# SCRIBE AT

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# SCRBE July-December 2018 United Kingdom

'Thou reader throbbest life and pride and love the same as I,

Therefore for thee the following chants ...'

— Walt Whitman

# SCRIBE

### July–December 2018 United Kingdom

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'UK & C'wealth' means UK and Commonwealth excluding Canada unless otherwise stated. 'PBO' means paperback original.





RRP: £12.99 198 x 129 mm pb w/ flaps, 288pp ISBN: 9781911344773 e-book ISBN: 9781925113785 Translated by David Shaw

### Giulia Enders Gut the inside story of our body's most under-rated organ

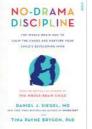
A SUNDAY TIMES

BESTSELLER

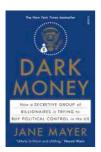
### Revised and expanded edition

'A publishing sensation that ... sets out to free toilet talk from its taboo.' *The Times* 

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### Daniel J. Siegel and Tina Payne Bryson No-Drama Discipline

the whole-brain way to calm the chaos and nurture your child's developing mind

'Arguments are, indeed, over more quickly and apologies more forthcoming ... It just seems to work.' Lorraine Candy, *Daily Mail* 

### Jane Mayer Dark Money how a secretive group of billionaires is trying to buy political control in the US

'A terrifying insight into how 21st-century politics works.' George Monbiot, *The Guardian* 

### Jason Fung The Obesity Code unlocking the secrets of weight loss

Highly readable and provocative, with an original and compelling theory of what causes obesity.

RRP: £14.99 210 x 135 mm pbo, 336pp ISBN: 9781925228793 e-book ISBN: 9781925307689

TINOTHY NOAKES

OBESITY

CODE

UNLOCKING THE SECRETS OF WEIGHT LOSS JASON FUNG



RRP: £8.99 198 x 129 mm pb, 288pp ISBN: 9781911344506 e-book ISBN: 9781925307382 Translated by Allan Blunden



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### Hans Fallada Nightmare in Berlin

'Fresh, modern and direct ... [Fallada's] ability to find glimpses of light amidst the darkness makes him a striking chronicler of his time.' Mariella Frostrup, BBC Radio 4 'Open Book' THE FOLLOW-UP TO THE SUNDAY TIMES BESTSELLER ALONE IN BERLIN

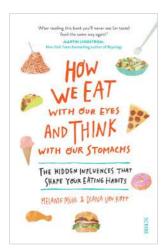
### **Emily Nagoski Come As You Are** the surprising new science that will transform your sex life

""You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb." *The Guardian* 



### Melanie Mühl & Diana von Kopp

translated by Carolin Sommer



MELANIE MÜHL is a features editor at *Frankfurter Allgemeine Zeitung*, Germany's leading newspaper, for which she also co-authors the *Food Affair* blog.

DIANA VON KOPP is a psychologist. Fascinated by the fact that food has an immense impact on our brain, performance, and wellbeing, she also writes for the FAZ blog *Food Affair*.

CAROLIN SOMMER studied applied languages at universities in Germany, France, and the UK.

### How We Eat with Our Eyes and Think with Our Stomachs

### the hidden influences that shape your eating habits

Does eating off a red plate really curb your appetite?

Can music enhance sweet flavours and deepen savoury ones?

Why does a *homemade Belgian double-chocolate cake* make your mouth water more than a *chocolate cake*? And would you pay more for it?

Discover the answers to these questions and more in this clever little book that draws on the latest scientific research to explain the innumerable influences behind our appetites, tastes, and eating habits.

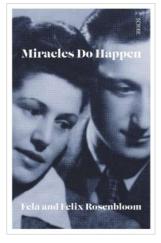
Learn how to throw your best dinner party yet by optimising the music, lighting, and table setting. Become a savvy shopper by understanding how supermarkets present their products to make some seem more appealing than others. Feel confident ordering food and wine in a restaurant without paying more than they're worth.

Know what and why you eat, when and how you do — before you next sit down to dine!

RRP: £12.99 210 x 135 mm pbo, 272pp ISBN: 9781911617143 e-book ISBN: 9781925548846 Rights held: UK & C'wealth Other rights: Linwood Messina

### Fela & Felix Rosenbloom

### Miracles Do Happen



FELA & FELIX ROSENBLOOM were both born in Poland in the early 1920s. They grew up in the same street in Lodz and became sweethearts, before their lives were devastated by the Holocaust. After the war, they reunited, married, and moved to Paris, France. They migrated to Australia with their son Henry in 1952, and settled in Melbourne, where their second son, John, was born. Felix died in 1995, and Fela in 2018. In 1933, a ten-year-old Jewish girl, Fela Perelman, befriended a new family that had moved into her street in Lodz, Poland. There were three children in the Rozenblum family — Rose, Felix, and Maria. Fela and Rose became best friends and, five years later, Fela and Felix became sweethearts.

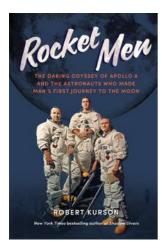
When war broke out, the Jews of Lodz found themselves under Nazi occupation, and were soon forced into a ghetto. For Fela and her family, it was the start of a descent into hell. Fela eventually survived the ghetto, forced labour in Germany, and then the last 17 months of Auschwitz's existence and the death march out of it.

