January–June 2020
United Kingdom
‘The Editors will maintain a steady comparison of the actual with the possible, as the most powerful stimulus to improvement.’

— George Eliot, from her prospectus on taking charge at the Westminster Review
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a therapist, her therapist, and our lives revealed
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NEW TITLES
The Come As You Are Workbook

a practical guide to the science of sex

A practical workbook from the New York Times–bestselling author of Come As You Are that will radically transform your sex life.

In Come As You Are, sex educator Dr Emily Nagoski revealed the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why.

Now, in The Come As You Are Workbook, she offers practical tips and techniques that will help women to have the mind-blowing sex that they deserve (and that men have been having all along).

This collection of worksheets, journaling prompts, illustrations, and diagrams is an engaging companion for anyone who wants to further their understanding of their own bodies and sexuality.

PRAISE FOR COME AS YOU ARE

‘[Come As You Are] offers up hard facts on the science of arousal and desire in a friendly and accessible way.’
The Guardian

‘Screams female empowerment loud and proud.’
The Independent
Judith Grisel

Never Enough
the neuroscience and experience of addiction

A former drug addict turned behavioural neuroscientist reveals how drugs work in the brain — and what we can do to fight addiction.

Judith Grisel was a daily drug user when she began to consider that her addiction might have a cure, one that she herself could perhaps discover by studying the brain. Now, after 25 years as a neuroscientist, she shares what she and other scientists have learned about addiction, enriched by captivating glimpses of her personal journey.

In *Never Enough*, Grisel reveals the unfortunate bottom line of all regular drug use: there is no such thing as a free lunch. All drugs act on the brain in a way that diminishes their enjoyable effects and creates unpleasant ones with repeated use. Delving into the science of one of the world’s most pressing health problems, she reveals what is different about the brains of addicts even before they first pick up a drink or drug, and highlights the changes that take place in the brain and behaviour as a result of chronic using.

With compassion and clarity, Grisel describes what drove her to addiction, what helped her recover, and her belief that a ‘cure’ for addiction will not be found in our individual brains but in the way we interact with our communities.

‘A gripping memoir about the real cost of getting high.’

*The Times*
Casey Legler

Godspeed
a memoir

‘I swim for every chance to get wasted — after every meet, every weekend, every travel trip. This is what I look forward to and what I tell no one: the burn of it down my throat, to my soul curled up in my lungs, the sharpest pain all over it — it seizes and stretches, becoming alive again, and is the only thing that makes sense.’

At 15, Casey Legler is already one of the fastest swimmers in the world. She is also an alcoholic, isolated from her family, and incapable of forming lasting connections with those around her.

Driven to compete at the highest levels, sent far away from home to train with the best coaches and teams, she finds herself increasingly alone and alienated, living a life of cheap hotels and chlorine-worn skin, anonymous sexual encounters and escalating drug use. Even at what should be a moment of triumph — competing at age 19 in the 1996 Olympics — she is an outsider looking in, procuring drugs for Olympians she hardly knows, and losing her race after setting a new world record in the qualifying heats.

After submitting to years of numbing training in France and the United States, Casey can see no way out of the sinister loneliness that has swelled and festered inside her. Yet wondrously, when it is almost too late, she discovers a small light within herself, and senses a point of calm within the whirlwind of her life.

In searing, evocative, visceral prose, Casey gives language to loneliness in this startling story of survival, defiance, and of the embers that still burn when everything else in us goes dark.
The epic story of how a young social climber from Malaysia pulled off one of the biggest financial heists in history.

In 2015, rumours began circulating that billions of dollars had been stolen from a Malaysian investment fund. The mastermind of the heist was 27-year-old Jho Low, a serial fabulist from an upper-middle-class Malaysian family, who had carefully built his reputation as a member of the jet-setting elite by arranging and financing elaborate parties for Wall Street bankers, celebrities, and even royalty.

With the aid of Goldman Sachs and others, Low stole billions of dollars, right under the nose of global financial industry watchdogs. He used the money to finance elections, purchase luxury real estate, throw champagne-drenched parties, and bankroll Hollywood films like *The Wolf of Wall Street*.

*Billion Dollar Whale* reveals how this silver-tongued con man, a ‘modern Gatsby’, emerged from obscurity to pull off one of the most audacious financial heists the world has ever seen, and how the financial industry let him. It is a classic harrowing parable of hubris and greed in the financial world.

‘An extraordinary tale … richly woven … [with] dogged reporting … Like all good business stories, *Billion Dollar Whale* is bigger than the immediate one it tells.’

*Financial Times*
Fentanyl, Inc.
how rogue chemists are creating the deadliest wave of the opioid epidemic

An undercover investigation into the synthetic-drug epidemic.

A new group of chemicals is radically transforming the recreational-drug landscape. Known as novel psychoactive substances (NPS), they range from so-called ‘legal highs’ like Spice to synthetic opioids — most famously, the deadly fentanyl.

Designed to replicate the effects of established drugs such as cocaine, ecstasy, marijuana, and heroin, NPS are synthesised in laboratories. They are cheap to produce and easy to transport. They are also extremely potent and often deadly. Originally developed for medicinal purposes, and then hijacked by rogue chemists, who change their molecular structures to stay ahead of the law, these chemicals’ effects can be impossible to predict. What we do know is that they have triggered the biggest drug epidemic that America has ever seen, and which is now spreading internationally.

