



# SCRIBE

January–June 2020  
United Kingdom

‘The Editors will maintain a steady  
comparison of the actual with the  
possible, as the most powerful  
stimulus to improvement.’

— George Eliot, from her prospectus on  
taking charge at the *Westminster Review*

# SCRIBE

January–June 2020  
United Kingdom

<i>Best of Scribe</i>	2	<b>Wildhood</b>	21
<b>The Come As You Are Workbook</b> Dr Emily Nagoski	5	<b>Dr Barbara Natterson-Horowitz &amp; Kathryn Bowers</b>	
<b>Never Enough</b> Judith Grisel	6	<b>No Visible Bruises</b> Rachel Louise Snyder	22
<b>Godspeed</b> Casey Legler	7	<b>Parenthood the Swedish Way</b> Cecilia Chrapkowska & Agnes Wold	23
<b>Billion Dollar Whale</b> Tom Wright & Bradley Hope	8	<b>The Blessed Rita</b> Tommy Wieringa	24
<b>Fentanyl, Inc.</b> Ben Westhoff	9	<b>The Devil</b> Nadia Dalbuono	25
<b>Guest House for Young Widows</b> Azadeh Moaveni	10	<b>The Doctor Who Fooled the World</b> Brian Deer	26
<b>Fascists Among Us</b> Jeff Sparrow	11	<b>People Without Power</b> Thomas Frank	27
<b>Kopp Sisters on the March</b> Amy Stewart	12	<b>Blueberries</b> Ellena Savage	28
<b>Pills, Powder, and Smoke</b> Antony Loewenstein	13	<b>Elly</b> Maike Wetzel	29
<b>All Our Relations</b> Tanya Talaga	14	<b>Fathoms</b> Rebecca Giggs	30
<b>Keep It Together</b> Marie Robert	15	<b>#ENTRYLEVELBOSS</b> Alexa Shoen	31
<b>Healthy As F*ck</b> Oonagh Duncan	16	<b>We Are Family</b> Susan Golombok	32
<b>The Obesity Code Cookbook</b> Dr Jason Fung with Alison Maclean	17	<b>The Animals in That Country</b> Laura Jean Mckay	33
<b>Just Mercy</b> Bryan Stevenson	18	<b>Ellis Island</b> Malgorzata Szejnert	34
<b>Greenwood</b> Michael Christie	19	<i>New in B Format Paperback</i>	35
<b>The Power of Showing Up</b> Daniel J. Siegel & Tina Payne Bryson	20	<i>Rights Enquiries</i>	38
		<i>Sales, Distribution, and Media Information</i>	40



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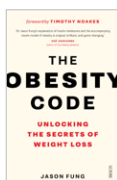
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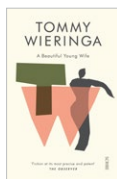
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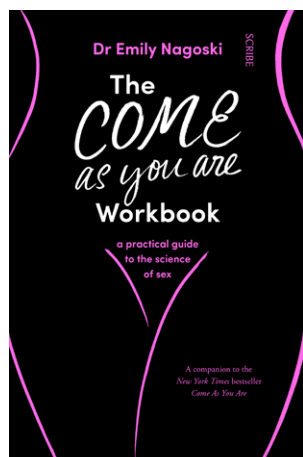
NEW TITLES



Dr Emily Nagoski

# The Come As You Are Workbook

a practical guide to the science of sex



DR EMILY NAGOSKI is Wellness Education Director and Lecturer at Smith College, where she teaches Women's Sexuality. She has a PhD in Health Behavior with a doctoral concentration in human sexuality from Indiana University, and a master's degree in counseling, with a clinical internship at the Kinsey Institute Sexual Health Clinic. She has taught graduate and undergraduate classes in human sexuality, relationships and communication, stress management, and sex education. She is the author of three guides for Ian Kerner's GoodInBed.com, including the *Guide to Female Orgasm*, and she writes the popular sex blog, TheDirtyNormal.com. She is the author of the *New York Times* bestseller *Come As You Are*.

A practical workbook from the *New York Times*–bestselling author of *Come As You Are* that will radically transform your sex life.

In *Come As You Are*, sex educator Dr Emily Nagoski revealed the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why.

Now, in *The Come As You Are Workbook*, she offers practical tips and techniques that will help women to have the mind-blowing sex that they deserve (and that men have been having all along).

This collection of worksheets, journaling prompts, illustrations, and diagrams is an engaging companion for anyone who wants to further their understanding of their own bodies and sexuality.

## PRAISE FOR COME AS YOU ARE

'[*Come As You Are*] offers up hard facts on the science of arousal and desire in a friendly and accessible way.'  
*The Guardian*

'Screams female empowerment loud and proud.'  
*The Independent*

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Judith Grisel

# Never Enough

the neuroscience and experience of addiction



JUDITH GRISEL, PhD, is a professor of psychology at Bucknell University, and an internationally recognised behavioural neuroscientist with expertise in pharmacology and genetics whose research focuses on determining the root causes of drug addiction. Her recent research helps explain the different trajectories of alcohol abuse in men and women.

**A former drug addict turned behavioural neuroscientist reveals how drugs work in the brain — and what we can do to fight addiction.**

Judith Grisel was a daily drug user when she began to consider that her addiction might have a cure, one that she herself could perhaps discover by studying the brain. Now, after 25 years as a neuroscientist, she shares what she and other scientists have learned about addiction, enriched by captivating glimpses of her personal journey.

In *Never Enough*, Grisel reveals the unfortunate bottom line of all regular drug use: there is no such thing as a free lunch. All drugs act on the brain in a way that diminishes their enjoyable effects and creates unpleasant ones with repeated use. Delving into the science of one of the world's most pressing health problems, she reveals what is different about the brains of addicts even before they first pick up a drink or drug, and highlights the changes that take place in the brain and behaviour as a result of chronic using.

With compassion and clarity, Grisel describes what drove her to addiction, what helped her recover, and her belief that a 'cure' for addiction will not be found in our individual brains but in the way we interact with our communities.

*'A gripping memoir about the real cost of getting high.'*  
*The Times*

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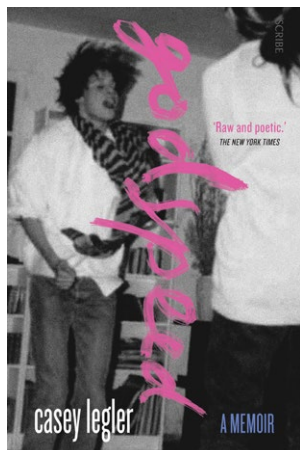
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Casey Legler

## Godspeed

a memoir



CASEY LEGLER is an artist, restaurateur, model, and former Olympic swimmer. Born in France to expatriate American parents, Casey grew up in Provence, and went on to swim for France in the 1996 Summer Olympics in Atlanta. The first woman signed to Ford Models to exclusively model men's clothes, they have been featured in *Vogue*, *Le Monde*, and *Time*. Casey is a member of Phi Beta Kappa, graduated cum laude from Smith College, and currently lives between New York and Sydney with their wife, Siri May.