For Felix, the Germans' intentions were crystal clear. Late in November 1939, as a 17-year-old, he decided to flee eastward, to Soviet-controlled Polish territory. He spent the war doing forced labour in the Soviet Union, often in very harsh conditions.

After the war, miraculously, Fela and Felix found each other. None of Fela's family had survived. Of Felix's immediate family, only his two sisters had survived and they were now in Sweden. The young couple were bereft and alone. This is their story.

RRP: £12.99 210 x 135 mm pbo, 240pp ISBN: 9781911617372 e-ISBN: 9781925548525 Rights held: World

### **Robert Kurson**



ROBERT KURSON earned a bachelor's degree in philosophy from the University of Wisconsin, then a law degree from Harvard Law School. His award-winning stories have appeared in *Rolling Stone*, *The New York Times Magazine*, and *Esquire*, where he is a contributing editor.

### **Rocket Men**

## the daring odyssey of Apollo 8 and the astronauts who made man's first journey to the moon

### Fifty years ago, Christmas 1968, Man first orbited the Moon. This book tells the inside story of that epic journey.

In early 1968, the Apollo programme was on shaky footing. President Kennedy's end-of-decade deadline to put a man on the Moon was in jeopardy, and the Soviets were threatening to pull ahead in the space race.

By August 1968, with its back against the wall, NASA decided to scrap its usual methodical approach and shoot for the heavens. With just four months to prepare, the agency would send the first men in history to the Moon.

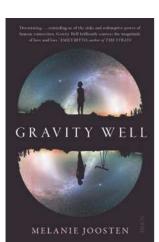
Focusing on three heroic astronauts and their families, this vivid, gripping narrative shows anew the epic danger and singular bravery it took for Man to leave Earth for the first time — and to arrive at a new world.

'Compelling ... an under-told story.' **Neil deGrasse Tyson**, **author of** *Astrophysics for People in a Hurry* 

[A] terrific book.' Scott Turow, author of Presumed Innocent

RRP: £18.99 234 x 153 mm pbo, 384pp + 16pp colour insert ISBN: 9781911617105 e-ISBN: 9781925693102 Rights held: UK & C'wealth Other rights: PRH

### Melanie Joosten



MELANIE JOOSTEN's debut novel, *Berlin Syndrome*, saw her named a *Sydney Morning Herald* Best Young Novelist and receive the Kathleen Mitchell Award. It has since been made into a film directed by Cate Shortland. If families are like solar systems — bodies that orbit in time around one another, sometimes close and sometimes far away — what is the force that moves them? And what are the consequences when one planet tugs others off course?

**Gravity Well** 

Lotte is an astronomer who spends her nights peering into deep space rather than looking too closely at herself. Returning to her hometown after years abroad, and reeling from a devastating diagnosis, she finds that much has changed. Lotte's father has remarried, and she's estranged from her former best friend, Eve. Initially, Lotte's return causes disharmony, but then it is the catalyst for a much more devastating event — an event that will change Lotte and Eve's lives forever.

*Gravity Well* is a striking and tender tale of friendship and family. Compassionate and profoundly moving, it is a heartrending portrait of how we rebuild when the worst has happened.

*'Gravity Well* brilliantly conveys the magnitude of love and loss, even as its exquisite planetary imagery reveals how small we truly are.' **Emily Bitto, award-winning author of** *The Strays* 

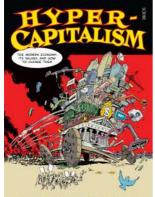
RRP: £8.99 198 x 129mm pbo, 288pp ISBN: 9781911617297 e-ISBN: 9781925548228 Rights held: World

MAY 2018

### Larry Gonick & Tim Kasser

### Hyper-Capitalism

the modern economy, its values, and how to change them



LARRY GONICK & TIM KASSER

LARRY GONICK, a cartoonist specialising in nonfiction books, is best known for his *Cartoon Histories* and his *Cartoon Guides* to various sciences. He lives in San Francisco.

TIM KASSER, a professor of psychology at Knox College in Galesburg, Illinois, has spent two decades researching materialism, consumerism, capitalism, wellbeing, and the environment. He has written three books and consults with a variety of non-profit organisations.

### An acerbic graphic takedown of capitalism.

In *Hyper-Capitalism*, cartoonist Larry Gonick and psychologist Tim Kasser offer a vivid and an accessible new way to understand how global, privatising, marketworshipping hyper-capitalism is threatening human wellbeing, social justice, and the planet.

Drawing from contemporary research, they describe and illustrate concepts (such as corporate power, free trade, privatisation, and deregulation) that are critical for understanding the world we live in, and movements (such as voluntary simplicity, sharing, alternatives to GDP, and protests) that have developed in response to the system.

Gonick and Kasser's pointed and profound cartoon narratives provide a deep exploration of the global economy and the movements seeking to change it, all rendered in clear, graphic — and sometimes hilarious terms. In the process, they point the way to a healthier future for all of us.