In Fentanyl, Inc., award-winning journalist Ben Westhoff goes undercover to investigate the shadowy world of synthetic drugs — becoming, in the process, the first journalist to infiltrate a Chinese fentanyl lab. He tracks down the drug baron in New Zealand who unintentionally helped to start the synthetic-drug revolution; prowls St. Louis streets with a former fentanyl dealer to understand how the epidemic started; and chronicles the lives of addicts and dealers, families of victims, law enforcement officers, and underground drug-awareness organisers in the US and Europe. Fentanyl, Inc. is essential reading on a global calamity we are only just beginning to understand.
Azadeh Moaveni

Guest House for Young Widows
among the women of ISIS

An intimate, deeply reported account of the women who made a shocking decision: to leave their comfortable lives behind and join the Islamic State.

In early 2014, the Islamic State clinched its control of Raqqa in Syria. Baghdadi, the leader of ISIS, urged Muslims around the world to come join the caliphate. Having witnessed the brutal oppression of the Assad regime in Syria, and moved to fight for justice, thousands of men and women heeded his call.

At the heart of this story is a cast of unforgettable young women who responded. Emma from Germany; Sharmeena from Bethnal Green; Nour from Tunis: these were women — some still in high school — from urban families, some with university degrees and bookshelves filled with novels by Jane Austen and Dan Brown; many with cosmopolitan dreams of travel and adventure. But instead of finding a land of justice and piety, they found themselves trapped within the most brutal terrorist regime of the 21st century, a world of chaos and upheaval and violence.

What is the line between victim and collaborator? How do we judge these women who both suffered and inflicted intense pain? In what is bound to be a modern classic of narrative nonfiction, Moaveni takes us into the school hallways of London, kitchen tables in Germany, the coffee shops in Tunis, the caliphate’s OB/GYN and its ‘Guest House for Young Widows’ — where wives of the fallen waited to be remarried — to demonstrate that the problem called terrorism is a far more complex, political, and deeply relatable one than we generally admit.
The first book to unearth the Christchurch massacre’s fascist roots and examine what it represents and threatens.

The massacre of more than 50 worshippers at mosques in Christchurch, New Zealand, shocked the world. The murders were not random. They expressed a particular ideology, one that the alleged perpetrator described as ‘fascism’.

But what does fascism mean today — and what kind of threat does it pose? Jeff Sparrow traces the history of the far right, showing how fascists have adapted to the new politics of the 21st century. Burgeoning in dark places online, contemporary fascism exults in violence and picks its targets strategically. Today, it is Muslims; tomorrow, it will be Jews or gays or Asians.

With imitative massacres already occurring around the world, Christchurch must be a wake-up call. This book makes a compelling, urgent case for a new response to an old menace.

PRAISE FOR NO WAY BUT THIS

‘Brilliantly told ... compelling and important. No Way But This is a challenge to history and a reminder of what unites us.’ Owen Jones, Guardian columnist and author of The Establishment

‘Absolutely wonderful.’ Simon Callow

JEFF SPARROW is a writer, editor, and broadcaster. He writes a regular column for The Guardian and contributes regularly to many other Australian and international publications. Jeff is a former member of the 3RRR Breakfasters team and the immediate past editor of literary journal Overland. He is the author of a number of books, including Money Shot: a journey into porn and censorship; No Way But This: in search of Paul Robeson; and Trigger Warnings: political correctness and the rise of the right.
Amy Stewart

Kopp Sisters on the March
a Kopp sisters novel

The fearless Kopp sisters are back in another unforgettable romp by HWA-longlisted international bestseller Amy Stewart.

It’s 1917, and the US Army is marching to join its allies in the First World War. Constance Kopp and her sisters may not be soldiers, but that doesn’t mean they can’t do their bit. All over America, women are banding together to create military-style training camps, and so the Kopp sisters leave their farm in New Jersey to learn some army discipline.

In Kopp Sisters on the March, the women of Camp Chevy Chase face down the scepticism of the War Department, the double standards of a scornful public, and the very real perils of war. Once again, Amy Stewart has brilliantly brought a little-known moment in history to light.

THE KOPP SISTERS SERIES:

Girl Waits with Gun
ISBN: 9781925228571

Miss Kopp's Midnight Confessions
ISBN: 9781911344599

Lady Cop Makes Trouble
ISBN: 9781925228731

Miss Kopp Just Won’t Quit
ISBN: 9781911617570

AMY STEWART is the New York Times–bestselling author of nine books, including Girl Waits with Gun and the rest of the Kopp Sisters series, which are based on the true story of one of America’s first female deputy sheriffs and her two rambunctious sisters. Her popular nonfiction titles include The Drunken Botanist, Wicked Plants, and Flower Confidential. She lives in Portland with her husband Scott Brown, a rare book dealer. They own an independent bookstore called Eureka Books, which is so independent that it lives in California while they live in Oregon.
Antony Loewenstein  

Pills, Powder, and Smoke  
inside the bloody War on Drugs

Like the never-ending War on Terror, the drugs war is a multi-billion-dollar industry that won’t go down without a fight. *Pills, Powder, and Smoke* explains why.

The War on Drugs has been official American policy since the 1970s, with the UK, Europe, and much of the world following suit. It is at best a failed policy, according to bestselling author Antony Loewenstein. Its direct results have included mass incarceration in the US, extreme violence in different parts of the world, the backing of dictatorships, and surging drug addiction globally. And now the Trump administration is unleashing diplomatic and military forces against any softening of the conflict.