*'I swim for every chance to get wasted — after every meet, every weekend, every travel trip. This is what I look forward to and what I tell no one: the burn of it down my throat, to my soul curled up in my lungs, the sharpest pain all over it — it seizes and stretches, becoming alive again, and is the only thing that makes sense.'*

At 15, Casey Legler is already one of the fastest swimmers in the world. She is also an alcoholic, isolated from her family, and incapable of forming lasting connections with those around her.

Driven to compete at the highest levels, sent far away from home to train with the best coaches and teams, she finds herself increasingly alone and alienated, living a life of cheap hotels and chlorine-worn skin, anonymous sexual encounters and escalating drug use. Even at what should be a moment of triumph — competing at age 19 in the 1996 Olympics — she is an outsider looking in, procuring drugs for Olympians she hardly knows, and losing her race after setting a new world record in the qualifying heats.

After submitting to years of numbing training in France and the United States, Casey can see no way out of the sinister loneliness that has swelled and festered inside her. Yet wondrously, when it is almost too late, she discovers a small light within herself, and senses a point of calm within the whirlwind of her life.

In searing, evocative, visceral prose, Casey gives language to loneliness in this startling story of survival, defiance, and of the embers that still burn when everything else in us goes dark.

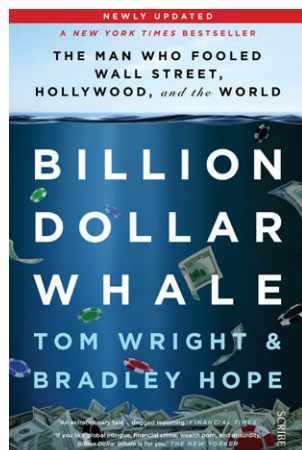
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**Tom Wright &  
Bradley Hope**

## Billion Dollar Whale

the man who fooled Wall Street, Hollywood,  
and the world



TOM WRIGHT was one of the first journalists to arrive at the scene of the raid in which Navy SEALs killed Osama bin Laden. He is a Pulitzer finalist, a Loeb winner, and has garnered numerous awards from the Society of Publishers in Asia, which in 2016 named him 'Journalist of the Year'. He speaks English, Malay, French, and Italian.

BRADLEY HOPE has worked for the *Wall Street Journal* for the last four years, covering finance and malfeasance from New York City and London. Before that, he spent six years as a correspondent in the Middle East. He is a Pulitzer finalist and a Loeb winner, and also author of *Last Days of the Pharaoh*, about the end of the presidency of Hosni Mubarak.

The epic story of how a young social climber from Malaysia pulled off one of the biggest financial heists in history.

In 2015, rumours began circulating that billions of dollars had been stolen from a Malaysian investment fund. The mastermind of the heist was 27-year-old Jho Low, a serial fabulist from an upper-middle-class Malaysian family, who had carefully built his reputation as a member of the jet-setting elite by arranging and financing elaborate parties for Wall Street bankers, celebrities, and even royalty.

With the aid of Goldman Sachs and others, Low stole billions of dollars, right under the nose of global financial industry watchdogs. He used the money to finance elections, purchase luxury real estate, throw champagne-drenched parties, and bankroll Hollywood films like *The Wolf of Wall Street*.

*Billion Dollar Whale* reveals how this silver-tongued con man, a 'modern Gatsby', emerged from obscurity to pull off one of the most audacious financial heists the world has ever seen, and how the financial industry let him. It is a classic harrowing parable of hubris and greed in the financial world.

'An extraordinary tale ... richly woven ... [with] dogged reporting ... Like all good business stories, *Billion Dollar Whale* is bigger than the immediate one it tells.' *Financial Times*

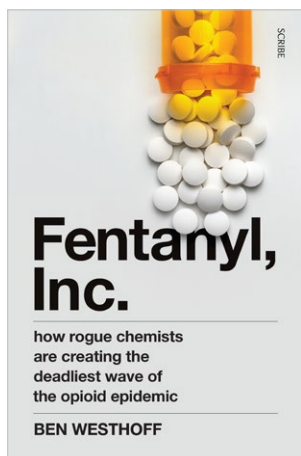
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**Ben Westhoff**

# Fentanyl, Inc.

how rogue chemists are creating the deadliest wave of the opioid epidemic



## An undercover investigation into the synthetic-drug epidemic.

A new group of chemicals is radically transforming the recreational-drug landscape. Known as novel psychoactive substances (NPS), they range from so-called 'legal highs' like Spice to synthetic opioids — most famously, the deadly fentanyl.

Designed to replicate the effects of established drugs such as cocaine, ecstasy, marijuana, and heroin, NPS are synthesised in laboratories. They are cheap to produce and easy to transport. They are also extremely potent and often deadly. Originally developed for medicinal purposes, and then hijacked by rogue chemists, who change their molecular structures to stay ahead of the law, these chemicals' effects can be impossible to predict. What we do know is that they have triggered the biggest drug epidemic that America has ever seen, and which is now spreading internationally.

In *Fentanyl, Inc.*, award-winning journalist Ben Westhoff goes undercover to investigate the shadowy world of synthetic drugs — becoming, in the process, the first journalist to infiltrate a Chinese fentanyl lab. He tracks down the drug baron in New Zealand who unintentionally helped to start the synthetic-drug revolution; prowls St. Louis streets with a former fentanyl dealer to understand how the epidemic started; and chronicles the lives of addicts and dealers, families of victims, law enforcement officers, and underground drug-awareness organisers in the US and Europe. *Fentanyl, Inc.* is essential reading on a global calamity we are only just beginning to understand.

BEN WESTHOFF is an award-winning investigative reporter who has covered stories ranging from gangland Los Angeles to Native American blood feuds to government corruption. He has written at length about music and culture, his entry point to the world of synthetic drugs, in *Rolling Stone*, *The Guardian*, *Village Voice*, *Vice*, *Oxford American*, the *Wall Street Journal*, and elsewhere. He is the author of two previous books: *Original Gangstas* (Hachette, 2016), and *Dirty South* (Chicago Review Press, 2011).

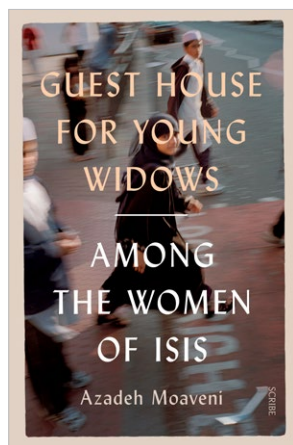
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Azadeh Moaveni

# Guest House for Young Widows

among the women of ISIS



AZADEH MOAVENI is a journalist, writer, and academic who has been covering the Middle East for nearly two decades. Her work has focused throughout on how women and girls are disproportionately impacted by political instability and conflict, and the interplay between Islamism and women's rights. In November 2015, she published a front-page piece in *The New York Times* on ISIS women defectors that was finalist for a Pulitzer as part of the *Times'* ISIS coverage and that was one of the most-read investigative features of the years. She lives in Cambridge, UK.

**An intimate, deeply reported account of the women who made a shocking decision: to leave their comfortable lives behind and join the Islamic State.**

In early 2014, the Islamic State clinched its control of Raqqa in Syria. Baghdadi, the leader of ISIS, urged Muslims around the world to come join the caliphate. Having witnessed the brutal oppression of the Assad regime in Syria, and moved to fight for justice, thousands of men and women heeded his call.

