

SCRIBE

January–June 2016

United Kingdom

‘I guess there are never  
enough books.’

— *John Steinbeck*

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‘UK & C’wealth’ means UK and Commonwealth excluding Canada unless otherwise stated.

Robynne Chutkan

## The Microbiome Solution

a radical new way to heal your body from the inside out



**A leading gastroenterologist distils the latest research on the microbiome into a practical program for boosting overall health.**

The microbiome — the collective name for the trillions of bacteria that live in our gut — is today’s hottest medical topic. Synthesising the latest findings, Dr Robynne Chutkan explains how the standard Western diet and lifestyle are starving our microbiome, depleting the ‘good bugs’ that keep us healthy and encouraging overgrowth of exactly the wrong type of bacteria. But beyond the science, what sets this book apart is Dr Chutkan’s powerful program for optimising your gut bacteria for good health, including recipes with ingredients that replenish the microbiome.

ROBYNNE CHUTKAN, MD, has a BS from Yale and an MD from Columbia and teaches in the gastroenterology department at Georgetown University Hospital. She is the author of *Gutbliss* (2013). She is also at work on the forthcoming *The Bloat Cure*.

‘Gastroenterologist Chutkan makes a strongly argued proposal that people should “live dirty” and “eat clean”... A thoughtful approach to health and wellness that’s well worth the time of readers.’

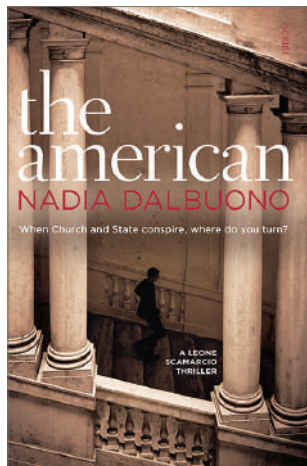
— *Publishers Weekly*

RRP: £14.99  
210 x 135mm pb, 304pp  
ISBN: 9781925228328

e-book ISBN: 9781925307252  
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Nadia Dalbuono

## The American



The second Leone Scamarcio thriller from an emerging British crime writer of tremendous potential.

As autumn sets in, the queues outside the soup kitchens of Rome are lengthening, and the people are taking to the piazzas, increasingly frustrated by the deepening economic crisis.

When Detective Leone Scamarcio is called to an apparent suicide on the Ponte Sant'Angelo, a stone's throw from Vatican City, the dead man's expensive suit suggests yet another businessman fallen on hard times. But Scamarcio is immediately troubled by similarities with the 1982 murder of Roberto Calvi, dubbed 'God's Banker' because of his work for the Vatican Bank.

NADIA DALBUONO was educated at Queen's College, Oxford, where she read history and German. For the last sixteen years she has worked as a documentary director and consultant for Channel 4, ITV, Discovery, and *National Geographic*. *The American* is the sequel to her first novel, *The Few*.

When, days later, a cardinal with links to the bank is killed, and the CIA send a couple of heavies to warn him off the case, Scamarcio knows he's on to something big ...

As disturbing connections between 9/11, America's dirty wars, Vatican corruption, the Mafia, and Italy's violence against its own people begin to emerge, Scamarcio is forced to deal with responsibilities far above his pay grade in this tightly-plotted mystery full of political intrigue.

'Gripping ... you won't be able to put it down.'  
— *The Sun on The Few*

'Has Donna Leon found her match?'  
— *Lovereading.co.uk*

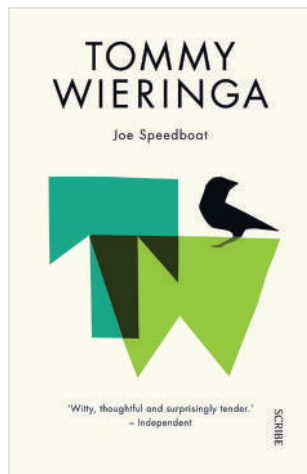
RRP: £8.99  
198 x 129mm pb, 368pp  
ISBN: 9781925228199

e-book ISBN: 9781925307023  
Rights held: World

Tommy Wieringa

# Joe Speedboat

translated by Sam Garrett



TOMMY WIERINGA was born in 1967 and grew up partly in the Netherlands, and partly in the tropics. He began his writing career with travel stories and journalism, and is the author of four other novels. His fiction has been shortlisted for the International IMPAC Dublin Literary Award and the Oxford/Weidenfeld Prize, and has won Holland's Libris Literature Prize.

A stunning new edition of Wieringa's best-loved, best-selling novel.

When Frankie Hermans emerges from a coma after 200 days, he knows his life is never going to be the same again. For a start, he can't talk, he can't walk and it's a struggle even to wield a pen. And then there's Joe Speedboat — a boy who arrived in the sleepy village of Lomark like a blazing comet and who's been stirring things up ever since. Whether setting off bombs, racing mopeds or building a bi-plane, Joe has the touch of a magician and the spirit of a daredevil. He also sees a use for Frankie's good right arm beyond writing: as a champion arm-wrestler Frankie will be strong enough to impress his friends, and maybe even win the favour of the gorgeous, golden-haired girl who has them all in a spin. Full of vitality, verve and chutzpah, *Joe Speedboat* tells the fast-paced story of an unlikely friendship between two boys, and of their lightning dash towards adulthood.

*'Never just another would-be inspirational read about overcoming adversity, Wieringa's novel offers a rewarding journey into the unfamiliar. It is also witty, thoughtful and surprisingly tender as Frankie comes to realise that he has got a life to live that is still worth the living.'*  
— *Independent*

*'A lovely book, full of eccentricity and charm.'*  
— *Book Bag*

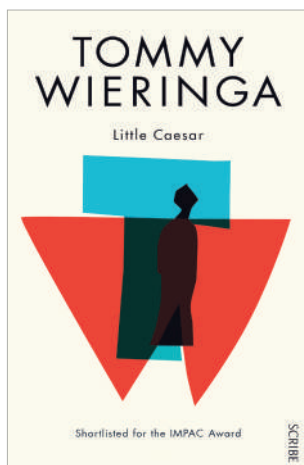
RRP: £8.99  
198 x 129mm pb, 336pp  
ISBN: 9781925228175

e-book ISBN: 9781925307009  
Rights held: World English  
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Tommy Wieringa

## Little Caesar

translated by Sam Garrett



Shortlisted for the International IMPAC Dublin Literary Award, and for Holland's AKO Literary Prize.