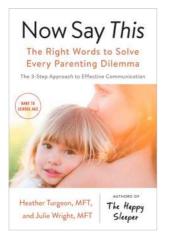
'Lucid prose and delightful graphics ... I can't think of a better book for young people to read as they chart their futures.' **Barry Schwartz**, **author of** *The Costs of Living* 

RRP: £14.99 254 x 178 mm pbo, 240pp ISBN: 9781911617488 Rights held: UK & C'wealth Other rights: The New Press

# Heather Turgeon & Julie Wright

### Now Say This

### the right words to solve every parenting dilemma



HEATHER TURGEON, MFT, is a psychotherapist who writes about child development and parenting. Her writing has appeared on *Babble*, *Salon*, *The Daily Beast*, and others.

JULIE WRIGHT, MFT, is a psychotherapist whose work focuses on empathic, mindful parenting; attachment; and sleep.

### A powerful new book that gives flustered parents the exact words to use in any situation.

Do you sometimes struggle to find the right words when talking to your children? Or find yourself speaking in a way that you later regret?

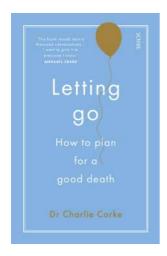
We all know that language is powerful, and that the words and tone you use with your child can have an enormous impact. *Now Say This* offers parents a practical approach to communicate well: the authors' tried and tested ALP (Acknowledge, Limit-set, and Problem-solve) method.

From bedtime dramas to sibling conflicts, and from tricky mealtimes to difficult conversations, this book will give you the confidence to tackle any situation, with scripts and examples to put to use. Beyond avoiding parenting pitfalls, it will even teach you how to use conversations as opportunities for your child's learning and personal growth.

RRP: £14.99 210 x 140 mm pbo, 368pp ISBN: 9781911617501 e-ISBN: 9781925693119 Rights held: UK & C'wealth Other rights: PRH

### Charlie Corke

### Letting Go how to plan for a good death



CHARLIE CORKE is one of Australia's leading Intensive Care specialists and is currently President of the College of Intensive Care of Australia and New Zealand. Dr Corke lectures widely on medical communication and end-of-life decision-making. Whatever your age, making key decisions about your medical care now can help you maintain your dignity and autonomy for as long as possible. In *Letting Go*, an expert explains why living well includes planning for life's end.

Thanks to miraculous medical advances, we are now living longer and longer. But this means that many individuals are now faced with making complex medical decisions, for themselves and for others, in times of great stress. How far should doctors go when trying to prolong life? How can we decide what is 'too far' and 'not far enough'?

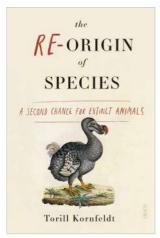
*Letting Go* is an introduction to the kinds of decisions that we can all face in a medical crisis. It shows us how to start thinking about our end-of-life stage before we get there, and how to make an advanced-care plan that will help people make decisions on our behalf.

Drawing on many years of experience as an intensive-care specialist, and writing with great insight and compassion, Dr Corke shows us all how we can do dying better.

RRP: £12.99 210 x 135 mm pbo, 240pp ISBN: 9781911344858 e-book ISBN: 9781925548723 Rights held: World

### Torill Kornfeldt

translated by Fiona Graham



TORILL KORNFELDT is a Swedish science journalist with a background in biology. She has worked for Sweden's leading newspaper *Dagens Nyheter* and for Swedish public radio.

FIONA GRAHAM translates from Spanish, French, Dutch, Swedish, and German, and is currently the reviews editor at the *Swedish Book Review*.

### The Re-Origin of Species

a second chance for extinct animals

What does a mammoth smell like? Do dinosaurs bob their heads as they walk, like today's birds? Do aurochs moo like cows? You may soon find out.

From the Siberian permafrost to the Californian desert, scientists across the globe are working to resurrect all kinds of extinct animals, from ones that just left us to those that have been gone for many thousands of years. Their tools in this hunt are the fossil record and cuttingedge genetic technologies. Some of these scientists are driven by sheer curiosity; others view the lost species as a powerful weapon in the fight to preserve rapidly changing ecosystems.

It seems certain that these animals will walk the earth again, but what world will that give us? And is any of this a good idea? Science journalist Torill Kornfeldt travelled the globe to meet the men and women working to bring these animals back from the dead and answer these questions.

RRP: £14.99 234 x 153 mm pbo, 272pp ISBN: 9781911617228 e-ISBN: 9781925693003 Rights held: World English Other rights: Kontext Agency

### Elizabeth Crook

### ATHE WHICH WHICH WAY WAY T R E E ELIZABETH CROOK

ELIZABETH CROOK has published four novels, including *The Night Journal*, which received the Spur award from Western Writers of America, and *Monday*, *Monday*, winner of the Jesse H. Jones award from the Texas Institute of Letters, and named a Kirkus Best Book of 2014. She lives in Austin, Texas with her family.

### 'To explain about Clarence Hanlin I have to explain about the panther ...'

The Which Way Tree

In the remote hill country of Texas, the young daughter of a former slave and her half-brother are terrorised by a ferocious panther. Orphaned, without protection or money, the pair must fight to survive against the odds.