*Pills, Powder, and Smoke* investigates the individuals, officials, activists, victims, DEA agents, and traffickers caught up in this deadly war. Travelling through the UK, the US, Australia, Honduras, the Philippines, and Guinea-Bissau, Loewenstein uncovers the secrets of the drug war, why it’s so hard to end, and who is really profiting from it.

In reporting on the front lines across the globe, Loewenstein reveals how the War on Drugs has become the most deadly war in modern times. Designed and inspired by Washington, its agenda has nothing to do with ending drug use or addiction, but is all about controlling markets, territories, and people. Instead, Loewenstein argues, the legalisation and regulation of all drugs would be a much more realistic and humane approach. The evidence presented in this book will persuade many readers that he’s right.
All Our Relations
finding the path to healing after Indigenous genocide

TANYA TALAGA is the acclaimed author of Seven Fallen Feathers, which was the winner of the RBC Taylor Prize, the Shaughnessy Cohen Prize for Political Writing, and the First Nation Communities READ: Young Adult/Adult Award; a finalist for the Hilary Weston Writers’ Trust Nonfiction Prize and the BC National Award for Nonfiction; CBC’s Nonfiction Book of the Year, a Globe and Mail Top 100 Book, and a national bestseller. For more than 20 years Talaga has been a journalist at the Toronto Star, and she has been nominated five times for the Michener Award in public service journalism. Talaga is of Polish and Indigenous descent. Her great-grandmother was a residential school survivor. Her great-grandfather was an Ojibwe trapper and labourer. Her grandmother is a member of Fort William First Nation. Her mother was raised in Raith and Graham, Ontario. She lives in Toronto with her two teenage children.

The world’s Indigenous communities are fighting to live and dying too young. In this vital and incisive work, Tanya Talaga explores intergenerational trauma and the alarming rise of youth suicide.

From Northern Ontario to Nunavut, Norway, Brazil, Australia, and the United States, the Indigenous experience in colonised nations is startlingly similar and deeply disturbing. It is an experience marked by the violent separation of Peoples from the land, the separation of families, and the separation of individuals from traditional ways of life — all of which has culminated in a spiritual separation that has had an enduring impact on generations of Indigenous children. As a result of this colonial legacy, too many communities today lack access to the basic determinants of health — income, employment, education, a safe environment, health services — leading to a mental health and youth suicide crisis on a global scale. But, Talaga reminds us, First Peoples also share a history of resistance, resilience, and civil rights activism, from the Occupation of Alcatraz led by the Indians of All Tribes, to the Northern Ontario Stirland Lake Quiet Riot, to the Standing Rock protests against the Dakota Access Pipeline, which united Indigenous Nations from across Turtle Island in solidarity.

All Our Relations is a powerful call for action, justice, and a better, more equitable world for all Indigenous Peoples.
Marie Robert
translated by Meg Richardson

Keep It Together
philosophy for everyday emergencies

Harness the power of ideas to overcome the hurdles of daily life, with advice from the greatest Western philosophers.

This international bestseller will introduce you to 12 thinkers who can help you to keep it together, even when everything in your life seems to be falling apart. You’ll get advice from Epicurus about how to disconnect from digital media, Aristotle’s help with curing hangovers, Nietzsche’s take on getting in shape, John Stuart Mill’s tips for dealing with nightmare social occasions, and many other classic insights to help you navigate life today.

This is philosophy for the real world: the key ideas that can guide you through life’s difficult times, when you’re angry, embarrassed, scared, or confused. It turns out that many of our contemporary crises are far from new. As teacher and philosophy professor Marie Robert shows, sometimes the best solutions to modern problems are timeless.

‘A delicious guide to the good life.’ Elle

‘A clever celebration of philosophy.’ Le Point

‘A charming book. Daring, funny, and intelligent.’ Télé 7 Jours

Author photo © Charlotte de Rosnay

MARIE ROBERT holds a doctorate in Philosophy from the Sorbonne and lectured there, prior to deciding to focus on bringing a love of ideas to younger students by launching a Montessori school. She is currently the director of Paris’ Lycée International Montessori and a columnist at France Inter. Her books have been bestsellers in France, and rights to Keep It Together have sold in 15 countries worldwide.

MEG RICHARDSON is currently pursuing an MFA in creative writing and translation at Columbia University. She is at work on a translation from Spanish to English of Chilean author Cristóbal Riego’s novel Los Pololos de mi Mamá.
Healthy As F*ck
the 7 essential habits you need to get lean, stay healthy, and generally kick arse at life

Join the Movement. Ditch the Diet.

Who’s ready to stop thinking about weight loss? To free their brain from thoughts about ketones, calories, and fasting? Who wants life to be more effortless, energetic, and empowered?

Welcome to a refreshing and gloriously unapologetic conversation about health, fitness, and habits. Award-winning trainer Oonagh Duncan cuts through the wellness clutter to drop some truth bombs: it might not be six-pack abs you’re looking for — it might be happiness, confidence, and acceptance. But if losing your belly is what you want, don’t let anyone — including yourself — stop you from going after it. And she’ll show you how to make it happen.

There’s only one major difference between those rare unicorns who have managed to lose weight and the rest of us: their habits. When you acknowledge that following a diet is not getting you anywhere, and you make a few small changes to your everyday routine, you’ll find yourself happier and healthy as f*ck.

‘A no-BS guide to looking and feeling your best that doesn’t make you want to cry into a salad? Hell yes! Hilarious and legitimately inspiring. I loved it.’
Sarah Knight, bestselling author of The Life-Changing Magic of Not Giving a F**ck
Dr Jason Fung
with Alison Maclean

The Obesity Code Cookbook
recipes to help you manage your insulin, lose weight, and improve your health

Recipes to revolutionise the way you cook, eat, and live — by the 500,000-copy bestselling author of The Obesity Code.