Ludwig Unger's life held such promise. His parents were artists and, from an early age, his own musical genius had marked him out for a stellar career in the world's concert halls. In his mother's imagination, Ludwig is already on the way to surpassing her most ambitious dreams for him. But in reality, and for now, he's playing in local cocktail bars and the two of them are living alone in a storm-lashed clifftop cottage in East Anglia. As the forceful winter seas bash away at the coastline, and Ludwig plunks away at the piano, he begins to tell a woman his story: a story of beauty and decay, of a child's faith and parental betrayal, and of the importance, in the end, of self-sacrifice.

TOMMY WIERINGA was born in 1967 and grew up partly in the Netherlands, and partly in the tropics. He began his writing career with travel stories and journalism, and is the author of four other novels. His fiction has been shortlisted for the International IMPAC Dublin Literary Award and the Oxford/Weidenfeld Prize, and has won Holland's Libris Literature Prize.

*'A brilliant exploration of the uneasy transition from adolescence into adulthood — the restlessness, yearning for stability, irrational decisions and erotic obsessions.'*  
— *Independent*

*'Captivating — a modern day odyssey that leads us via porn stars and artists and houses falling off cliffs into the heart of a singular character.'*  
— *Kamila Shamsie*

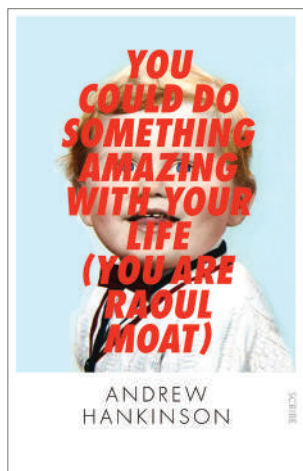
RRP: £8.99  
198 x 129mm pb, 336pp  
ISBN: 9781925228182

e-book ISBN: 9781925307016  
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**Andrew Hankinson**

## You Could Do Something Amazing With Your Life (You Are Raoul Moat)



ANDREW HANKINSON is a journalist who was born, raised and lives in Newcastle upon Tyne. He started his career as a staff writer at *Arena* magazine. He is now a freelance feature writer who has contributed to many publications, including the *Observer Magazine*, *The Guardian*, and *Huffington Post*.

**Winner of a Northern Writers Award.**

These are the last days of Raoul Moat.

Moat was the fugitive Geordie bodybuilder-mechanic who became notorious one hot July week when, after killing his ex-girlfriend's new lover, shooting her in the stomach, and blinding a policeman, he disappeared into the woods of Northumberland, evading discovery for seven days — even after TV tracker Ray Mears was employed by the police to find him. Bizarrely, ex-England footie star Gazza also played a role, trying to get a fishing rod and a chicken to Moat by taxi. Eventually, cornered by the police, Moat shot himself.

Andrew Hankinson, a journalist and a Geordie, re-tells Moat's story using only Moat's own words, and those of the state services which engaged with him, bringing the reader disarmingly close at all times to the mind of Moat. Based on previously unheard tapes recorded by Moat himself, the narrative Hankinson has woven is entirely compelling, even if Moat's weaknesses are never far from sight, requiring the reader to work out where they should stand.

This is a book in the great tradition of the nonfiction novels of Norman Mailer or Hunter S. Thompson, or perhaps more accurately, given its terrain, Gordon Burn or David Peace.

RRP: £12.99  
210 x 148mm pb, 240pp  
ISBN: 9781922247919

e-book ISBN: 9781925113754  
Rights held: World

## Franz Hessel

translated by  
Amanda DeMarco



FRANZ HESSEL was born in 1880 to a Jewish banking family, and grew up in Berlin. After studying in Munich, he lived in Paris, moving in artistic circles in both cities. His relationship with the fashion journalist Helen Grund was the inspiration for Henri-Pierre Roche's novel and, later, Francois Truffaut's film *Jules et Jim*. He also co-translated Proust with Walter Benjamin, as well as works by Casanova, Stendhal, and Balzac. Franz Hessel died in early 1941, shortly after his release from an internment camp.

## Walking in Berlin

a flaneur in the capital

**A timeless guide to one of the world's greatest cities.**

Franz Hessel was an observer par excellence of the increasingly hectic metropolis that was Berlin in the late 1920s. In *Walking in Berlin*, a collection of 23 essays originally published in German in 1929, he captures the rhythm of Weimar-era Berlin, recording evidence of the seismic shifts shaking German culture at the time.

Nearly all of the pieces take the form of a walk or outing, focusing either on a theme or part of the city, and many end at a theatre, cinema, or club. Hessel effortlessly weaves historical information into his observations, displaying his extensive knowledge of the city. Today, many years after the Nazi era and the postwar reconstruction that followed, the areas he visited are all still prominent and interesting. From the Alexanderplatz to Kreuzberg, his record of them has become priceless. Superbly written, and as fresh today as when it first appeared, this is a book to be savoured.