At the heart of this story is a cast of unforgettable young women who responded. Emma from Germany; Sharmeena from Bethnal Green; Nour from Tunis: these were women — some still in high school — from urban families, some with university degrees and bookshelves filled with novels by Jane Austen and Dan Brown; many with cosmopolitan dreams of travel and adventure. But instead of finding a land of justice and piety, they found themselves trapped within the most brutal terrorist regime of the 21st century, a world of chaos and upheaval and violence.

What is the line between victim and collaborator? How do we judge these women who both suffered and inflicted intense pain? In what is bound to be a modern classic of narrative nonfiction, Moaveni takes us into the school hallways of London, kitchen tables in Germany, the coffee shops in Tunis, the caliphate's OB/GYN and its 'Guest House for Young Widows' — where wives of the fallen waited to be remarried — to demonstrate that the problem called terrorism is a far more complex, political, and deeply relatable one than we generally admit.

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Jeff Sparrow

## Fascists Among Us

online hate and the Christchurch massacre



JEFF SPARROW is a writer, editor, and broadcaster. He writes a regular column for *The Guardian* and contributes regularly to many other Australian and international publications. Jeff is a former member of the 3RRR *Breakfasters* team and the immediate past editor of literary journal *Overland*. He is the author of a number of books, including *Money Shot: a journey into porn and censorship*; *No Way But This: in search of Paul Robeson*; and *Trigger Warnings: political correctness and the rise of the right*.

The first book to unearth the Christchurch massacre's fascist roots and examine what it represents and threatens.

The massacre of more than 50 worshippers at mosques in Christchurch, New Zealand, shocked the world. The murders were not random. They expressed a particular ideology, one that the alleged perpetrator described as 'fascism'.

But what does fascism mean today — and what kind of threat does it pose? Jeff Sparrow traces the history of the far right, showing how fascists have adapted to the new politics of the 21st century. Burgeoning in dark places online, contemporary fascism exults in violence and picks its targets strategically. Today, it is Muslims; tomorrow, it will be Jews or gays or Asians.

With imitative massacres already occurring around the world, Christchurch must be a wake-up call. This book makes a compelling, urgent case for a new response to an old menace.

### PRAISE FOR *NO WAY BUT THIS*

'Brilliantly told ... compelling and important. *No Way But This* is a challenge to history and a reminder of what unites us.' **Owen Jones**, *Guardian* columnist and author of *The Establishment*

'Absolutely wonderful.' **Simon Callow**

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Amy Stewart

# Kopp Sisters on the March

a Kopp sisters novel



AMY STEWART is the *New York Times*-bestselling author of nine books, including *Girl Waits with Gun* and the rest of the Kopp Sisters series, which are based on the true story of one of America's first female deputy sheriffs and her two rambunctious sisters. Her popular nonfiction titles include *The Drunken Botanist*, *Wicked Plants*, and *Flower Confidential*. She lives in Portland with her husband Scott Brown, a rare book dealer. They own an independent bookstore called Eureka Books, which is so independent that it lives in California while they live in Oregon.

The fearless Kopp sisters are back in another unforgettable romp by HWA-longlisted international bestseller Amy Stewart.

It's 1917, and the US Army is marching to join its allies in the First World War. Constance Kopp and her sisters may not be soldiers, but that doesn't mean they can't do their bit. All over America, women are banding together to create military-style training camps, and so the Kopp sisters leave their farm in New Jersey to learn some army discipline.

In *Kopp Sisters on the March*, the women of Camp Chevy Chase face down the scepticism of the War Department, the double standards of a scornful public, and the very real perils of war. Once again, Amy Stewart has brilliantly brought a little-known moment in history to light.

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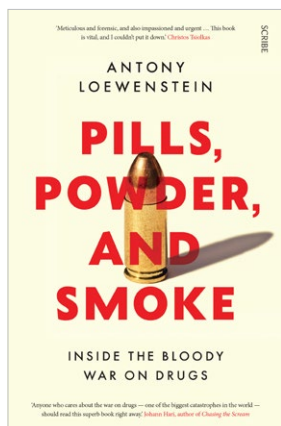
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# Antony Loewenstein **Pills, Powder, and Smoke**

inside the bloody War on Drugs



ANTONY LOEWENSTEIN is a Jerusalem-based Australian journalist who has written for *The New York Times*, *The Guardian*, the BBC, *The Washington Post*, *The Nation*, *Huffington Post*, *Haaretz*, and many others. He is the author of *Disaster Capitalism: making a killing out of catastrophe*; the writer/co-producer of the associated documentary, *Disaster Capitalism*; and the co-director of an Al-Jazeera English film on the opioid drug tramadol. His other books include *My Israel Question*, *The Blogging Revolution*, and *Profits of Doom*, and he is the co-editor of the books *Left Turn* and *After Zionism*, and is a contributor to *For God's Sake*.

**Like the never-ending War on Terror, the drugs war is a multi-billion-dollar industry that won't go down without a fight. *Pills, Powder, and Smoke* explains why.**

The War on Drugs has been official American policy since the 1970s, with the UK, Europe, and much of the world following suit. It is at best a failed policy, according to bestselling author Antony Loewenstein. Its direct results have included mass incarceration in the US, extreme violence in different parts of the world, the backing of dictatorships, and surging drug addiction globally. And now the Trump administration is unleashing diplomatic and military forces against any softening of the conflict.

*Pills, Powder, and Smoke* investigates the individuals, officials, activists, victims, DEA agents, and traffickers caught up in this deadly war. Travelling through the UK, the US, Australia, Honduras, the Philippines, and Guinea-Bissau, Loewenstein uncovers the secrets of the drug war, why it's so hard to end, and who is really profiting from it.

In reporting on the front lines across the globe, Loewenstein reveals how the War on Drugs has become the most deadly war in modern times. Designed and inspired by Washington, its agenda has nothing to do with ending drug use or addiction, but is all about controlling markets, territories, and people. Instead, Loewenstein argues, the legalisation and regulation of all drugs would be a much more realistic and humane approach. The evidence presented in this book will persuade many readers that he's right.

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Tanya Talaga

# All Our Relations

finding the path to healing after Indigenous genocide



Author photo © Steve Russell/  
Toronto Star

TANYA TALAGA is the acclaimed author of *Seven Fallen Feathers*, which was the winner of the RBC Taylor Prize, the Shaughnessy Cohen Prize for Political Writing, and the First Nation Communities READ: Young Adult/Adult Award; a finalist for the Hilary Weston Writers' Trust Nonfiction Prize and the BC National Award for Nonfiction; CBC's Nonfiction Book of the Year, a Globe and Mail Top 100 Book, and a national bestseller. For more than 20 years Talaga has been a journalist at the *Toronto Star*, and she has been nominated five times for the Michener Award in public service journalism. Talaga is of Polish and Indigenous descent. Her great-grandmother was a residential school survivor. Her great-grandfather was an Ojibwe trapper and labourer. Her grandmother is a member of Fort William First Nation. Her mother was raised in Raith and Graham, Ontario. She lives in Toronto with her two teenage children.

The world's Indigenous communities are fighting to live and dying too young. In this vital and incisive work, Tanya Talaga explores intergenerational trauma and the alarming rise of youth suicide.