In The Obesity Code, Dr Jason Fung introduced the idea that obesity is caused by our hormones, specifically insulin, and offered practical, easy-to-follow advice on how to lose weight for good. Now, The Obesity Code Cookbook makes it easier than ever to follow his methods.

One hundred mouth-watering recipes — from slow-roasted pork shoulder to chia pudding and almond cake — showcase healthy fats, nutrient-dense foods, and low or no carbs, with diet plans to help balance your nutrition and energy requirements with your long-term health objectives.

The Obesity Code Cookbook is an indispensable tool for home cooks looking to lower insulin, lose weight, or simply lead a healthy, longer life.

PRAISE FOR THE OBESITY CODE

‘Fung zeroes in on why insulin resistance has become so prevalent and offers specific outside-the-box solutions that have emerged as the key to maximizing health.’

Jimmy Moore, author of Keto Clarity and Cholesterol Clarity

‘Fung’s explanation of insulin resistance and the accompanying insulin model of obesity is original, brilliant and game changing.’ Zoë Harcombe, author of The Harcombe Diet
Bryan Stevenson

Just Mercy
a story of justice and redemption


The US has the highest rate of incarceration in the world. One in every 15 people born there today is expected to go to prison. For black men this figure rises to one in three. And Death Row is disproportionately black, too.

Bryan Stevenson grew up poor in the racially segregated South. His innate sense of justice made him a brilliant young lawyer, and one of his first defendants was Walter McMillian, a black man sentenced to die for the murder of a white woman — a crime he insisted he didn’t commit. The case drew Bryan into a tangle of conspiracy, political machination, startling racial inequality, and legal brinksmanship — and transformed his understanding of mercy and justice forever.

At once an unforgettable account of an idealistic lawyer’s coming of age and a moving portrait of the lives of those he has defended, Just Mercy is an inspiring argument for compassion in the pursuit of justice.

‘Bryan Stevenson is America’s young Nelson Mandela — a brilliant lawyer fighting with courage and conviction to guarantee justice for all.’
Desmond Tutu, Nobel Peace Laureate

BRYAN STEVENSON is the executive director of the Equal Justice Initiative in Montgomery, Alabama, and a professor of law at New York University Law School. He has won relief for dozens of condemned prisoners, argued five times before the Supreme Court, and won national acclaim for his work challenging bias against the poor and people of colour. He has received numerous awards, including the MacArthur Foundation ‘Genius’ Grant.

Michael B. Jordan at the 2018 Cannes Film Festival © Joan Hernandez Mir / Wikimedia Commons
MICHAEL CHRISTIE is the author of If I Fall, If I Die, which was longlisted for Canada’s Scotiabank Giller Prize, won the Northern Lit Award, and was selected as a New York Times Editor’s Choice. His collection of short stories, The Beggar’s Garden, was longlisted for the Scotiabank Giller Prize, a finalist for the Writers’ Trust Prize for Fiction, and won the Vancouver Book Award. His writing has appeared in the New York Times, The Washington Post, and the Globe & Mail. He is a former sponsored skateboarder, who travelled the world skateboarding and writing for skateboard magazines. Born in Thunder Bay, Ontario, he now lives on Galiano Island with his wife and two sons.

Greenwood

‘The truth is that all family lines, from the highest to the lowest, originate somewhere, on some particular day. Even the grandest trees must’ve once been seeds spun helpless on the wind, and then just meek saplings nosing up from the soil.’

2038. On a remote island off the Pacific coast of British Columbia stands the Greenwood Arboreal Cathedral, one of the world’s last forests. Wealthy tourists flock from all corners of the dust-choked globe to see the spectacle and remember what once was. But even as they breathe in the fresh air and pose for photographs amidst the greenery, guide Jake knows that the forest is dying, though her bosses won’t admit it.

1908. Two passenger locomotives meet head-on. The only survivors are two young boys, who take refuge in a trapper’s cabin in a forest on the edge of town. In 26 years, one of them, now a recluse, will find an abandoned baby — another child of Greenwood — setting off a series of events that will change the course of his life, and the lives of those around him.

Structured like the rings of a tree, this remarkable novel moves from the future to the present to the past, and back again, to tell the story of one family and their enduring connection to the place that brought them together.

‘This book is why we read books. Why we need books. Wildly inventive, structurally elegant, deeply felt, and so very wise. Greenwood is Michael Christie’s best work ever, and that’s saying something.’ Alexander MacLeod, author of Light Lifting

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Daniel J. Siegel &
Tina Payne Bryson

The Power of Showing Up
how parental presence shapes who our kids become and how their brains get wired

What’s the one thing a parent can do to make the most difference to their child? The research is clear: be present, show up!

One of the very best predictors for how any child turns out is whether at least one adult in their life has consistently shown up for them. In an age of scheduling demands and digital distractions, this might sound like a tall order. But as bestselling authors Daniel J. Siegel and Tina Payne Bryson explain, showing up doesn’t take a lot of time, energy, or money, and it’s simple to do once you understand the four building blocks of a child’s healthy development: making them feel safe, seen, soothed, and secure.

Based on the latest brain and attachment research, The Power of Showing Up shares stories, scripts, simple strategies, illustrations, and tips for when our kids are struggling or when they are enjoying success; when we are consoling, disciplining, or arguing with them; and even when we are apologising for the times we don’t show up for them. Demonstrating that it’s never too late to correct mistakes and mend broken trust, this is a powerful guide to cultivating your child’s healthy emotional landscape.