**'An absolutely epic book, a walking remembrance.'**  
— **Walter Benjamin**

**'To this day, there is no better Berlin travel guide.'**  
— *Tagesspiegel*

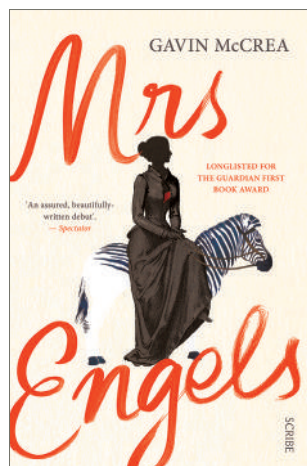
**'[A] newly rediscovered treasure.'**  
— *Die Welt*

RRP: £12.99  
198 x 129mm hb, 240pp  
ISBN: 9781925228359

e-book ISBN: 9781925307337  
Rights held: World English

Gavin McCrea

## Mrs Engels



GAVIN MCCREA was born in Dublin in 1978 and has since travelled widely, living in Japan, Italy and Spain, among other places. He holds a BA and an MA from University College Dublin, and an MA and a PhD from the University of East Anglia. He currently divides his time between the UK and Spain.

**Longlisted for the Guardian First Book Award.**

In September 1870 a train leaves Manchester bound for London. On board is Lizzie Burns, a poor worker from the Irish slums, embarking on the journey that will change her forever.

Sitting in the first-class carriage beside her lover, the wealthy mill-owner Frederick Engels, the vision of a life of peace and comfort takes shape before her eyes. But as Lizzie soon learns *'the world doesn't happen how you think it will. The secret is to soften to it, and to take its blows.'*

The promise of an easy existence in the capital is soon a distant dream, as Frederick and his friend Karl Marx try to spur revolution among the working classes and Lizzie is compelled to undertake a revolution of another kind: of the heart and the soul.

*'A fine symphony ... [Lizzie Burns] tells her own story with a fierce wit and trenchancy, shot through with poetry.'*

— Helen Dunmore, *The Guardian*

*'An assured, beautifully written debut, about a woman wiser than her lover perhaps, and slowly growing into herself — reminiscent of Molly Bloom in Ulysses.'*

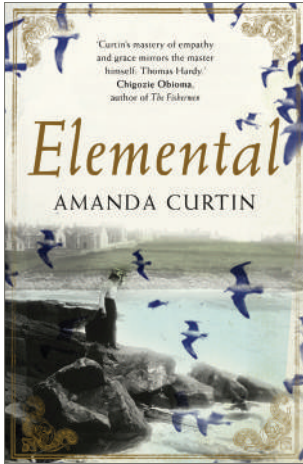
— *Spectator*

RRP: £8.99  
198 x 129mm pb, 352pp  
ISBN: 9781925228229

e-book ISBN: 9781925113792  
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Amanda Curtin

# Elemental



AMANDA CURTIN is a critically acclaimed writer and book editor who lives in Perth, Western Australia.

*It has taken a lifetime for me to see that the more afraid people are of the darkness, the further into it they will flee.*

Nearing the end of her life, Meggie Tulloch takes up her pen to write a story for her granddaughter. It begins in the first years of the twentieth century, in a place where howling winds spin salt and sleet sucked up from icefloes.

A place where lives are ruled by men, and men by the witchy sea. A place where the only thing lower than a girl in the order of things is a clever girl with accursed red hair. A place schooled in keeping secrets.

Moving from the north-east of Scotland to the Shetland Isles to Fremantle, Australia, *Elemental* is a novel about the life you make from the life you are given.

*'Curtin's mastery of empathy and grace mirrors the master himself: Thomas Hardy.'*

— **Chigozie Obioma, author of *The Fishermen***

*'Elemental* is an exquisite novel. Every word of it is tightly crafted and pregnant with possibility ... Yet, at the same time, there is something almost old fashioned and timeless in its deep perceptions and observations.'

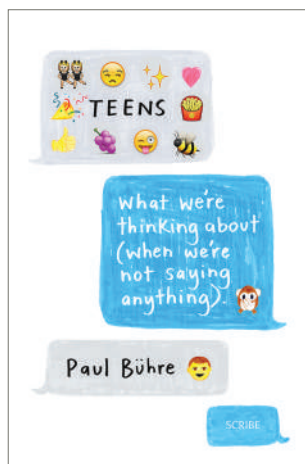
— *The Compulsive Reader*

RRP: £8.99  
198 x 129mm pb, 448pp  
ISBN: 9781925228335

e-book ISBN: 9781925307320  
Rights held: World (excl. ANZ)

## Paul Böhre

translated by  
David Shaw



PAUL BÜHRE was a 15-year-old high school student when *Teens* was published in Germany. He dreams of a career as a comic-book artist. He lives in his teenage bedroom in Berlin.

## Teens

what we're really thinking (when we're not saying anything)

**A Top Five bestseller in Germany.**

Teenagers are people too! But what kind?

Slaves to consumerism, ruined by porn, and always willing to trade in Granny's Christmas present for a bag of weed or a vodka and Red Bull? Until now, we've always seen the lives of adolescents through the eyes of worried parents, overworked and overstressed teachers, or even family therapists. Now, for the first time, a 15-year-old lifts the lid on what makes teenagers tick.

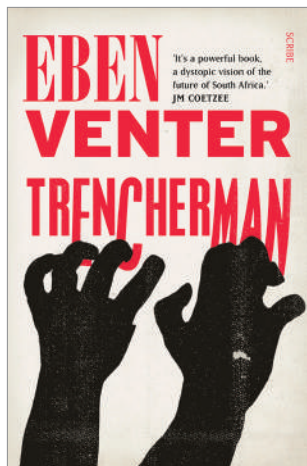
Here is an insider's report on the adolescent world of social media, computer games, fashion, love in the age of the internet, and those moments when everything just seems to get on top of you. And on parents, who only want the best for their offspring, but always seem to end up achieving just the opposite.

RRP: £12.99  
210 x 135mm pb, 192pp  
ISBN: 9781925228342

e-book ISBN: 9781925307375  
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## Eben Venter

translated by  
Luke Stubbs



EBEN VENTER was raised on a sheep farm in Eastern Cape, South Africa, and migrated to Australia in 1986. He has won numerous awards for his work, and currently holds an honorary appointment as professional associate in the Institute for the Study of English in Africa (ISEA) at Rhodes University.