From Northern Ontario to Nunavut, Norway, Brazil, Australia, and the United States, the Indigenous experience in colonised nations is startlingly similar and deeply disturbing. It is an experience marked by the violent separation of Peoples from the land, the separation of families, and the separation of individuals from traditional ways of life — all of which has culminated in a spiritual separation that has had an enduring impact on generations of Indigenous children. As a result of this colonial legacy, too many communities today lack access to the basic determinants of health — income, employment, education, a safe environment, health services — leading to a mental health and youth suicide crisis on a global scale. But, Talaga reminds us, First Peoples also share a history of resistance, resilience, and civil rights activism, from the Occupation of Alcatraz led by the Indians of All Tribes, to the Northern Ontario Stirland Lake Quiet Riot, to the Standing Rock protests against the Dakota Access Pipeline, which united Indigenous Nations from across Turtle Island in solidarity.

*All Our Relations* is a powerful call for action, justice, and a better, more equitable world for all Indigenous Peoples.

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## Marie Robert

translated by  
Meg Richardson



Author photo © Charlotte de Rosnay

MARIE ROBERT holds a doctorate in Philosophy from the Sorbonne and lectured there, prior to deciding to focus on bringing a love of ideas to younger students by launching a Montessori school. She is currently the director of Paris' Lycée International Montessori and a columnist at *France Inter*. Her books have been bestsellers in France, and rights to *Keep It Together* have sold in 15 countries worldwide.

MEG RICHARDSON is currently pursuing an MFA in creative writing and translation at Columbia University. She is at work on a translation from Spanish to English of Chilean author Cristóbal Riego's novel *Los Pololos de mi Mamá*.

# Keep It Together

philosophy for everyday emergencies

**Harness the power of ideas to overcome the hurdles of daily life, with advice from the greatest Western philosophers.**

This international bestseller will introduce you to 12 thinkers who can help you to keep it together, even when everything in your life seems to be falling apart. You'll get advice from Epicurus about how to disconnect from digital media, Aristotle's help with curing hangovers, Nietzsche's take on getting in shape, John Stuart Mill's tips for dealing with nightmare social occasions, and many other classic insights to help you navigate life today.

This is philosophy for the real world: the key ideas that can guide you through life's difficult times, when you're angry, embarrassed, scared, or confused. It turns out that many of our contemporary crises are far from new. As teacher and philosophy professor Marie Robert shows, sometimes the best solutions to modern problems are timeless.

**'A delicious guide to the good life.'** *Elle*

**'A clever celebration of philosophy.'** *Le Point*

**'A charming book. Daring, funny, and intelligent.'**  
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**Oonagh Duncan**

# Healthy As F\*ck

the 7 essential habits you need to get lean, stay healthy, and generally kick arse at life



Author photo © Alex Wesson

OONAGH DUNCAN is a multi-award-winning trainer with 17 years of distinction in the fitness industry. She has worked as an Associate Fitness Editor for *Chatelaine* magazine, a contributing writer for *Fitness* magazine, and is a regular speaker on fitness matters on TV and radio. Currently, Oonagh helps hundreds of people change their bodies through her bootcamp and online program, The 28-Day Transformation Challenge. This program — the culmination of her fitness expertise — is the basis for the system outlined in *Healthy As F\*ck*.

## Join the Movement. Ditch the Diet.

Who's ready to stop thinking about weight loss? To free their brain from thoughts about ketones, calories, and fasting? Who wants life to be more effortless, energetic, and empowered?

Welcome to a refreshing and gloriously unapologetic conversation about health, fitness, and habits. Award-winning trainer Oonagh Duncan cuts through the wellness clutter to drop some truth bombs: it might not be six-pack abs you're looking for — it might be happiness, confidence, and acceptance. But if losing your belly is what you want, don't let anyone — including yourself — stop you from going after it. And she'll show you how to make it happen.

There's only one major difference between those rare unicorns who have managed to lose weight and the rest of us: their habits. When you acknowledge that following a diet is not getting you anywhere, and you make a few small changes to your everyday routine, you'll find yourself happier and healthy as f\*ck.

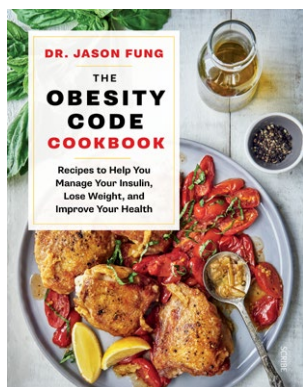
'A no-BS guide to looking and feeling your best that doesn't make you want to cry into a salad? Hell yes! Hilarious and legitimately inspiring. I loved it.'

**Sarah Knight, bestselling author of *The Life-Changing Magic of Not Giving a F\*\*k***

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**Dr Jason Fung**  
with Alison Maclean



DR JASON FUNG is a medical doctor recognised as one of the world's leading experts on fasting to lose weight and reverse diabetes, and his work has been featured in *The Atlantic*, the *New York Post*, *Forbes*, and on *Fox News*. He is the founder of the Intensive Dietary Management program and the author of several books, including *The Complete Guide to Fasting* (co-authored with Jimmy Moore); *The Obesity Code*, which is an international bestseller; and *The Diabetes Code*. He lives in Toronto, Canada.

ALISON MACLEAN has collaborated with chefs, restaurateurs, food writers, and gourmards to develop many bestselling cookbooks. She lives in Toronto, Canada.

# The Obesity Code Cookbook

recipes to help you manage your insulin, lose weight, and improve your health

Recipes to revolutionalise the way you cook, eat, and live — by the 500,000-copy bestselling author of *The Obesity Code*.

In *The Obesity Code*, Dr Jason Fung introduced the idea that obesity is caused by our hormones, specifically insulin, and offered practical, easy-to-follow advice on how to lose weight for good. Now, *The Obesity Code Cookbook* makes it easier than ever to follow his methods.

One hundred mouth-watering recipes — from slow-roasted pork shoulder to chia pudding and almond cake — showcase healthy fats, nutrient-dense foods, and low or no carbs, with diet plans to help balance your nutrition and energy requirements with your long-term health objectives.

*The Obesity Code Cookbook* is an indispensable tool for home cooks looking to lower insulin, lose weight, or simply lead a healthy, longer life.

## PRAISE FOR THE OBESITY CODE

'Fung zeroes in on why insulin resistance has become so prevalent and offers specific outside-the-box solutions that have emerged as the key to maximizing health.' **Jimmy Moore**, author of *Keto Clarity* and *Cholesterol Clarity*

'Fung's explanation of insulin resistance and the accompanying insulin model of obesity is original, brilliant and game changing.' **Zoë Harcombe**, author of *The Harcombe Diet*

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**Bryan Stevenson**

# Just Mercy

a story of justice and redemption

FILM  
TIE-IN  
EDITION

FILM TIE-IN COVER TO COME



Michael B. Jordan at the 2018 Cannes Film Festival © Joan Hernandez Mir / Wikimedia Commons

BRYAN STEVENSON is the executive director of the Equal Justice Initiative in Montgomery, Alabama, and a professor of law at New York University Law School. He has won relief for dozens of condemned prisoners, argued five times before the Supreme Court, and won national acclaim for his work challenging bias against the poor and people of colour. He has received numerous awards, including the MacArthur Foundation 'Genius' Grant.