PRAISE FOR INTERNATIONAL BESTSELLER NO-DRAMA DISCIPLINE

‘Arguments are, indeed, over more quickly and apologies more forthcoming ... It just seems to work.’ Lorraine Candy, Daily Mail

DANIEL J. SIEGEL received his medical degree from Harvard University and completed his postgraduate medical education at UCLA, where he is currently a clinical professor. He is the executive director of the Mindsight Institute, and author of numerous books, including No-Drama Discipline and The Whole-Brain Child (co-authored with Tina Payne Bryson). He lives in Los Angeles with his wife and occasionally with his launched adolescents.

TINA PAYNE BRYSON, PhD, is a paediatric and adolescent psychotherapist, parenting consultant, and the director of parenting education and development for the Mindsight Institute. She lives near Los Angeles with her husband and three children.
Wildhood
the epic journey from adolescence to adulthood in humans and other animals

A revelatory investigation of human and animal adolescence from the New York Times–bestselling authors of Zoobiquity.

Teenagers: behind the banter, the tediously repetitive games and clicks, the shouting and screaming, the fast living, and the strutting and preening lies the rules of the entire animal kingdom. Based on their popular Harvard University course, latest research, and worldwide travels, Natterson-Horowitz and Bowers examine the four universal challenges that every adolescent on our planet must face on the journey to adulthood: how to be safe, how to navigate hierarchy, how to court potential mates, and how to leave the nest. Safety, status, sex, and survival.

For parents and children, predators and prey alike, this is a powerfully revelatory book, entertainingly written. To become, as its reader does, for a while, a young bat or a young humpback whale, or even an octopus tapping a shrimp on the shoulder or an orca silencing their victim, is a giddying experience. The authors open up horizons for their ordinary human readers as they go about their daily animal lives, and permit them to look afresh at the terrifying and exhilarating experience of adolescence. Even your average teen will not get bored.

‘It blew my mind to discover that teenage animals and teenage humans are so similar. Both are naïve risk-takers. I love this book!’ Temple Grandin, PhD, author of Animals Make Us Human

DR BARBARA NATTERSON-HOROWITZ is a Visiting Professor at Harvard University in the Department of Human Evolutionary Biology. She is also Professor of Medicine/Cardiology at UCLA, where she co-founded the Evolutionary Medicine program. She is the co-author of Zoobiquity and Wildhood.

KATHRYN BOWERS is a science journalist who has taught medical narrative and comparative literature at UCLA. She’s a Future Tense Fellow at New America in Washington, DC, and was an editor at Zócalo Public Square in Los Angeles. She is the co-author of Zoobiquity and Wildhood.

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Rachel Louise Snyder

No Visible Bruises
what we don't know about domestic violence can kill us

An award-winning journalist’s exploration of the domestic violence epidemic, and how to combat it.

An average of 137 women are killed by familial violence across the globe every day. In the UK alone, two women die each week at the hands of their partners, and in the US domestic violence homicides have risen by 32 per cent since 2017. The WHO deems it a ‘global epidemic’. Yet public understanding of this urgent problem remains catastrophically low.

Journalist Rachel Louise Snyder was no exception. Despite years of experience reporting on international conflicts, when it came to violence in the domestic sphere, she believed all the common assumptions: that it was a fate for the unlucky few, a matter of bad choices and cruel environments. That if things were dire enough, victims would leave. That violence inside the home was private. And, perhaps most of all, that unless you stand at the receiving end of a punch, it has nothing to do with you.

All this changed when Snyder began talking to the victims and perpetrators whose stories she tells in this book. Fearlessly reporting from the front lines of the epidemic, in No Visible Bruises she interviews men who have murdered their families, women who have nearly been murdered, and people who have grown up besieged by familial aggression, painting a vivid and nuanced picture of its reality. She talks to experts in violence prevention and law enforcement, revealing how domestic abuse has its roots in our education, economic, health, and justice systems, and how by tackling these origins we can render it preventable.
Parenthood the Swedish Way
a science-based guide to pregnancy, birth, and infancy

Swedes are some of the world’s happiest people, and their children are no exception. Parenthood the Swedish Way will help you and your family embrace the Scandi style of childrearing: practical, egalitarian, and free from outdated myths.

Expectant parents will be relieved to hear: Put away the vacuum — dust does not lead to allergy. Breastfeeding protects against allergies? Never has done, never will do. Stop boiling bottles and pacifiers — sterilising is unnecessary in most industrial countries. Think you shouldn’t drink alcohol when breastfeeding? Plain moralism.

Dr Agnes Wold has been named Sweden’s Woman of the Year for her tireless work in women’s health. Paediatrician Cecilia Chrapkowska runs the country’s most popular parenting blog and is a specialist on vaccinations. Together they present cutting-edge research from around the world which can guide you to make better parenting choices. Drawing on Sweden’s famously generous parental leave and enlightened social policies, they also demonstrate the importance of equal parenting and provide practical tools for parents everywhere to share responsibility equally.

From the progressive land in the North, this is the fact-based, feminist guide to parenting you have been waiting for.
‘He had seen more and more people from the East in recent years. Mostly gypsies, people said. Bulgarians, Romanians — you could tell by the plates on the vans and the trailers. The Poles had been around for some time already. Burglaries, thefts. The blessings of the new Europe.’