## Trencherman

The story of a life-changing journey, *Trencherman* is a powerful contemporary retelling of *Heart of Darkness*.

One rainy night in Australia, Marlouw's sister phones with the request that he fetch her son 'from that bloody country'. And Marlouw, with his club foot and hardened spirit, believes it is his fate to carry out this instruction.

Drenched in sweat after an ominous flight, his exodus carries him deeper into the unknown — past the suffering masses alongside the road to the outer darkness of the rural areas.

There are rumours that Koert is on the old family farm, now in the possession of their former workers. That there, guarded and isolated, he has built himself a powerful empire as the King of Meat. Here, on Ouplaas, at the end of Marlouw's terrible journey, the heart of terror is cut open ...

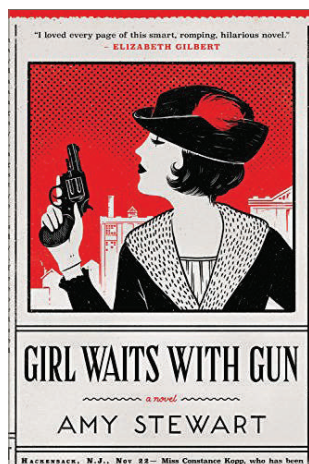
**'It's a powerful book, a dystopic vision of the future of South Africa.'**  
— J.M. Coetzee

RRP: £12.99  
234 x 153mm pb, 336pp  
ISBN: 9781925228366  
e-book ISBN: 9781925307351

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Greenberg Books

Amy Stewart

## Girl Waits with Gun



AMY STEWART is the award-winning author of six books, including the bestsellers *The Drunken Botanist* and *Wicked Plants*. She and her husband live in Eureka, California, where they own a bookstore called Eureka Books.

From the *New York Times* best-selling author of *The Drunken Botanist* comes an enthralling novel based on the forgotten, true story of one of America's first female deputy sheriffs.

Constance Kopp doesn't quite fit the mould. She towers over most men, has no interest in marriage or domestic affairs, and has been isolated from the world since a family secret sent her and her sisters into hiding fifteen years ago. One day a belligerent and powerful silk factory owner runs down their buggy, and a dispute over damages turns into a war of bricks, bullets, and threats as he unleashes his gang on their family farm. When the sheriff enlists her help in convicting the men, Constance is forced to confront her past and defend her family — and she does it in a way that few women of 1914 would have dared.

'A smart, romping adventure, featuring some of the most memorable and powerful female characters I've seen in print for a long time. I loved every page as I followed the Kopp sisters through a too-good-to-be-true (but mostly true!) tale of violence, courage, stubbornness, and resourcefulness.'

— Elizabeth Gilbert

RRP: £8.99

198 x 129mm pb w/ colour  
reverses, 416pp

ISBN: 9781925228571

e-book ISBN: 9781925307474

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Other: Tessler Literary  
Agency

Fran Bryson

## In Brazil



FRAN BRYSON is a travel writer and a former literary agent. She lives on Flinders Island, largest of the Furneaux islands, in the treacherous waters of Bass Strait, in south-eastern Australia. In the course of researching and writing *In Brazil*, Fran took psychedelic drugs in the middle of the Amazon, sought out ancient and modern-day religious cults, and performed with a dance school as part of Carnival in Rio.

**In Brazil, you can commune with spirits and you can party with gods. In Brazil, you can learn a lot about life, heroes, and possibilities.**

We might think we know about Brazil. We've watched the World Cup, we've heard about the danger and the corruption, we've seen the samba and the rainforest. But Brazil still holds many secrets.

Over many years, Fran Bryson developed a fascination with Brazil that slowly became an obsession. In the course of several journeys she discovered the country: from the glittering modern city of Brasilia to the small, deeply religious towns; from the inner reaches of the Amazonian jungle to the vibrant backlands — home to cowboys and troubadours.

*In Brazil* is Fran's experience of travelling through one of the world's most colourful and contradictory nations and, in doing so, making sense of her life and the world around her.

RRP: £14.99  
234 x 153mm pb, 320pp  
ISBN: 9781925228373

e-book ISBN: 9781925307405  
Rights held: World



**Richard Watson**

## Digital vs Human

how we'll live, love, and think in the future



RICHARD WATSON is a writer, speaker, and strategist who works with leadership teams to challenge existing thinking about what is obvious or inevitable. He is also the founder and publisher of What's Next, a website that documents global trends, and the co-founder, with Oliver Freeman and Andrew Crosthwaite, of Futures House Europe, a specialist scenario planning consultancy. Richard is the author of the bestselling book *Future Files*, which has been translated into 14 languages.

From the author of the international bestseller *Future Files* comes the one book you need to read to prepare for the world of tomorrow.

On most measures that matter, we've never had it so good. Physically, life for humankind has improved immeasurably over the last fifty years. Yet there is a crisis of progress slowly spreading across the world. Perhaps this is due to a failure of vision; in the 1960s we dreamed of flying cars and moon hotels; today what we've ended up with are status updates and cat videos.

To a large degree, the history of the next fifty years will be about the relationship between people and technologies created by a tiny handful of designers and developers. These inventions will undoubtedly change our lives, but the question is, to what end?

What do we want these technologies to achieve on our behalf? What are they capable of, and — as they transform the media, the economy, healthcare, education, work, and the home — what kind of lives do we want to lead?

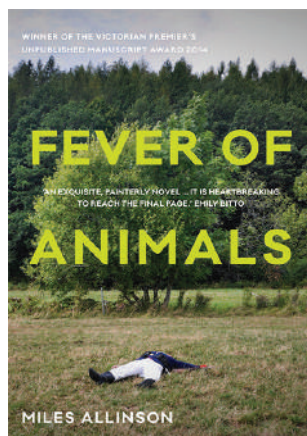
Richard Watson hereby extends an exuberant invitation for us to think deeply about the world of today and envision what kind of world we wish to create in the future. In a fascinating and accessible way, *Digital vs Human* examines the possible effects of technology on every area of our lives.