Soon to be a major motion-picture starring Michael B. Jordan, Jamie Foxx, and Brie Larson — named a Book of the Year by the *New York Times*, *Washington Post*, *Boston Globe*, *Esquire*, and *Time*.

The US has the highest rate of incarceration in the world. One in every 15 people born there today is expected to go to prison. For black men this figure rises to one in three. And Death Row is disproportionately black, too.

Bryan Stevenson grew up poor in the racially segregated South. His innate sense of justice made him a brilliant young lawyer, and one of his first defendants was Walter McMillian, a black man sentenced to die for the murder of a white woman — a crime he insisted he didn't commit. The case drew Bryan into a tangle of conspiracy, political machination, startling racial inequality, and legal brinksmanship — and transformed his understanding of mercy and justice forever.

At once an unforgettable account of an idealistic lawyer's coming of age and a moving portrait of the lives of those he has defended, *Just Mercy* is an inspiring argument for compassion in the pursuit of justice.

'Bryan Stevenson is America's young Nelson Mandela — a brilliant lawyer fighting with courage and conviction to guarantee justice for all.'

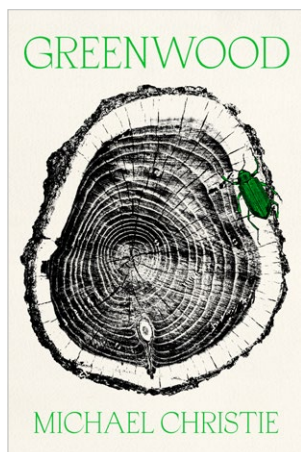
**Desmond Tutu, Nobel Peace Laureate**

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Michael Christie

## Greenwood



MICHAEL CHRISTIE is the author of *If I Fall, If I Die*, which was longlisted for Canada's Scotiabank Giller Prize, won the Northern Lit Award, and was selected as a *New York Times* Editor's Choice. His collection of short stories, *The Beggar's Garden*, was longlisted for the Scotiabank Giller Prize, a finalist for the Writers' Trust Prize for Fiction, and won the Vancouver Book Award. His writing has appeared in the *New York Times*, *The Washington Post*, and the *Globe & Mail*. He is a former sponsored skateboarder, who travelled the world skateboarding and writing for skateboard magazines. Born in Thunder Bay, Ontario, he now lives on Galiano Island with his wife and two sons.

*'The truth is that all family lines, from the highest to the lowest, originate somewhere, on some particular day. Even the grandest trees must've once been seeds spun helpless on the wind, and then just meek saplings nosing up from the soil.'*

2038. On a remote island off the Pacific coast of British Columbia stands the Greenwood Arboreal Cathedral, one of the world's last forests. Wealthy tourists flock from all corners of the dust-choked globe to see the spectacle and remember what once was. But even as they breathe in the fresh air and pose for photographs amidst the greenery, guide Jake knows that the forest is dying, though her bosses won't admit it.

1908. Two passenger locomotives meet head-on. The only survivors are two young boys, who take refuge in a trapper's cabin in a forest on the edge of town. In 26 years, one of them, now a recluse, will find an abandoned baby — another child of Greenwood — setting off a series of events that will change the course of his life, and the lives of those around him.

Structured like the rings of a tree, this remarkable novel moves from the future to the present to the past, and back again, to tell the story of one family and their enduring connection to the place that brought them together.

*'This book is why we read books. Why we need books. Wildly inventive, structurally elegant, deeply felt, and so very wise. Greenwood is Michael Christie's best work ever, and that's saying something.'* Alexander MacLeod, author of *Light Lifting*

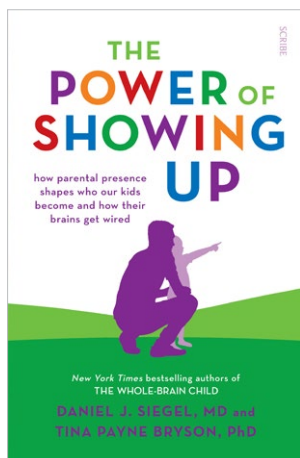
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**Daniel J. Siegel &  
Tina Payne Bryson**

## The Power of Showing Up

how parental presence shapes who our kids become  
and how their brains get wired



DANIEL J. SIEGEL received his medical degree from Harvard University and completed his postgraduate medical education at UCLA, where he is currently a clinical professor. He is the executive director of the Mindsight Institute, and author of numerous books, including *No-Drama Discipline* and *The Whole-Brain Child* (co-authored with Tina Payne Bryson). He lives in Los Angeles with his wife and occasionally with his launched adolescents.

TINA PAYNE BRYSON, PhD, is a paediatric and adolescent psychotherapist, parenting consultant, and the director of parenting education and development for the Mindsight Institute. She lives near Los Angeles with her husband and three children.

**What's the one thing a parent can do to make the most difference to their child? The research is clear: be present, show up!**

One of the very best predictors for how any child turns out is whether at least one adult in their life has consistently shown up for them. In an age of scheduling demands and digital distractions, this might sound like a tall order. But as bestselling authors Daniel J. Siegel and Tina Payne Bryson explain, showing up doesn't take a lot of time, energy, or money, and it's simple to do once you understand the four building blocks of a child's healthy development: making them feel safe, seen, soothed, and secure.

Based on the latest brain and attachment research, *The Power of Showing Up* shares stories, scripts, simple strategies, illustrations, and tips for when our kids are struggling or when they are enjoying success; when we are consoling, disciplining, or arguing with them; and even when we are apologising for the times we don't show up for them. Demonstrating that it's never too late to correct mistakes and mend broken trust, this is a powerful guide to cultivating your child's healthy emotional landscape.

**PRAISE FOR INTERNATIONAL BESTSELLER NO-DRAMA DISCIPLINE**

**'Arguments are, indeed, over more quickly and apologies more forthcoming ... It just seems to work.'** **Lorraine Candy, *Daily Mail***

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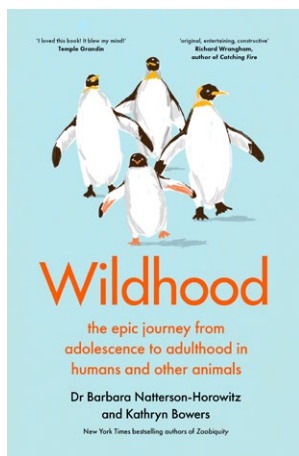
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**Dr Barbara  
Natterson-Horowitz  
& Kathryn Bowers**

## Wildhood

the epic journey from adolescence to adulthood  
in humans and other animals



DR BARBARA NATTERSON-HOROWITZ is a Visiting Professor at Harvard University in the Department of Human Evolutionary Biology. She is also Professor of Medicine/Cardiology at UCLA, where she co-founded the Evolutionary Medicine program. She is the co-author of *Zoobiquity* and *Wildhood*.

KATHRYN BOWERS is a science journalist who has taught medical narrative and comparative literature at UCLA. She's a Future Tense Fellow at New America in Washington, DC, and was an editor at Zócalo Public Square in Los Angeles. She is the co-author of *Zoobiquity* and *Wildhood*.

A revelatory investigation of human and animal adolescence from the *New York Times*–bestselling authors of *Zoobiquity*.