Paul Krüzen lives with his father in an old farmhouse, not far from the German border. Where once his father took care of him, now he takes care of his father. It has been a long time since his beautiful, worldly-wise mother left them for the arms of a Russian pilot, never once looking back.

Paul’s world is changing: his small Dutch village is now home to Chinese restaurateurs, Polish plumbers, and Russian thugs. Saint Rita, the patron saint of lost causes, watches over Paul and his best friend Hedwiges, two misfits at odds with the modern world, while Paul takes comfort in his own Blessed Rita, a prostitute from Quezon. But even she cannot protect them from the tragedy that is about to unfold.

In this sharply observed, darkly funny novel, Wieringa shines a light on people struggling at the margins of a changing world. The Blessed Rita is an affecting tribute to those left behind, and an ode to those wanting to transcend themselves and their heritage.

PRAISE FOR BOOKER INTERNATIONAL–LONGLISTED THE DEATH OF MURAT IDRISSI

‘Tommy Wieringa is a bold, intelligent stylist, unafraid of exposing the ugliness of society juxtaposed with the vagaries of human nature.’ The Observer
Nadia Dalbuono

The Devil
a Leone Scamarcio thriller

When Scamarcio investigates the murder of a boy with demonic possession, who will win: Scamarcio or the Devil?

On a cold and wintry Roman afternoon, a troubled young man, Andrea Borghese, is found dead in his parents’ apartment. The last people to see him alive were five Roman Catholic priests who had left the Vatican to visit Andrea for a very particular purpose. They were performing an exorcism.

When Detective Leone Scamarcio takes the case, he finds himself in an ever-thickening plot of occult practices, murder, church corruption, government bribery, pharmaceutical dirty dealings, family secrets, and the mafia. As he circles closer to the truth, he will have to decide once and for all what he really stands for.

THE LEONE SCAMARCIO SERIES:

The Few
ISBN: 9781922247674

The American
ISBN: 9781925228199

The Hit
ISBN: 9781925228960

The Extremist
ISBN: 9781911344650

NADIA DALBUONO has spent the last 18 years working as a documentary director and consultant for Channel 4, ITV, Discovery, and National Geographic in various countries. The Devil is the fifth book in the Leone Scamarcio series, following The Few, The American, The Hit, and The Extremist. She divides her time between the UK and northern Italy.
The Doctor Who Fooled the World
science, deception, and the war on vaccines

Award-winning investigative journalist Brian Deer reveals the shocking truth behind the rise of Andrew Wakefield, so-called ‘father of the anti-vaccine movement’, blamed for epidemics of fear, guilt, and disease that today circle the globe.

As a doctor at a London medical school, in February 1998 Andrew Wakefield published explosive research in The Lancet medical journal which terrified a generation of young parents. Claiming that the MMR vaccine given to millions of children caused autism, he triggered a crisis, with sickness and deaths, as immunisation rates plummeted.

Brian Deer’s landmark 15-year inquiry for The Sunday Times, Channel 4, and the British Medical Journal exposed the truth behind the now-ex-doctor’s campaign: seeing him struck from the medical register, his research retracted, and his claims dubbed ‘an elaborate fraud’. But today Wakefield is back: leading an international anti-vaccine crusade — from Seattle to Sydney, São Paulo to Shanghai — against one of medicine’s greatest triumphs.

The Doctor Who Fooled the World is a riveting detective story that penetrates layers of legal secrecy, medical confidentiality, business schemes, and smear campaigns to expose the scientific deception of our time.
People Without Power
the war on populism and the fight for democracy

An eye-opening account of populism, the most important — and misunderstood — movement of our time.

Everything we think we know about populism is wrong. Today, populism is seen as a frightening thing, a term pundits use to describe the racist philosophy of Donald Trump and European extremists. But this is a mistake.

The real story of populism is an account of enlightenment and liberation; it is the story of democracy itself, of its ever-widening promise of a decent life for all. Taking us from the tumultuous 1890s, when the radical left-wing US Populist Party fought plutocrats, to the triumphs of reformers under Roosevelt and Truman, Frank reminds us how much we owe to the populist ethos.

Frank also shows that elitist groups have reliably detested populism, lashing out at working-class concerns; today’s moral panic in liberal circles is only the latest expression.

Frank pummels the elites, revisits the movement’s provocative politics, and declares true populism to be the language of promise and optimism. People Without Power is a ringing affirmation of a movement that, Frank shows us, is not the problem of our times, but the solution.

PRAISE FOR LISTEN, LIBERAL
‘A must-read.’ Naomi Klein
‘An impassioned howl of rage.’ BBC Radio 4 The World Tonight

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Blueberries
essays concerning understanding

‘I mean who cares about opinions, gossip, whatever, when bodies are so vulnerable, in search only of love and breath.’

The body frequently escapes her, but is always very much present in these compellingly vivid, clear-eyed essays on an embodied self in flight through the world, from the brilliant young writer Ellena Savage.

In Portuguese police stations and Portland college campuses, in suburban Melbourne libraries and wintry Berlin apartments, Savage shows bodies in pain and in love, bodies at work and at rest.

She circles back to scenes of crimes or near-crimes, to lovers or near-lovers, to turn over the stones, re-read the paperwork, check the deeds, approach from another angle altogether. These essays traverse cities and spaces, bodies and histories, moving through forms and modes to find a closer kind of truth. Blueberries is ripe with acid, promise, and sweetness.
Elly

A missing child is a nightmare for any family. But what happens when they come back?