But 12-year-old Samantha Shreve has more than survival in mind: she wants revenge on the beast that killed her mother. Headstrong and relentless, she vows to stalk and kill the panther.

Setting out on a quest across an untamed and lawless land, the Shreves enlist the help of a charismatic Tejano outlaw, a haunted preacher, and an ancient tracking dog. But as this unlikely posse closes in on the panther, they find themselves pursued in turn by Clarence Hanlin, a sadistic Confederate soldier with a score to settle with Samantha ...

'A beautiful novel with wonderful characters.' **Robert Duvall** 

RRP: £8.99 198 x 129 mm pbo, 288pp ISBN: 9781911617167 e-book ISBN: 9781925548976 Rights held: UK & C'wealth Other rights: Little, Brown

### Thomas Maloney

THOMAS MALONEY was born in Kent in 1979, grew up in London and studied Physics at Oxford. He is a competent but unexceptional mountaineer, an astigmatic birdwatcher and a lapsed amateur astronomer. He lives in Oxfordshire with his wife, daughter, and kayak.

### Death is a bird of paradise: we all know what it is, but it can be many different things that aren't at all alike.

Learning to Die

Is thirty already too late to reconsider? Natalie, usually so conscientious, can't remember why her life is following Plan B. Dan carries in his mind a vision of the universe, but sings like a donkey. But their marriage has some precious ember at its core, doesn't it?

Meanwhile, Mike is relieved to discover that it doesn't matter if there's a void where the weightiest substance of your character should be. Fearless mountaineer Brenda sees arcs of blood in a crowded room. And James, pacing and fidgeting in a cage of his own design, doesn't know how to unfollow his dreams.

This vivaciously intelligent novel follows five characters as they fall under a mortal shadow that none is expecting so soon, but that might just help them learn how to live, just in time.

RRP: £12.99 210 x 148 mm hb, 288pp ISBN: 9781911344308 e-book ISBN: 9781925548266 Rights held: World

### Louisa Deasey

LOUISA DEASEY is a Melbourne-based writer who has published widely, including work in Overland, Vogue, The Australian, and The Saturday Age. Her first memoir, Love and Other U-Turns, was nominated for the Nita B. Kibble Award for women writers.

### A Letter from Paris

a true story of hidden art, lost romance, and family reclaimed

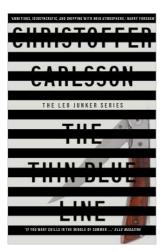
When Louisa Deasey receives a message from a French woman called Coralie, who has found a cache of letters in an attic, written about Louisa's father, neither woman can imagine the events it will set in motion.

The letters, dated 1949, detail a passionate affair between Louisa's father, Denison, and Coralie's grandmother, Giselle, in post-war London. They spark Louisa to find out more about her father, who died when she was six. From the seemingly simple question 'Who was Denison Deasey?' follows a trail of discovery that leads Louisa to the libraries of Melbourne and the streets of London, to the cafes and restaurants of Paris, and to a poet's villa in the south of France. From her father's secret service in World War II to his relationships with some of the most famous bohemian artists in postwar Europe, Louisa unearths a portrait of a fascinating man, both at the epicenter and the mercy of the social and political currents of his time.

A Letter from Paris is about the stories we tell ourselves, and the secrets the past can uncover. A compelling tale of inheritance and creativity, loss and reunion, it shows the power of the written word to cross the bridges of time.

RRP: £14.99 210 x 135 mm pbo, 256pp ISBN: 9781911617457 e-book ISBN: 9781925693034 Rights held: World

Translated by **Michael Gallagher** 



CHRISTOFFER CARLSSON has a PhD in criminology, and is a university lecturer in the subject. The Invisible Man from Salem, the first Leo Junker novel, was a bestseller in Sweden, and won the Swedish Crime Academy's 2013 Best Crime Novel of the Year award.

MICHAEL GALLAGHER translates from Swedish, Norwegian, and Danish. Notable works to date include Mattias Boström's acclaimed 'From Holmes to Sherlock' and 'Acts of Vanishing' by Fredrik T Olsson. He lives in Gothenburg with his two children.

### Christoffer Carlsson The Thin Blue Line

a Leo Junker thriller

### The final instalment of the riveting Leo Junker series.

When detective Leo Junker receives an envelope containing a photo of a woman murdered five years previously with the words 'help me' on the back, he knows that this is no ordinary case. He re-opens the original investigation, to the chagrin of his police colleagues, who are more concerned with catching the terrorist who has just entered Sweden after carrying out an attack in Paris. But perhaps the two incidents aren't unconnected ...

As Leo begins to investigate, familiar faces re-appear and he is forced to confront the past he thought he had left behind.