RRP: £14.99  
234 x 153mm pb, 320pp  
ISBN: 9781925228427

e-book ISBN: 9781925307283  
Rights held: World

Miles Allinson

## Fever of Animals



MILES ALLINSON is a writer and an artist. He was born in Melbourne in 1981, and has a Bachelor of Creative Arts and a Postgraduate Diploma in Creative Writing from the University of Melbourne, as well as a Masters of Fine Arts (Art in Public Space) from RMIT. *Fever of Animals* is his first novel, and won the Victorian Premier's Literary Award for an Unpublished Manuscript in 2014.

**Winner of the Victorian Premier's Unpublished Manuscript Award 2014.**

*For nearly five years I have wanted to write something about the surrealist painter Emil Bafdescu: about his paintings, one of which hangs in a little restaurant in Melbourne, and about his disappearance, which is still a mystery. But this is probably not going to be the book I imagined. Nothing has quite worked out the way I planned.*

With the small inheritance he received upon his father's death, Miles has come to Europe on the trail of the Romanian surrealist, who disappeared into a forest in 1967. But in trying to unravel the mystery of Bafdescu's secret life, Miles must also reckon with his own.

Faced with a language and a landscape that remain stubbornly out of reach, and condemned to wait for someone who may never arrive, Miles is haunted by thoughts of his ex-girlfriend, Alice, and the trip they took to Venice that ended their relationship.

Uncanny, occasionally absurd, and utterly original, *Fever of Animals* is a beautifully written meditation on art and grief.

*'This is an exquisite, painterly novel, and Allinson is a writer destined for a cult following.'*

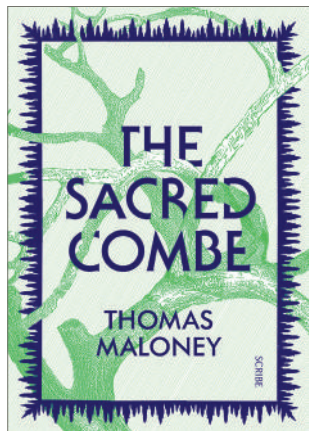
— **Emily Bitto, Stella Prize-winning author of *The Strays***

RRP: £12.99  
210 x 148mm pb, 272pp  
ISBN: 9781925228304

e-book ISBN: 9781925307085  
Rights held: World

Thomas Maloney

## The Sacred Combe



THOMAS MALONEY was born in Kent in 1979, grew up in south-east London and studied physics at university. He is a competent but unexceptional mountaineer and astigmatic birdwatcher, and lives in Oxfordshire with his wife, daughter and kayak.

In this mesmerising English debut novel, a man escapes his former life to enter an enchanted place, something like *The Secret Garden* for grown-ups.

*A man's eye is accommodative, like his heart.*

Samuel Browne's wife has left him after just three bright years of marriage. She invites him to 'go live a better life without me'. He must start again, and alone.

And so it is that Sam finds himself deep in the English countryside in a cold but characterful old house, remote and encircled by hills, in the employment and company of an older, wiser man, a man as fond of mystery as he is of enlightenment. Who wrote the letter that Sam is charged with locating in the house's ancient library? What is the secret of the unused room? And where does a life lose its way or gain its meaning?

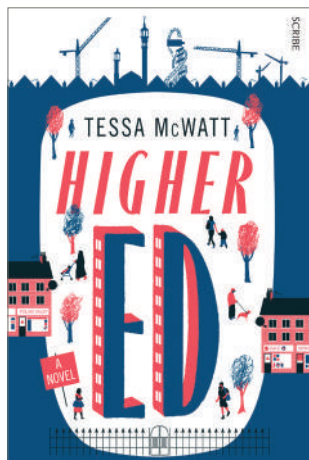
In *The Sacred Combe*, there is truth born of fraud, a building made of light, and a family wrecked by recklessness: loss and love reverberate around the house and around the novel, providing pleasure, pain and purpose. Combe Hall is a house designed to honour and to enthrall. And this very fine debut novel does exactly the same.

RRP: £13.99  
210 x 148mm pb w/ flaps,  
304pp

ISBN: 9781925228298  
e-book ISBN: 9781925307269  
Rights held: World

Tessa McWatt

## Higher Ed



TESSA McWATT was born in Guyana, grew up in Canada, and has been living and working in London for nearly two decades. She is the author of five earlier novels; her second, *Dragons Cry*, was shortlisted for the Governor General's Literary Award for Fiction and the City of Toronto Book Awards. Her novel, *Vital Signs*, was nominated for the 2012 OCM Bocas Prize for Caribbean Literature. She developed and leads the MA in Writing: Imaginative Practice at the University of East London.

**A vivid and vivacious novel about real London lives today.**

A university administrator and a film lecturer wait to hear if they will survive the next round of budget cuts; a West Indian council worker long estranged from his daughter gets a second chance at fatherhood; a Polish waitress strives to make a better life for herself and her mother.

As the beat of the capital pulses, these five East-Londoners each long for a life less complicated. But in a city of imperilled jobs, uncertain status and insufficient cash, there is no such thing.

*Higher Ed* is a novel that could only have been written post-2008. Fizzling with life and with truth, it is a profound portrait of the way we live our lives today.