Eleven-year-old Elly is missing. After an extensive police search she is presumed dead, and her family must learn to live with a gaping hole in their lives. Then, four years later, she reappears. But soon her parents and sister are plagued by doubts. Is this stranger really the same little girl who went missing? And if not, who is she?

*Elly* is a gripping tale of grief, longing, and doubt, which takes every parent’s greatest fear and lets it play out to an emotionally powerful, memorable climax. It is a literary novel with all the best qualities of a thriller.

‘Elly is a book about the dark side of longing.’ Hubert Spiegel, speech at the Robert Gernhardt Prize

‘In few yet incredibly precise words, Maike Wetzel creates an oppressive tension around a family falling apart. A book that will not let you go.’ Brigitte Woman

‘Reminiscent of Ian McEwan’s *A Child in Time*, *Elly* will have wide appeal … Maike Wetzel’s fresh, original take on the popular literary theme of missing children is delivered in her clear, understated prose with its unflinching eye for detail.’ New Books in German

‘Wetzel tells the story of the loss of a child as a family drama from various perspectives, in permanent present tense.’ Christoph Schröder, Süddeutsche Zeitung
A bold and lyrical exploration of our fraught relationship with the sea’s most magnificent inhabitant, the whale.

Whales loom large in the human imagination. From a history of animals being harpooned worldwide to today’s ecotourism operators and the work of marine biologists, whales have, for centuries, attracted myth, symbolism, significance, and exploitation.

But whales, and the waters they inhabit, are changing. Even as the international community draws closer to a ban on factory whaling, whales surface with disturbing news from the deep. Once-rare whale strandings, pollution and toxins accrued in whale bodies, plastics consumed by whales, the stress of exposure to industrial sound, and diseases contracted from livestock are direct results of human activity.

Incisive, provocative, and timely, *Fathoms* uses the story of the whale to examine our own story and that of the health of the planet.
ALEXA SHOEN, born in 1989, is the internet’s leading confidant for panicking job seekers and the CEO of #ENTRYLEVELBOSS: an online education company that transforms those job seekers into hired, happy professionals. She previously worked in design for Facebook, leading cross-platform initiatives to optimise the company’s multi-billion-dollar advertising business. Before that, she was one of the most sought-after communication consultants in the European tech industry and advised high-growth companies in Berlin, London, and New York. Alexa is also an acclaimed independent jazz vocalist. She is originally from San Diego, California.

ENTRY LEVEL BOSS /ˈɛntriː ˈlevəl ˈbɒs/
noun, verb, lifestyle.

- Someone who masterfully goes out and gets themselves hired into their first proper job.
- Someone who is ready for a huge career move and willing to put in the hustle to make it happen.
- Someone who knows that careers are no longer ladders to climb but beasts to tame.

Banging your head against the wall with the job search? This book will help you stop freaking out. Miserable in your role but no idea what to do next? Now you’ll be able to make a decision. Convinced that you are the most unhireable person on this planet? That’s statistically improbable — and you’ll be amazed at how employable you’ll look on paper by the time you have finished reading.

This is personal training for your career, based on a step-by-step plan that includes:

- All the intel you need about getting hired in today’s world, in today’s industries, and with today’s tools.
- Hyper-specific advice including templates for networking emails, CVs, and cover letters.
- Straight-to-the-point guidance about what not to do.
- A solid dose of humour and emotional support from someone who really has been there.

With all the challenges of the new economy come unprecedented opportunities, and careers expert Alexa Shoen is here to unlock them for you.
Our understanding of what makes a family has undergone a revolution in the last few decades, from same-sex parenthood to surrogacy and IVF. But what has the impact been on children?

In *We Are Family*, Professor Susan Golombok visits lesbian mothers, gay fathers, single parents, co-parents, trans parents, surrogates, and donors, and, more importantly, their children, to find out if they are as well-adjusted, happy, and emotionally stable as children from traditional nuclear families. And she discovers that the answer is yes — and sometimes even more so.

Susan’s work at the Centre for Family Research at Cambridge proves that any family set-up can provide a loving, secure home for a child — although, inevitably, the children from these families will often face prejudiced attitudes from others. Since the 1970s, when she was first drawn to this area of research after reading about lesbian mothers whose children were being removed from their care, Susan has worked tirelessly to challenge outdated attitudes and prevent families being split up for no good reason. This book tells the stories of those families — their struggles and their triumphs — while celebrating love and family in all its wonderful variations.
Laura Jean Mckay

The Animals in That Country

When the animals start talking, we're not ready for what we'll learn.

Hard-drinking, foul-mouthed, and allergic to bullshit, Jean is not your usual grandma. She’s never been good at getting on with other humans, apart from her beloved granddaughter, Kimberly. Instead, she surrounds herself with animals, working as a guide in an outback wildlife park. And although Jean talks to all her charges, she has a particular soft spot for a young dingo called Sue.

Then one day, disturbing news arrives of a pandemic sweeping the country. This is no ordinary flu: its chief symptom is that its victims begin to understand the language of animals — first mammals, then birds and insects, too. But as the flu progresses, the unstoppable voices become overwhelming, and many people begin to lose their minds.

When Jean’s infected son, Lee, takes off with Kimberley, heading south, Jean feels the pull to follow her kin. Setting off on their trail, with Sue the dingo riding shotgun, they find themselves in a stark, strange world in which the animal apocalypse has only further isolated people from other species.

Bold, exhilarating, and wholly original, The Animals in That Country asks what it means to be human — and what would happen, for better or worse, if we finally understood what animals were saying.
Małgorzata Szejnert
translated by
Sean Gasper Bye

**Ellis Island**

*a people’s history*

A landmark work of history that brings the voices of the past to life, transforming our understanding of the immigrant experience.