### PRAISE FOR THE LEO JUNKER SERIES:

'Carlsson is worth the Swedish accolades that are heaped on him.' The Times

### 'Wonderfully well-written.' The Spectator

### THE LEO JUNKER SERIES:



The Invisible Man from Salem



The Falling Detective



Master. Liar. Traitor, Friend

RRP: £8.99 198 x 129 mm pbo, 368pp ISBN: 9781911617211 e-book ISBN: 9781925693041 Rights held: UK & C'wealth (incl Can) Other rights: Ahlander Agency

### Lucy Tobin & Kat Poole



LUCY TOBIN is an awardwinning journalist and author, who specialises in finance for the *Evening Standard* and has written for *Cosmopolitan*, *Marie Claire*, *HuffPo*, and more. She has more than 20,000 followers on social media and is a regular commentator on BBC and Sky News.

KAT POOLE is editor of Emerald Street, the daily women's lifestyle email magazine from Shortlist Media. She started her career at *Stylist* magazine, and has written for print and online publications, including *Empire*, *The Debrief*, and *Red*, specialising in lifestyle, culture and entertainment. Kat graduated from the University of Warwick with a first-class degree in Film and Literature.

### Being an Adult

the ultimate guide to moving out, getting a job, and getting your act together

Adult life is full of mysteries. What should you check before renting a flat? How do you ask for a pay rise? Does anything really need to be dry cleaned? And why does everyone else seem to know these things except you? (They don't, but this book will help.)

*Being An Adult* is a practical and entertaining guide to all the aspects of life you don't get taught about at school, from when to ask for a discount or send a condolence card, to how to make sure you save money every month, and what you really need to know before your first day in the office.

If you have ever wondered when you're going to become a 'real' grown-up, this book — put together with the help of 20- and 30-somethings who reveal their top tips so far, as well as proper knowledgeable adults including a plumber, a doctor, and a personal finance expert — will give you the answers you need.

RRP: £12.99 198 x 129 mm hb, 384pp ISBN: 9781911617327 e-book ISBN: 9781925693058 Rights held: World

### **Charles Graeber**



CHARLES GRAEBER is a former medical student, a contributing editor to *Wired*, and also contributes to publications such as *The New York Times*, *The New Yorker*, *GQ*, *Vogue*, and many others. He has received many awards, and his work has been featured on NPR, CNN, the BBC, and numerous other media outlets.

### The Breakthrough

how a new generation of scientists finally cracked the code on how the human immune system can fight — and beat — cancer

### A fascinating journey alongside a team of scientists on the verge of a breakthrough in cancer treatment.

Dan Chen is part of a new generation of researchers attempting to crack the centuries-old mystery of how to harness the body's innate defence system to defeat cancer.

Here, *New York Times*-bestselling author Charles Graeber follows Chen and his team to the forefront of medicine in the twenty-first century, shining a light on the rapid advances in cancer treatment over the past decade, and exploring in depth the idea that our own bodies may be the best weapon for recognising and killing cancer cells.

This research heralds a new approach to cancer treatment that brings not just hope, but optimism, for a cure.

RRP: £16.99 234 x 153 mm pbo, 320pp ISBN: 9781911344865 e-book ISBN: 9781925548587 Rights held: UK & C'wealth Other rights: Writers House UK

### Wednesday Martin



WEDNESDAY MARTIN is the author of the bestseller *Primates of Park Avenue*, which has been optioned for film by MGM, and *Stepmonster*. She has appeared on *Good Morning America*, CNN, NPR, BBC *Newshour*, and Fox News. Her writing has been featured in *The New York Times*, *The Atlantic*, *The Daily Telegraph*, *Harper's Bazaar*, and *The Observer*.

### Untrue

why nearly everything we believe about women and lust and adultery is wrong — the surprising new science on the female libido and how it can set us free

### A jaw-dropping re-evaluation of everything we thought we knew about men, women, and sex.

Men are biologically programmed to want sex with lots of different women, whereas women are much more likely to stay true to one person, right?

### Wrong.

In *Untrue, New York Times*-bestselling author Wednesday Martin shows that we are just at the beginning of understanding women's sexuality properly. She explores female libido across cultures, species, and millennia, in literature, popular culture, and real life, from the perspective of the latest scientific expertise, as well as telling the stories of numerous real women. Frank and myth-busting, *Untrue* validates the desires of women everywhere, including the 'silent majority' in committed relationships who struggle with staying faithful.

### PRAISE FOR PRIMATES OF PARK AVENUE:

'Amusing ... incisive ... a wryly entertaining guide to this rarefied subculture.' *The Economist* 

'Skilfully we aves cultural insight with personal an ecdote.'  ${\it FT}$ 

RRP: £14.99 234 x 153 mm pbo, 288pp ISBN: 9781911617310 e-book ISBN: 9781925693126 Rights held: UK & C'wealth Other rights: Law Agency

### Rachel Love Nuwer

### Poached

### inside the dark world of wildlife trafficking



RACHEL LOVE NUWER is a freelance science journalist, writing for *The New York Times, Scientific American, Audubon, National Geographic,* and more. She regularly reports on wildlife for *Smithsonian* magazine, and publishes two columns, 'Last Place on Earth' and 'What If?', for BBC Future.

### A shocking exposé of the illegal wildlife trade.

Demand for wild animals vastly outstrips availability. There are simply not enough rhinos, elephants, tigers, and countless other creatures left to satiate our desire to wear, eat, display, and make medicine from them.