**'A wryly passionate, slyly political and engrossing concatenation of London lives, that only a Londoner by choice could have written.'**

— **China Miéville**

**'Wonderful narration. Wonderful map of the archipelago. Embark and discover it!'**

— **John Berger**

**'I enjoyed *Higher Ed* hugely. The writing was finely tuned and the characterisation sharply focused. As vibrant as the city it depicts.'**

— **Jonathan Kemp, author of *London Triptych***

RRP: £7.99  
198 x 129mm pb, 304pp  
ISBN: 9781925228403

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Melissa Broder

## So Sad Today



MELISSA BRODER is the author of four collections of poems, including the forthcoming *Last Sext* (Tin House, 2016). Her poems have appeared in *POETRY*, *Guernica*, and *The Iowa Review*, among other journals. She lives in Venice, California.

From an acclaimed poet and creator of the popular Twitter account @SoSadToday comes a darkly funny and brutally honest collection of essays.

Melissa Broder always struggled with anxiety. In the fall of 2012, she went through a harrowing cycle of panic attacks and dread that wouldn't abate for months. So she began @SoSadToday, an anonymous Twitter feed that allowed her to express her darkest feelings, and which quickly gained a dedicated following.

In *So Sad Today*, Broder delves deeper into the existential themes she explores on Twitter, from eating disorders, drug addiction and an unusual sex fetish, to love, death, and the drama of waiting for the universe to text you back.

In ballsy, beautiful prose and with insights as sharp as her humour, Broder explores questions most of us are afraid to even acknowledge, let alone answer, in order to document what it really means to be a person in this modern world.

*'So Sad Today is a desperately honest collection of essays, the kind that make you cringe as you eagerly, shamelessly consume them. Melissa Broder lays herself bare but she does so with strength, savvy, and style. Above all, these essays are sad and uncomfortable and their own kind of gorgeous. They reveal so much about what it is to live in this world, right now.'*

— Roxane Gay, *New York Times* bestselling author of *Bad Feminist*

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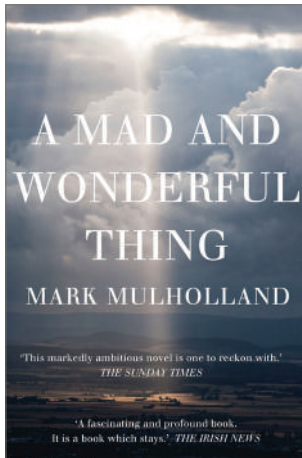
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Mark Mulholland

## A Mad and Wonderful Thing



MARK MULHOLLAND was born and raised in a town on the Irish border, where he left school at sixteen. He now lives with his wife, their four children, and a large library of second-hand books in a farmhouse in France. *A Mad and Wonderful Thing* is his first novel, currently being developed for film by Liam Neeson.

*You wouldn't get involved, Johnny, would you? What about those terrible bombs? You wouldn't do a bad thing, would you?*

In this passionate and heart-wrenching debut novel by Irish writer Mark Mulholland, we meet Johnny Donnelly — an intense young man who is in love with books, with his country, and with the beautiful Cora Flannery. But in his dark and secret other life he shoots British soldiers: he is an IRA sniper.

How can this be? As his two worlds inevitably move towards a dramatic collision, Johnny takes us on a journey through the history, legends, and landscapes of his beloved Ireland. In the end, Johnny has to make sense of his inheritance and his life, and he does so in a riveting, redemptive, and unforgettable climax.

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— *Sunday Times*

*“An emotional, shocking, gorgeous read, rooted in such painful reality ... a magnetic and lyrical read.”*  
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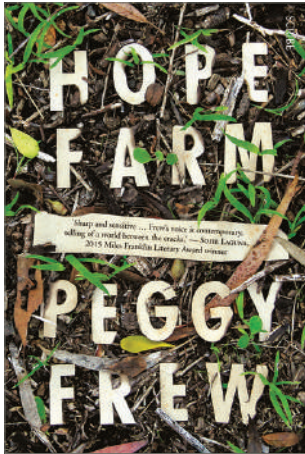
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— **Jeremy Irons**

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Peggy Frew

## Hope Farm



PEGGY FREW's debut novel, *House of Sticks*, won the 2010 Victorian Premier's Literary Award for an unpublished manuscript. Her story 'Home Visit' won *The Age* short story competition. She has been published in *New Australian Stories 2*, *Kill Your Darlings*, *The Big Issue*, and *Meanjin*. Peggy is also a member of the critically acclaimed and award-winning Melbourne band Art of Fighting.

*They were inescapable, the tensions of the adult world — the fraught and febrile aura that surrounded Ishtar and those in her orbit, that whined and creaked like a wire pulled too tight.*

It is the winter of 1985. Hope Farm sticks out of the ragged landscape like a decaying tooth, its weatherboard walls sagging into the undergrowth. Silver's mother, Ishtar, has fallen for the charismatic Miller, and the three of them have moved to the rural hippie commune to make a new start.

At Hope, Silver finds unexpected friendship and, at last, a place to call home. But it is also here that, at just thirteen, she is thrust into an unrelenting adult world — and the walls begin to come tumbling down, with deadly consequences.

*Hope Farm* is the masterful second novel from award-winning author Peggy Frew, a devastatingly beautiful story about the broken bonds of childhood, and the enduring cost of holding back the truth.

'Peggy Frew is an amazing writer and *Hope Farm* is a great novel that captures the pleasures and difficulties of being both a parent and of being a child ... Beautifully written, acutely observed and, best of all, completely absorbing ... elegant, tender and very wise.'

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Marina Benjamin

## The Mirror and the Clock

a testimony of turning fifty



MARINA BENJAMIN is a writer and editor. She's the author of two previous memoirs, *Rocket Dreams*, shortlisted for the Eugene Emme Award, and *Last Days in Babylon*, longlisted for the Wingate Prize. She has also worked as a journalist, writing for most of the broadsheets and serving as arts editor at the *New Statesman* and deputy arts editor at the *Evening Standard*. She is currently senior editor at the digital magazine *Aeon*, and is the founding editor of the Royal Literary Fund's online weekly publication *Collected*.