Teenagers: behind the banter, the tediously repetitive games and clicks, the shouting and screaming, the fast living, and the strutting and preening lies the rules of the entire animal kingdom. Based on their popular Harvard University course, latest research, and worldwide travels, Natterson-Horowitz and Bowers examine the four universal challenges that every adolescent on our planet must face on the journey to adulthood: how to be safe, how to navigate hierarchy, how to court potential mates, and how to leave the nest. Safety, status, sex, and survival.

For parents and children, predators and prey alike, this is a powerfully revelatory book, entertainingly written. To become, as its reader does, for a while, a young bat or a young humpback whale, or even an octopus tapping a shrimp on the shoulder or an orca silencing their victim, is a giddy experience. The authors open up horizons for their ordinary human readers as they go about their daily animal lives, and permit them to look afresh at the terrifying and exhilarating experience of adolescence. Even your average teen will not get bored.

*'It blew my mind to discover that teenage animals and teenage humans are so similar. Both are naïve risk-takers. I love this book!' Temple Grandin, PhD, author of *Animals Make Us Human**

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**Rachel Louise  
Snyder**

## No Visible Bruises

what we don't know about domestic violence  
can kill us



Author photo © Don Rutledge

RACHEL LOUISE SNYDER is the author of three books, and her journalism has appeared in the *New Yorker*, the *New York Times Magazine*, *The Atlantic*, *Salon*, the *New Republic*, and on NPR's *This American Life*. Currently, she is an Associate Professor Creative Writing and Journalism at American University in Washington, DC.

**An award-winning journalist's exploration of the domestic violence epidemic, and how to combat it.**

An average of 137 women are killed by familial violence across the globe every day. In the UK alone, two women die each week at the hands of their partners, and in the US domestic violence homicides have risen by 32 per cent since 2017. The WHO deems it a 'global epidemic'. Yet public understanding of this urgent problem remains catastrophically low.

Journalist Rachel Louise Snyder was no exception. Despite years of experience reporting on international conflicts, when it came to violence in the domestic sphere, she believed all the common assumptions: that it was a fate for the unlucky few, a matter of bad choices and cruel environments. That if things were dire enough, victims would leave. That violence inside the home was private. And, perhaps most of all, that unless you stand at the receiving end of a punch, it has nothing to do with you.

All this changed when Snyder began talking to the victims and perpetrators whose stories she tells in this book. Fearlessly reporting from the front lines of the epidemic, in *No Visible Bruises* she interviews men who have murdered their families, women who have nearly been murdered, and people who have grown up besieged by familial aggression, painting a vivid and nuanced picture of its reality. She talks to experts in violence prevention and law enforcement, revealing how domestic abuse has its roots in our education, economic, health, and justice systems, and how by tackling these origins we can render it preventable.

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Associates

## Cecilia Chrapkowska & Agnes Wold

translated by Stuart  
Tudball & Chris Wayment



CECILIA CHRAPKOWSKA is a board certified specialist in Pediatrics. Under the name Doctor Cecilia, she runs one of Sweden's most popular blogs on parenting, *Barnakuten*.

AGNES WOLD, PhD, works as Professor and Senior Consultant at the Sahlgrenska University Hospital in Gothenburg, Sweden. She writes monthly chronicles in the Swedish political magazine *Fokus* and was named Woman of the Year by the daily newspaper *Expressen* in 2016.

STUART TUDBALL is an experienced translator of Swedish.

CHRIS WAYMENT has been translating professionally since 1998.

## Parenthood the Swedish Way

a science-based guide to pregnancy, birth, and infancy

Swedes are some of the world's happiest people, and their children are no exception. *Parenthood the Swedish Way* will help you and your family embrace the Scandi style of childrearing: practical, egalitarian, and free from outdated myths.

Expectant parents will be relieved to hear: Put away the vacuum — dust does not lead to allergy. Breastfeeding protects against allergies? Never has done, never will do. Stop boiling bottles and pacifiers — sterilising is unnecessary in most industrial countries. Think you shouldn't drink alcohol when breastfeeding? Plain moralism.

Dr Agnes Wold has been named Sweden's Woman of the Year for her tireless work in women's health. Paediatrician Cecilia Chrapkowska runs the country's most popular parenting blog and is a specialist on vaccinations. Together they present cutting-edge research from around the world which can guide you to make better parenting choices. Drawing on Sweden's famously generous parental leave and enlightened social policies, they also demonstrate the importance of equal parenting and provide practical tools for parents everywhere to share responsibility equally.

From the progressive land in the North, this is the fact-based, feminist guide to parenting you have been waiting for.

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Tommy Wieringa

translated by  
Sam Garrett

## The Blessed Rita



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voor BB en pers

TOMMY WIERINGA was born in 1967 and grew up in the Netherlands and the tropics. He began his writing career with travel stories and journalism, and is the author of several internationally bestselling novels. His fiction has been longlisted for the Booker International Prize, shortlisted for the International IMPAC Dublin Literary Award and the Oxford/Weidenfeld Prize, and has won Holland's Libris Literature Prize.

SAM GARRETT has translated some 40 novels and works of nonfiction. He is the only translator to have twice won the British Society of Authors' Vondel Prize for Dutch-English translation.

*'He had seen more and more people from the East in recent years. Mostly gypsies, people said. Bulgarians, Romanians — you could tell by the plates on the vans and the trailers. The Poles had been around for some time already. Burglaries, thefts. The blessings of the new Europe.'*

Paul Krüzen lives with his father in an old farmhouse, not far from the German border. Where once his father took care of him, now he takes care of his father. It has been a long time since his beautiful, worldly-wise mother left them for the arms of a Russian pilot, never once looking back.

Paul's world is changing: his small Dutch village is now home to Chinese restaurateurs, Polish plumbers, and Russian thugs. Saint Rita, the patron saint of lost causes, watches over Paul and his best friend Hedwiges, two misfits at odds with the modern world, while Paul takes comfort in his own Blessed Rita, a prostitute from Quezon. But even she cannot protect them from the tragedy that is about to unfold.

In this sharply observed, darkly funny novel, Wieringa shines a light on people struggling at the margins of a changing world. *The Blessed Rita* is an affecting tribute to those left behind, and an ode to those wanting to transcend themselves and their heritage.

PRaise for Booker International-Longlisted  
*THE DEATH OF MURAT IDRIS*

*'Tommy Wieringa is a bold, intelligent stylist, unafraid of exposing the ugliness of society juxtaposed with the vagaries of human nature.'* *The Observer*

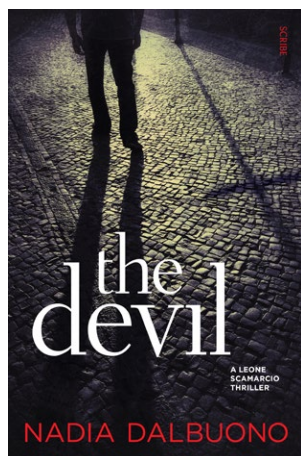
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**Nadia Dalbuono**

# The Devil

a Leone Scamarcio thriller



NADIA DALBUONO has spent the last 18 years working as a documentary director and consultant for Channel 4, ITV, Discovery, and *National Geographic* in various countries. *The Devil* is the fifth book in the Leone Scamarcio series, following *The Few*, *The American*, *The Hit*, and *The Extremist*. She divides her time between the UK and northern Italy.