Despite experts warning that a host of species — some beloved by the public, others, like the pangolin, virtually unknown — are well on their way to being made extinct within the next decade, the illegal wildlife trade is one of the largest contraband markets in the world. Yet the war on poaching is vastly underfunded and unacknowledged. Traffickers operate with impunity, while those committed to stopping such wildlife crimes battle rampant corruption and a lack of resources.

In *Poached*, science journalist Rachel Nuwer takes us on a harrowing journey to the frontlines of the illegal wildlife trade, exploring the forces currently driving demand for animals and their parts — such as the widespread abuses of Chinese medicine and the links with drug trafficking and international crime cartels — and introduces us to the individuals battling to save them: the scientists and activists who believe it is not too late to stop the impending extinctions.

RRP: £14.99 234 x 153 mm hb, 256pp ISBN: 9781911617082 e-book ISBN: 9781925548761 Rights held: UK & C'wealth Other rights: Perseus

### Nino Haratischwili The Eighth Life

translated by Charlotte Collins & Ruth Martin



NINO HARATISCHWILI is an award-winning novelist, playwright, and director. At home in two different worlds, each with their own language, she has been writing in both German and Georgian since the age of 12.

CHARLOTTE COLLINS worked as an actor and radio journalist before becoming a literary translator. Her translation of *A Whole Life* won the Goethe-Institut's Helen and Kurt Wolf Prize and was shortlisted for the Man Booker International.

RUTH MARTIN is a translator of fiction and non-fiction from German. Her recent translations include Michael Köhlmeier's novels *Two Gentlemen on the Beach* and *Yiza*.

### An international phenomenon: the unputdownable story of seven women living through the greatest drama of the twentieth century.

1900, Georgia: in the deep south of the Russian Empire, Stasia, the daughter of a famous chocolatier, dreams of ballet in Paris, but marries a soldier, and finds herself caught up in the October Revolution. Escaping with her children, she finds shelter with her unworldly sister Christine, whose beauty, fatally, has caught the eye of Stalin's henchman. Disastrous consequences ensue for the whole family ...

2006, Germany: after the fall of the Iron Curtain Georgia is shaken by a civil war. Niza, Stasia's brilliant greatgranddaughter, has broken from her family and moved to Berlin. But when her 12-year-old niece Brilka runs away, Niza must track her down and tell her the truth about their family — and about the secret recipe for hot chocolate, which has given both salvation and misfortune over six generations.

Truly epic and utterly absorbing, *The Eighth Life* is a novel of seven exceptional lives lived under the heat and light of empire, revolution, war, repression, and liberation. It is the story of the century.

RRP: £20.00 234 x 153 mm hb, 944pp ISBN: 9781911617464 e-book ISBN: 9781925693072 Rights held: World English Other rights: United Agents

### Marina Benjamin

### Insomnia



MARINA BENJAMIN is a writer and editor who has written for most of the British broadsheets and served as arts editor at the *New Statesman* and deputy arts editor at the *Evening Standard*. She is currently a senior editor at the digital magazine *Aeon*. Her most recent book, *The Middlepause*, was published by Scribe in 2016.

### An intense, lyrical, witty, and humane exploration of a state we too often consider only superficially.

With her new memoir, *Insomnia*, Marina Benjamin has produced an unsettling account of an unsettling condition that treats our inability to sleep not as a disorder, but as an existential experience that can electrify our understanding of ourselves, and of creativity and love.

*Insomnia* is a bravura piece of writing. At once philosophical and poetical, the book ranges widely over history and culture, literature and art, exploring a threshold experience that is intimately involved with trespass and contamination: the illicit importing of day into night. With *Insomnia*, Benjamin aims to light up the workings of our inner minds, delivering a startlingly fresh look at what it means to be wakeful in the dark.

#### PRAISE FOR THE MIDDLEPAUSE:

'Lucid and sophisticated ... This is a book that yields valuable insights on almost every page.' **Melissa Benn**, *The Guardian* 

'Honest and uplifting.' FT

'Beautifully composed and intensely sympathetic, *The Middlepause* is wry, personal and intimate, while still being something of a road map for others.' **Viv Groskop**, *The Sunday Telegraph* 

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### Amy Stewart

### Miss Kopp Just Won't Quit

a Kopp sisters novel



AMY STEWART is the New York Times best-selling author of nine books, including Girl Waits with Gun and the rest of the Kopp Sisters series, which are based on the true story of one of America's first female deputy sheriffs and her two rambunctious sisters. Her popular nonfiction titles include The Drunken Botanist, Wicked Plants, and Flower Confidential. Constance Kopp, America's first female deputy sheriff, is back in another unforgettable romp by HWA-longlisted international bestseller Amy Stewart.

While transporting a woman to an insane asylum, Deputy Kopp discovers something deeply troubling about her story. Before she can investigate, another inmate breaks free and tries to escape.

In both cases, Constance runs instinctively toward justice. But 1916 is a high-stakes US election year, and any move she makes could jeopardize Sheriff Heath's future — and her own. Constance's controversial career makes her the target of political attacks.