Photo courtesy of:  
Soren Levy-Sands

**In a society paradoxically obsessed with living longer and looking younger, what does middle age nowadays mean?**

If we are forever being asked to strive to turn back the clock, and also to expect it to tick on almost forever, while constantly checking our progress in the mirror, what then of the present? How should a fiftysomething be in a world ceaselessly redefining ageing, youth, and experience?

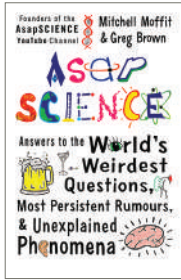
In this subtle but scintillating, unblinking but unfooled exploration of the meanings of middle age in the modern world, Marina Benjamin looks at the evolution over recent decades of our understanding of the purposes and perils of this period in life, and examines her own sudden, brutal propulsion into menopause and into a new definition of her self as daughter, mother, citizen and woman. She deals with pinnacles and pain, mortality and the marginal, loss and lingerie, memory and milestones.

For all those who find themselves around fifty questioning anew their role and their aim as old aims and old roles decay or depart, for those who do not deny it or run away from it, *The Mirror and the Clock* offers an inspired and expanded vision of how to be middle-aged happily and harmoniously, without sentiment or self-delusion. Marina reads the seers and the sages, and winnows out their chaff, before returning to us with her own inspirational harvest of hard-won and hard-edged knowledge in the form of this bountiful book.

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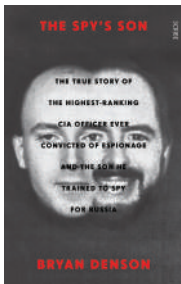
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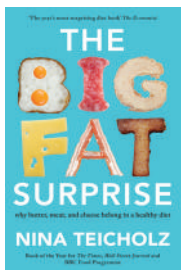
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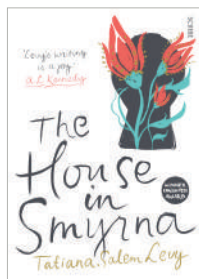
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why butter, meat, and cheese belong in a healthy diet

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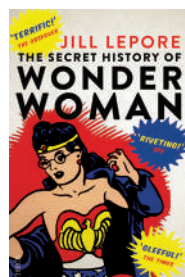


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## Tatiana Salem Levy

### The House in Smyrna

In Rio de Janeiro, a woman suffering from a mysterious illness, which is eroding her body and mind, decides to accept a challenge from her grandfather: to take the key to the house where he grew up and open the door. Sifting through family stories — her grandfather's migration from Turkey to Brazil, her parents' exile in Portugal under the Brazilian military dictatorship, her mother's death, and her own love affair with a violent man — she traces her family's history in a journey to make sense of the past and to understand her place in it. With an epic sweep of time and place, this is a profoundly moving portrait of a young woman finding her way back into life.

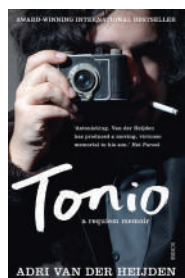


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Drawing from an astonishing trove of documents, including never-before-seen private papers, Harvard historian and *New Yorker* staff writer Jill Lepore reveals the fascinating family story that sparked the invention of the most popular female superhero of all time. Delving into the life of Wonder Woman's eccentric creator, psychologist William Moulton Marston, Lepore uncovers the feminist origins of Wonder Woman. *The Secret History of Wonder Woman* is at once a riveting work of pop culture history, and a crucial insight into the struggle for women's rights in the twentieth century and the troubled place of feminism today.

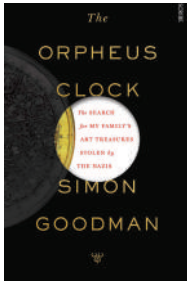


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### Tonio a requiem memoir

On Pentecost 2010, Tonio — the only son of writer Adri van der Heijden — is hit by a car. He dies of his injuries that same day. Tonio is only 21. His parents are faced with the monstrous task of forging ahead with their lives in the knowledge that their only child will never again come home. Adri van der Heijden is driven by two compelling questions: what happened to Tonio during the final days and hours before the accident, and how could this accident happen? This search takes in various eyewitnesses, friends, police officers, doctors, and the mysterious Jenny — who turns out to have played a crucial role in Tonio's life during those final weeks.



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**Simon Goodman**  
**The Orpheus Clock**  
 the search for my family's art treasures stolen by the Nazis

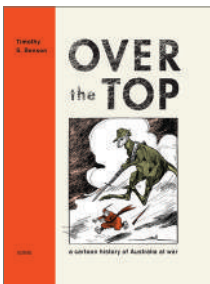
Simon Goodman's ancestors were one of Germany's most powerful banking families. They amassed a magnificent art collection that included works by Degas, Renoir, Botticelli, Guardi, and many, many others. But the Nazi regime snatched from them everything they had worked to build: their remarkable art, their immense wealth, their prominent social standing, and their very lives. Goodman's dramatic story, told with great heart, reveals a rich history almost obliterated by the Nazis. It is not only the account of a twenty-year long detective hunt for family treasure, but an unforgettable tale of redemption and restoration.



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Is Brigitte a loving wife and mother, or a cold-blooded killer? Nobody knows why she was out so early on the morning she was knocked down in a hit-and-run. Or why a man was found beaten to death in her apartment that same day. Brigitte claims she has no memory of what happened, but when the investigation is reopened fourteen years later, unwanted questions start cropping up. As Brigitte's world begins collapsing in on her, she is forced to confront the truth about that night — even if it means losing her husband, her kids, and maybe even herself.



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a story of justice and redemption

Bryan Stevenson grew up poor in the racially segregated South. As a brilliant young lawyer he defended a black man sentenced to die for the murder of a white woman — a crime he insisted he didn't commit. The case drew Bryan into a tangle of conspiracy, political machination, startling racial inequality, and legal brinkmanship — and transformed his understanding of mercy and justice forever. At once an unforgettable account of an idealistic lawyer's coming of age and a moving portrait of the lives of those he has defended, *Just Mercy* is an inspiring argument for compassion in the pursuit of justice.