**When Scamarcio investigates the murder of a boy with demonic possession, who will win: Scamarcio or the Devil?**

On a cold and wintry Roman afternoon, a troubled young man, Andrea Borghese, is found dead in his parents' apartment. The last people to see him alive were five Roman Catholic priests who had left the Vatican to visit Andrea for a very particular purpose. They were performing an exorcism.

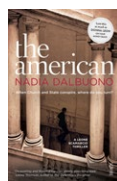
When Detective Leone Scamarcio takes the case, he finds himself in an ever-thickening plot of occult practices, murder, church corruption, government bribery, pharmaceutical dirty dealings, family secrets, and the mafia. As he circles closer to the truth, he will have to decide once and for all what he really stands for.

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**Brian Deer**

# The Doctor Who Fooled the World

science, deception, and the war on vaccines



BRIAN DEER is a veteran British investigative journalist, best known for his inquiries into the drug industry, medicine, and social issues for *The Sunday Times* of London. Among his awards, Deer was twice named the UK's specialist reporter of the year, and in 2016 he was made Doctor of Letters (*honoris causa*) by York St. John University.

Award-winning investigative journalist Brian Deer reveals the shocking truth behind the rise of Andrew Wakefield, so-called 'father of the anti-vaccine movement', blamed for epidemics of fear, guilt, and disease that today circle the globe.

As a doctor at a London medical school, in February 1998 Andrew Wakefield published explosive research in *The Lancet* medical journal which terrified a generation of young parents. Claiming that the MMR vaccine given to millions of children caused autism, he triggered a crisis, with sickness and deaths, as immunisation rates plummeted.

Brian Deer's landmark 15-year inquiry for *The Sunday Times*, Channel 4, and the *British Medical Journal* exposed the truth behind the now-ex-doctor's campaign: seeing him struck from the medical register, his research retracted, and his claims dubbed 'an elaborate fraud'. But today Wakefield is back: leading an international anti-vaccine crusade — from Seattle to Sydney, São Paulo to Shanghai — against one of medicine's greatest triumphs.

*The Doctor Who Fooled the World* is a riveting detective story that penetrates layers of legal secrecy, medical confidentiality, business schemes, and smear campaigns to expose the scientific deception of our time.

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Thomas Frank

# People Without Power

the war on populism and the fight for democracy



Author photo © Bonkeeyi

THOMAS FRANK is the author of *Pity the Billionaire*, *The Wrecking Crew*, *What's the Matter with Kansas?*, *Listen, Liberal* (Scribe, 2016), and *Rendezvous with Oblivion* (Scribe, 2018). A former columnist for *The Wall Street Journal* and *Harper's*, Frank is the founding editor of *The Baffler*. He lives outside Washington, DC.

**An eye-opening account of populism, the most important — and misunderstood — movement of our time.**

Everything we think we know about populism is wrong. Today, populism is seen as a frightening thing, a term pundits use to describe the racist philosophy of Donald Trump and European extremists. But this is a mistake.

The real story of populism is an account of enlightenment and liberation; it is the story of democracy itself, of its ever-widening promise of a decent life for all. Taking us from the tumultuous 1890s, when the radical left-wing US Populist Party fought plutocrats, to the triumphs of reformers under Roosevelt and Truman, Frank reminds us how much we owe to the populist ethos.

Frank also shows that elitist groups have reliably detested populism, lashing out at working-class concerns; today's moral panic in liberal circles is only the latest expression.

Frank pummels the elites, revisits the movement's provocative politics, and declares true populism to be the language of promise and optimism. *People Without Power* is a ringing affirmation of a movement that, Frank shows us, is not the problem of our times, but the solution.

PRAISE FOR *LISTEN, LIBERAL*

'A must-read.' **Naomi Klein**

'An impassioned howl of rage.' **BBC Radio 4 *The World Tonight***

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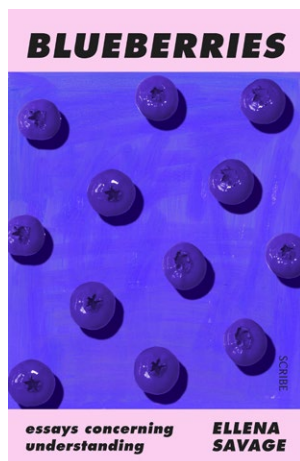
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Ellena Savage

# Blueberries

essays concerning understanding



ELLENA SAVAGE is an Australian author and academic. She is the author of the chapbook *Yellow City* (The Atlas Review, 2019) and numerous essays, stories, and poems published in literary journals internationally. Ellena is the recipient of several grants and fellowships, including most recently the Marten Bequest Travelling Scholarship 2019–2021. She lives in Athens, Greece, with her husband, Dominic Amerena.

*'I mean who cares about opinions, gossip, whatever, when bodies are so vulnerable, in search only of love and breath.'*

The body frequently escapes her, but is always very much present in these compellingly vivid, clear-eyed essays on an embodied self in flight through the world, from the brilliant young writer Ellena Savage.

In Portuguese police stations and Portland college campuses, in suburban Melbourne libraries and wintry Berlin apartments, Savage shows bodies in pain and in love, bodies at work and at rest.

She circles back to scenes of crimes or near-crimes, to lovers or near-lovers, to turn over the stones, re-read the paperwork, check the deeds, approach from another angle altogether. These essays traverse cities and spaces, bodies and histories, moving through forms and modes to find a closer kind of truth. *Blueberries* is ripe with acid, promise, and sweetness.

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**Maike Wetzel**

translated by  
**Lyn Marven**

# Elly



MAIKE WETZEL was born in 1974 and works as a writer and screenwriter in Berlin. She studied at the Munich Film School and in the UK. The manuscript of her first novel, *Elly*, won the Robert Gernhardt Prize and the Martha Saalfeld Prize. Maike's short stories have been translated into numerous languages and have received multiple awards.

LYN MARVEN is a translator from German specialising in contemporary literature, women's writing and short stories. Her previous translations include Maike Wetzel, *Long Days* (Comma Press, 2008), *Berlin Tales* (OUP, 2009), and Larissa Bohning, *Swallow Summer* (Comma Press, 2016). Lyn is Senior Lecturer in German at the University of Liverpool.

**A missing child is a nightmare for any family. But what happens when they come back?**

Eleven-year-old Elly is missing. After an extensive police search she is presumed dead, and her family must learn to live with a gaping hole in their lives. Then, four years later, she reappears. But soon her parents and sister are plagued by doubts. Is this stranger really the same little girl who went missing? And if not, who is she?

*Elly* is a gripping tale of grief, longing, and doubt, which takes every parent's greatest fear and lets it play out to an emotionally powerful, memorable climax. It is a literary novel with all the best qualities of a thriller.