With wit and verve, book club favourite Amy Stewart brilliantly conjures the life and times of the real Constance Kopp to give us this 'unforgettable, not-to-be messed-with heroine' (*Marie Claire*).

### THE KOPP SISTERS SERIES:





Girl Waits with Gun ISBN: 9781925228571

Lady Cop Makes Trouble

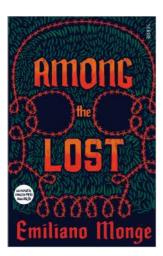


Miss Kopp's Midnight Confessions

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### Emiliano Monge

### translated by Frank Wynne



EMILIANO MONGE is a multiaward-winning Mexican novelist, short story writer, essayist, and reporter. He has been named one of the top 25 best-kept secrets in Latin American literature and was selected for *Mexico20*, a list of 20 important young Mexican writers. *Among the Lost* is his first book to be published in English.

FRANK WYNNE is among the English language's greatest living translators from the Spanish, and has won many awards for his work, and is the translator of, amongst others, Javier Cercas, Tómas Eloy Martinez, and Arturo Pérez-Reverte. Deep in the jungle, in the dead of night, pitiless spotlights flicker on to expose a group of migrants who have risked their lives for the chance to reach an America that exists only in their dreams.

Among the Lost



The fates of these men, women, and children are in the hands of human traffickers Estela and Epitafio, who lead them on a savage and harrowing crossing through hostile territory that is as beautiful as it is lethal.

None of them will make it to El Paraíso alive.

Among the Lost is a timely novel about the defining issue of the 21st century: migration. Modelled in part on Dante's *Divine Comedy*, and interspersed with the true voices of Mexican migrants, it invites its reader to 'abandon all hope' and step through the gate.

'Here is Mexico, its landscape, its violence, in a high voltage prose that has its roots in the best literature of its country: Rulfo, Fuentes, Sada ... Monge's language and ideas are strikingly well wrought and mature.' **Rafael Chirbes, author of** *On the Edge* 

RRP: £12.99 210 x 148 mm pbo w/ flaps, 304pp ISBN: 9781911344643 e-book ISBN: 9781925548655 Rights held: World English Other rights: Casanovas & Lynch

### Jeff Sparrow

### **Trigger Warnings**

### political correctness in the age of Trump



JEFF SPARROW is a writer, editor, and broadcaster, and an honorary fellow at Victoria University. He writes a fortnightly column for *The Guardian* and contributes regularly to many other publications, as well as being a member of the 3RRR Breakfasters radio team. He is the author of *No Way But This: in search of Paul Robeson*, published by Scribe in 2017.

### A timely examination of progressive politics in the era of radical populism.

Since 2016, western democracies have experienced a series of political earthquakes, spectacularly upending conventional political wisdom. Everywhere, outsider politicians rail against 'the elite'.

Yet, with a few notable exceptions, the populist mood has benefited reactionaries rather than reformers. The status quo might be in crisis, but the emerging voices are those of hate and violence. Where is the progressive alternative?

In *Trigger Warnings*, Jeff Sparrow sympathetically but critically examines key progressive ideas. How does a billionaire position himself as anti-elitist? Are the culture wars worth fighting? What's at stake in the battles over political correctness? Should progressives defend it and, if so, how?

Sparrow traces the evolution of the Left and Right to explain the origins of this strange evolution, untangling some of the thorniest controversies of our time and arguing that the future needn't only belong to nihilists and bigots.

#### PRAISE FOR NO WAY BUT THIS:

'Book of the week ... [A] conscientious and often painful biography.' *Daily Mail* 

RRP: £14.99 234 x 153 mm pbo, 256pp ISBN: 9781911617075 e-book ISBN: 9781925693133 Rights held: World

### Hwang Sok-yong translated by Sora Kim-Russell

HWANG SOK-YONG is arquably Korea's most renowned author. In 1993, he was sentenced to seven years in prison for an unauthorized trip to the North to promote exchange between artists of the two Koreas. Five years later, he was released on a special pardon. The recipient of Korea's highest literary prizes and shortlisted for the Prix Femina Etranger, his novels and stories are published in North and South Korea, Japan, China, France, Germany, and the United States.

SORA KIM-RUSSELL is a poet and translator, originally from California and now living in Seoul, South Korea. She teaches at Ewha Woman's University.

### At Dusk

### In the evening of his life, a wealthy man begins to wonder if he might have missed the point.

Parl Minwoo is a success story. Born into poverty in a miserable neighbourhood of Seoul, he has ridden the wave of development in his country. Now the director of a large architectural firm, his hard work and ambition has brought him triumph and satisfaction. But all that begins to change when he receives a message from a childhood friend he once loved. As memories return unbidden, he recalls a world he thought he had left behind — a world he now realises that he has helped to destroy.