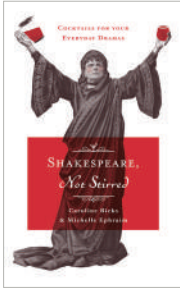
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## Rudi Westerndorp

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on vitality and ageing

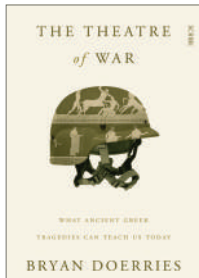
Less than a hundred years ago, the average Western life expectancy was 40; now it is 80. It's the most radical change in our society since industrialisation, and naturally it raises many questions. This is the definitive book on a key issue for the 21st century, written by one of the world's leading experts in geriatric medicine. Combining medical, biological, economic, and sociological insights, Rudi Westerndorp explores the causes of the ageing revolution and explains how we can greet it with confidence and enjoy leading longer, healthier, and more productive lives than ever before.



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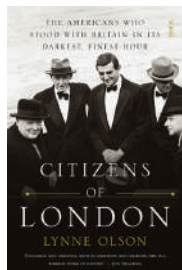
Classical tragedy is timelessly powerful — not only does it still move us, but it heals, too. Bryan Doerries produces performances of Greek tragedies for soldiers returned from conflict, prison communities, victims of natural disasters, and other vulnerable people. His dramatisations have explored how the story of Sophocles’ *Ajax* can help today’s soldiers and their loved ones grapple with trauma; and why people in the penal system are liberated by *Prometheus Bound*. In drawing on such extraordinarily intimate experiences, Doerries illustrates the redemptive potential of one of the oldest human art-forms, and the power of re-enacting.



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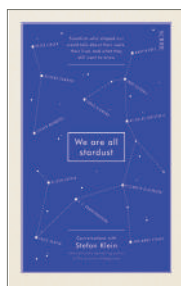
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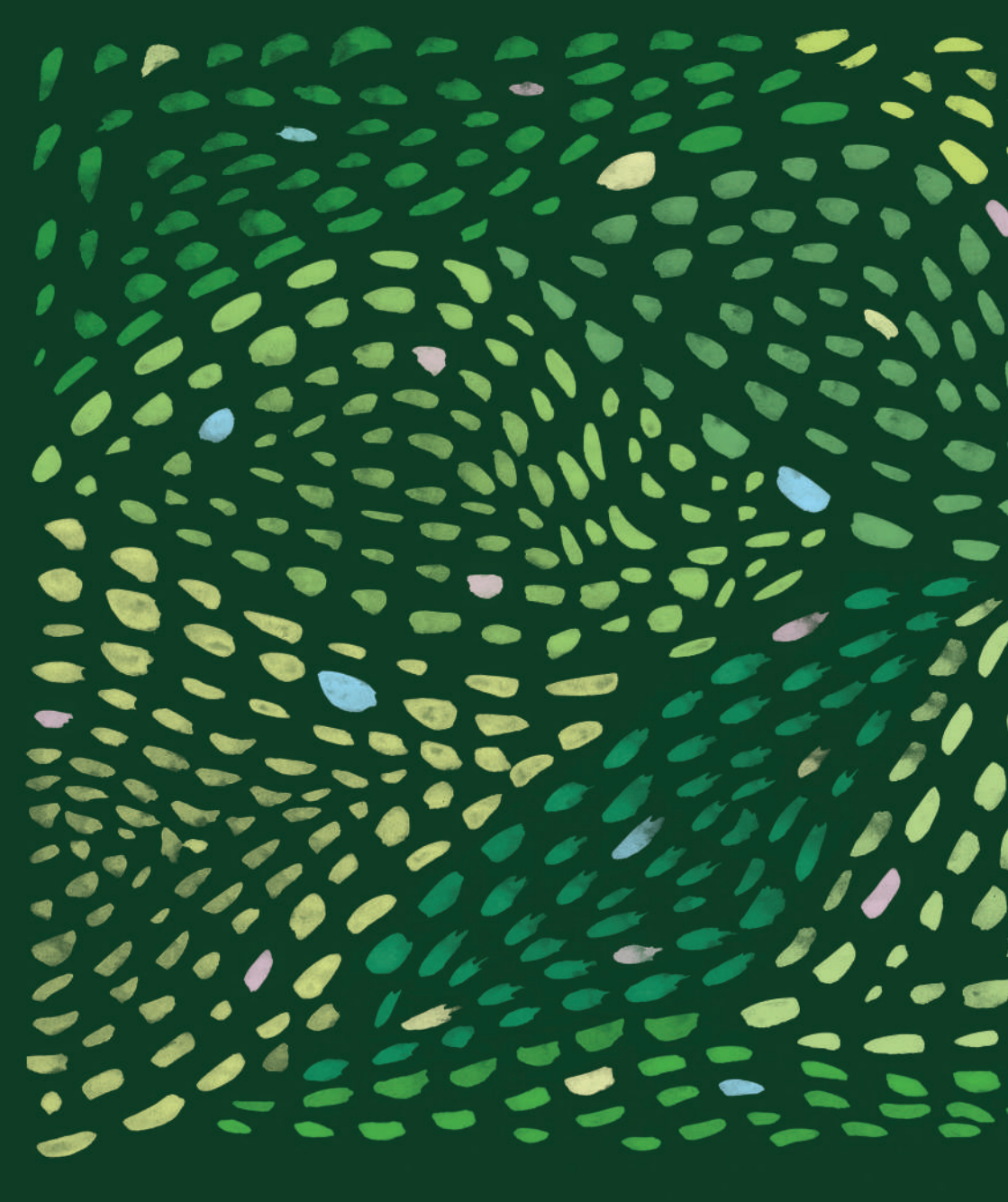
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