**'Elly is a book about the dark side of longing.' Hubert Spiegel, speech at the Robert Gernhardt Prize**

**'In few yet incredibly precise words, Maike Wetzel creates an oppressive tension around a family falling apart. A book that will not let you go.' Brigitte Woman**

**'Reminiscent of Ian McEwan's *A Child in Time*, *Elly* will have wide appeal ... Maike Wetzel's fresh, original take on the popular literary theme of missing children is delivered in her clear, understated prose with its unflinching eye for detail.' *New Books in German***

**'Wetzel tells the story of the loss of a child as a family drama from various perspectives, in permanent present tense.' Christoph Schröder, *Süddeutsche Zeitung***

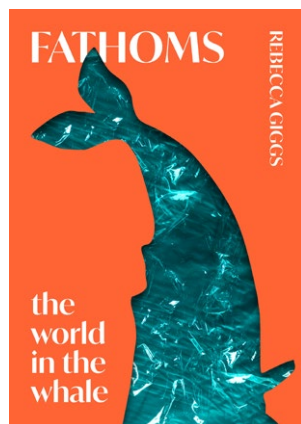
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Rebecca Giggs

# Fathoms

the world in the whale



REBECCA GIGGS is a writer from Perth, Western Australia. Her work has been widely published, including in *Best Australian Essays*, *Best Australian Science Writing*, *Best Australian Stories*, *Granta*, *Aeon*, *The Atlantic*, *The New York Times Magazine*, and *Griffith Review*. Rebecca's nonfiction focuses on how people feel about, and feel for, animals in a time of technological change and ecological crisis.

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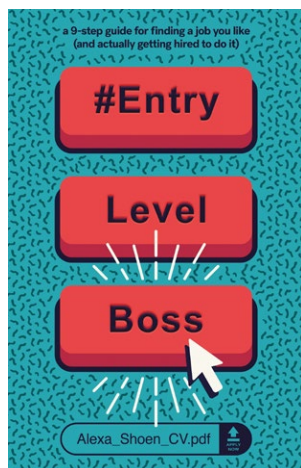
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Susan Golombok

# We Are Family



SUSAN GOLOMBOK is Professor of Family Research and Director of the Centre for Family Research at the University of Cambridge, and a Professorial Fellow at Newnham College, Cambridge. Her pioneering research on lesbian mother families, gay father families, single mothers by choice, and families created by assisted reproductive technologies has been instrumental to our understanding of both child development and social and ethical issues related to family life.

**Our understanding of what makes a family has undergone a revolution in the last few decades, from same-sex parenthood to surrogacy and IVF. But what has the impact been on children?**

In *We Are Family*, Professor Susan Golombok visits lesbian mothers, gay fathers, single parents, co-parents, trans parents, surrogates, and donors, and, more importantly, their children, to find out if they are as well-adjusted, happy, and emotionally stable as children from traditional nuclear families. And she discovers that the answer is yes — and sometimes even more so.

Susan's work at the Centre for Family Research at Cambridge proves that any family set-up can provide a loving, secure home for a child — although, inevitably, the children from these families will often face prejudiced attitudes from others. Since the 1970s, when she was first drawn to this area of research after reading about lesbian mothers whose children were being removed from their care, Susan has worked tirelessly to challenge outdated attitudes and prevent families being split up for no good reason. This book tells the stories of those families — their struggles and their triumphs — while celebrating love and family in all its wonderful variations.

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Laura Jean McKay

## The Animals in That Country



LAURA JEAN MCKAY is the author of *Holiday in Cambodia* (Black Inc., 2013), shortlisted for three national book awards in Australia. Her work appears in *Meanjin*, *Overland*, *Best Australian Stories*, *The Saturday Paper*, and *The North American Review*. Laura has a PhD from the University of Melbourne focusing on literary animal studies, and she is currently the 'animal expert' presenter on ABC Listen's *Animal Sound Safari*.

**When the animals start talking, we're not ready for what we'll learn.**

Hard-drinking, foul-mouthed, and allergic to bullshit, Jean is not your usual grandma. She's never been good at getting on with other humans, apart from her beloved granddaughter, Kimberly. Instead, she surrounds herself with animals, working as a guide in an outback wildlife park. And although Jean talks to all her charges, she has a particular soft spot for a young dingo called Sue.

Then one day, disturbing news arrives of a pandemic sweeping the country. This is no ordinary flu: its chief symptom is that its victims begin to understand the language of animals — first mammals, then birds and insects, too. But as the flu progresses, the unstoppable voices become overwhelming, and many people begin to lose their minds.

When Jean's infected son, Lee, takes off with Kimberly, heading south, Jean feels the pull to follow her kin. Setting off on their trail, with Sue the dingo riding shotgun, they find themselves in a stark, strange world in which the animal apocalypse has only further isolated people from other species.

Bold, exhilarating, and wholly original, *The Animals in That Country* asks what it means to be human — and what would happen, for better or worse, if we finally understood what animals were saying.

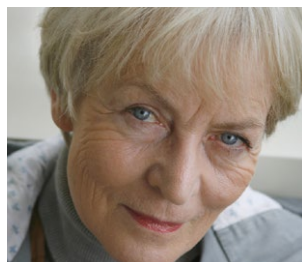
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# Małgorzata Szejnert **Ellis Island**

translated by  
Sean Gasper Bye

a people's history



Author photo © Tadeusz Pozniak/  
Reporter

For 40 years, MAŁGORZATA SZEJNERT (b. 1936) has been one of Poland's most important nonfiction writers and editors. She began writing about challenging social issues in the 1970s, and was an active member of the opposition during the Solidarity period. After the fall of Communism, she co-founded Poland's leading daily newspaper *Gazeta Wyborcza* and led its reportage division for 15 years. Since retiring, she has devoted herself entirely to book writing.

SEAN GASPER BYE is a translator of Polish, French, and Russian literature. He is a winner of the 2016 Asymptote Close Approximations Prize and received an NEA Fellowship Grant for this book.

**A landmark work of history that brings the voices of the past to life, transforming our understanding of the immigrant experience.**

While living in New York, journalist Małgorzata Szejnert would often gaze out from lower Manhattan at Ellis Island, a dark outline on the horizon. How many stories did this tiny patch of land hold? How many people had embarked on a new life there, or known the despair of being turned away?

*Ellis Island* draws on previously unpublished testimonies, memoirs, and correspondence from staff, internees, and immigrants, including Russians, Italians, Jews, Germans, and Poles — all of whom knew they were taking part in a tremendous historical phenomenon.

At the book's core are letters recovered from the Russian State Archive, a heartrending trove of correspondence from migrants to their loved ones back home. But their letters never reached their destination: instead, they were confiscated by intelligence services and remained unseen.

Far from the open-door policy of myth, we see that deportations from Ellis Island were often based on pseudo-scientific ideas about race, gender, and disability. Sometimes, families were broken up, and new arrivals were held in detention at the Island for months under quarantine. Now a master storyteller brings its past to life.

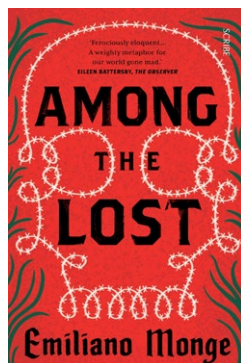
**'To me Małgorzata Szejnert embodies the image of Poland ... She has grace, a gentle tone, and a serene gaze.' Svetlana Alexievich, winner of the Nobel Prize in Literature**

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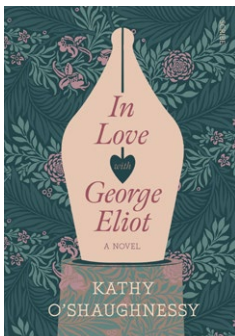
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