### PRAISE FOR FAMILIAR THINGS:

"A powerful examination of capitalism from one of South Korea's most acclaimed authors ... [Hwang] challenges us to look back and reevaluate the cost of modernisation, and see what and whom we have left behind." *The Guardian* 

*'Familiar Things* turns out to be less about simple disposal than movement between different worlds ... resonant.' *The Daily Telegraph* 



Familiar Things ISBN: 9781925228991

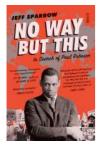
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### Lynne Olson Last Hope Island

Britain, occupied Europe, and the brotherhood that helped turn the tide of war

A *Mail on Sunday* Book of the Year. In 1940, Europe was on the brink of collapse. Country after country had fallen to the Nazis. Britain became known as 'Last Hope Island', and in London government leaders, kings and queens, code-breakers, pilots, and soldiers from the occupied nations gathered to continue the war effort. This epic, character-driven narrative takes us back to those perilous days, and tells of the desperate struggle to reclaim Europe from Hitler.

### Hwang Sok-yong Familiar Things

A vibrant and enchanting novel from one of Korea's most celebrated writers. When 14-year-old Bugeye and his mother arrive at Flower Island — a vast landfill site on the outskirts of Seoul — they soon become part of the eclectic community of impoverished outsiders making a living by weeding recyclables from the rubbish. Then, one night, Bugeye notices mysterious lights dancing around the landfill ... Could it be the island's ancient spirits? Is his luck about to change?

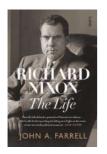
Translated by Sora Kim-Russell

### **Jeff Sparrow No Way But This** in search of Paul Robeson

Paul Robeson was a twentieth-century icon: the son of a former slave, he found worldwide fame as a performer, travelling from Hollywood to the West End, and even communist Russia. A passionate activist, he championed social justice, and eventually lost everything in the McCarthy hearings. Here, Jeff Sparrow traces Robeson's remarkable life. Part travelogue, part biography, this is a story of political ardour, heritage, and trauma — a luminous portrait of a man and an urgent reflection on the politics that define us now.



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September 2018 RRP: £9.99 198 x 129 mm pb, 384pp ISBN: 9781911617303 e-book ISBN: 9781925548372

### Danielle Dutton Margaret the First

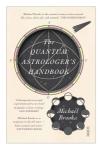
An inventive, spirited historical novel about a pioneering woman who was shamed for daring to challenge male dominance in the arts and sciences four centuries ago. Margaret Cavendish was the first woman to address the Royal Society and the first to write explicitly for publication. Championed by her unusually forwardthinking husband, and later hailed by Virginia Woolf as an early feminist, here she is brought intimately and memorably to life.

### John A. Farrell Richard Nixon the life

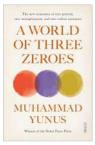
A *Sunday Independent* Book of the Year. John A. Farrell examines the life and legacy of one of America's most controversial political figures: from Nixon's early days in the Navy, to his political career as senator, vice president, and finally president, and his downfall in 1974 following the Watergate scandal. *Richard Nixon* is a magisterial portrait of the man who embodied post-war American political cynicism — and was destroyed by it.

### **Graham Allison Destined for War** can America and China escape Thucydides's Trap?

A Book of the Year for *The Sunday Times*, the *FT*, and *The National*. China and the US are heading toward a war neither wants. The reason, says Harvard scholar Graham Allison, is Thucydides's Trap, which argues that war is inevitable when a rising power threatens to displace a ruling one. This timely and important book shows how close we are to the unthinkable, and reveals what painful steps must be taken to avoid disaster.



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December 2018 RRP: £9.99 198 x 129 mm pb, 304pp ISBN: 9781911617273 e-book ISBN: 9781925548549



December 2018 RRP: £8.99 198 x 129 mm pb, 288pp ISBN: 9781911617099 e-book ISBN: 9781925548273

### Michael Brooks The Quantum Astrologer's Handbook

A *Daily Telegraph* Book of the Year. This landmark in science writing resurrects sixteenth-century polymath Jerome Cardano. Who is he? A gambler and blasphemer, plagued by demons and anxieties, astrologer to kings, emperors, and popes. This stubborn and unworldly man was the son of a lawyer and a brothel keeper, but also a gifted physician and the unacknowledged discoverer of the mathematical foundations of quantum physics. That is the argument of this charming and intoxicatingly clever book, a work of and about genius.

### Muhammad Yunus A World of Three Zeroes

the new economics of zero poverty, zero unemployment, and zero carbon emissions

Muhammad Yunus is the economist who invented microcredit, founded Grameen Bank, and earned a Nobel Peace Prize for his work towards alleviating poverty. Here, he sets forth his vision to establish a new kind of capitalism, where altruism and generosity are valued as much as profit making, and where individuals not only have the capacity to lift themselves out of poverty, but also to affect real change for the planet and its people.

### Elisabeth Åsbrink 1947 when now begins

A *Metro* Book of the Year. In 1947, Dior creates the New Look, Simone de Beauvoir writes *The Second Sex*, the CIA is set up, a clockmaker's son invents jihad, and the UN is given four months to find a solution to Palestine. In 1947, millions of refugees are trying to find their way back to homes that are no longer there, or on to an uncertain future across the sea. In *1947*, Elisabeth Åsbrink chronicles the creation of the modern world, as the forces that will go on to govern all our lives during the next 70 years first make themselves known.

Translated by Fiona Graham

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