A haunting debut novel where dreams, family, and spirits collide.

Night after night, Mackenzie — a young Cree woman living in Vancouver — has dreams that return her to a memory from before her sister Sabrina's untimely death. But when the waking world starts closing in, too — crows stalk her every move around the city; she gets threatening text messages from someone claiming to be Sabrina — Mackenzie knows this is more than she can handle alone. Desperate for help, she returns to her mother, sister, cousin, and aunties in her small Alberta hometown. Together, they try to uncover what is haunting Mackenzie before it's too late.

FEBRUARY 2024 | RRP: £9.99 | 198 x 129mm paperback, 272pp | ISBN: 9781915590640



Sherine Tadros

Taking Sides

from war reporter to activist — finding my place in the fight against injustice

The deeply moving memoir of an award-winning war correspondent turned activist.

From her first journalistic assignment trapped inside a war zone in the Gaza Strip, to covering the Arab uprisings that changed the course of history, Sherine Tadros searched for ways to make a difference in people's lives. It wasn't until her life fell apart that she found the courage to pursue her true purpose. With compassion and verve, Tadros shares her remarkable journey from witnessing injustice to fighting it in the corridors of power at the United Nations.

MARCH 2024 | RRP: £10.99 | 198 x 129mm paperback with 8pp colour picture section, 272pp | ISBN: 9781915590633



Marina Benjamin

A Little Give

the unsung, unseen, undone work of women

The final part of Marina Benjamin's powerful, political, and personal midlife trilogy, following on from *The Middlepause* and *Insomnia*.

In Marina Benjamin's new memoir-in-essays, she turns her astute eye to the tasks once termed 'women's work'. From cooking and cleaning to caring for an ageing relative, *A Little Give* depicts domestic life anew: as a site of paradox and conflict, but also of solace and profound meaning. Here, productivity sits alongside self-erasure, resentment with tenderness, and the animal self is never far away, perpetually threatening to break through.

APRIL 2024 | RRP: £10.99 | 198 x 129mm paperback, 240pp | ISBN: 9781915590176



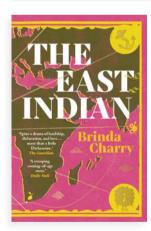
Matilda Leyser

No Season but the Summer

The classic myth — reimagined for a modern-day reader.

Persephone spends six months under the ground with her husband, king of the dead, and six months on earth with her mother, goddess of the harvest. It has been this way for nine thousand years. But this year something is different. The natural world is changing rapidly and even the gods seem to have lost control. An ingenious retelling of a classic story for a world in crisis, Matilda Leyser's sumptuous debut novel is about mothers, daughters, and finding your own agency.

MAY 2024 | RRP: £9.99 | 198 x 129mm paperback, 368pp | ISBN: 9781915590190



Brinda Charry

The East Indian

Meet Tony: the first Indian to set foot on American soil.

Among the settlers, slaves, and indentured servants that travel across the Atlantic to the New World in the early 1600s, there is also Tony, the first Indian to set foot on American soil. Orphaned and afraid, Tony initially longs for home. But as he adjusts to his new environment, finding companionship and even love, he can envision a life after servitude. His dream: to become a physician's assistant, a dispenser of healing compounds. Narrated by a memorable literary rascal, *The East Indian* is a compelling story of family, friendship, and finding oneself in the seeds of a new world.

JUNE 2024 | RRP: £9.99 | 198 x 129mm paperback, 272pp | ISBN: 9781914484582

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