While living in New York, journalist Małgorzata Szejnert would often gaze out from lower Manhattan at Ellis Island, a dark outline on the horizon. How many stories did this tiny patch of land hold? How many people had embarked on a new life there, or known the despair of being turned away?

*Ellis Island* draws on previously unpublished testimonies, memoirs, and correspondence from staff, internees, and immigrants, including Russians, Italians, Jews, Germans, and Poles — all of whom knew they were taking part in a tremendous historical phenomenon.

At the book’s core are letters recovered from the Russian State Archive, a heartrending trove of correspondence from migrants to their loved ones back home. But their letters never reached their destination: instead, they were confiscated by intelligence services and remained unseen.

Far from the open-door policy of myth, we see that deportations from Ellis Island were often based on pseudo-scientific ideas about race, gender, and disability. Sometimes, families were broken up, and new arrivals were held in detention at the Island for months under quarantine. Now a master storyteller brings its past to life.

‘To me Małgorzata Szejnert embodies the image of Poland ... She has grace, a gentle tone, and a serene gaze.’ Svetlana Alexievich, winner of the Nobel Prize in Literature

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For 40 years, MAŁGORZATA SZEJNERT (b. 1936) has been one of Poland’s most important nonfiction writers and editors. She began writing about challenging social issues in the 1970s, and was an active member of the opposition during the Solidarity period. After the fall of Communism, she co-founded Poland’s leading daily newspaper Gazeta Wyborcza and led its reportage division for 15 years. Since retiring, she has devoted herself entirely to book writing.

SEAN GASPER BYE is a translator of Polish, French, and Russian literature. He is a winner of the 2016 Asymptote Close Approximations Prize and received an NEA Fellowship Grant for this book.
NEW IN
B FORMAT
PAPERBACK
Emiliano Monge

Among the Lost

A devastating tale of human trafficking over the Mexico–US border, with echoes of Dante’s *Inferno* and Milton’s *Paradise Lost*. Estela and Epitafio were trafficked. They grew together in the brutal orphanage, fell in love, but were ripped apart. They have played an ugly role in the very system that abused them; they have traded in migrants, put children to work as slaves, and hacked limbs and lives without a thought, though they have never forgotten the memory of their own shackles.

February 2020 | RRP: £9.99 | 198 x 129 mm pb, 368pp

Jonathan Carr

Make Me A City

*a novel of Chicago*

A *Times* Book of the Month. How does a place become a city? Whose stories will survive? How do you know if you truly belong? In this masterful debut novel, Jonathan Carr unspools Chicago’s tumultuous first century, showing how a city is made: by a succession of vivid, sometimes villainous individuals and their cumulative invention, energy, and vision. Chicago and its inhabitants are brought to dazzling, colourful life in an epic tale that speaks of not just one city but America as a whole, and of how people come to find their place in the world.

March 2020 | RRP: £9.99 | 198 x 129 mm pb, 512pp

Elizabeth Cook

Lux

A spellbinding novel that echoes across centuries: from the Biblical story of David and Bathsheba, to the court of King Henry VIII as seen through the eyes of the poet Thomas Wyatt. David wants Bathsheba. Henry too must have what he wants. He wants Ann, a divorce, a son. He looks up at his tapestry of David and sees a mighty predecessor who defended his faith and took what he liked. But he leaves it to others to count the costs. As David pursues Bathsheba, Henry courts Ann, and Wyatt interweaves the past and present.

March 2020 | RRP: £9.99 | 198 x 129 mm pb, 416pp
Annaleese Jochems
Baby
A sunburnt psychological thriller of obsession and escape by the most exciting writer to come out of New Zealand since Eleanor Catton. Cynthia is 21, bored and waiting for something big to happen. Her striking fitness instructor, Anahera, is ready to throw in the towel on her job and marriage. With stolen money and a dog in tow they run away and buy ‘Baby’, an old boat docked in a beautiful bay, where Cynthia dreams they will live in a state of love. But strange events on an empty island turn their life together in a different direction.

June 2020 | RRP: £7.99 | 198 x 129 mm pb, 272pp

Tom Cutler
Keep Clear
my adventures with Asperger’s
A wonderfully bittersweet, funnystrange account of living unwittingly with Asperger’s syndrome. At 55, Tom Cutler receives the diagnosis that allowed him to make sense of his life; he is told that he has Asperger’s syndrome, and suddenly everything makes sense: his weird obsessions, accidental rudeness, maladroitness, and other social impediments. In this exceptionally warm and moving memoir, Tom explores his eccentric behaviour from boyhood to manhood, examines how our understanding of autism is changing, and investigates the scientific explanations for the condition.

June 2020 | RRP: £9.99 | 198 x 129 mm pb, 352pp

Kathy O’Shaughnessy
In Love with George Eliot
A glorious debut novel which tells the compelling story of England’s greatest woman novelist. Marian Evans is a scandalous figure, living in sin with a married man. In secret, she writes fiction under the pseudonym George Eliot. As Adam Bede’s fame grows, curiosity rises as to the identity of its mysterious writer, and it becomes apparent that Eliot is none other than the disgraced woman Evans. The world falls in love with her. But this idyll cannot last. When Lewes dies, Evans finds herself in danger of shocking the world all over again. Meanwhile, in another century, two women compete to arrive at an interpretation of Eliot as writer and as woman ...

June 2020 | RRP: £9.99 | 198 x 129 mm pb, 400pp
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