‘The moment we decide to fulfil something, we can do anything.’

Greta Thunberg
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NEW TITLES
& NEW EDITIONS
Jennifer Ackerman

The Bird Way

a new look at how birds talk, work, play, parent, and think

From the New York Times bestselling author of The Genius of Birds, here is a radical examination of the bird way of being and of recent scientific research that is dramatically shifting our understanding of birds — how they live and how they think.

‘There is the mammal way and there is the bird way.’ This is one scientist’s pithy distinction between mammal brains and bird brains: two ways to make a highly intelligent mind. But the bird way is much more than a unique pattern of brain wiring, and, lately, scientists have taken a new look at bird behaviours. What they are finding is upending the traditional view of how birds conduct their lives, how they communicate, forage, court, breed, and survive. They’re also revealing the remarkable intelligence underlying these activities, abilities we once considered uniquely our own — deception, manipulation, cheating, kidnapping, infanticide, but also ingenious communication between species, cooperation, collaboration, altruism, culture, and play.

Drawing on personal observations, the latest science, and her bird-related travel around the world, from the tropical rainforests of eastern Australia and the remote woodlands of northern Japan, to the rolling hills of lower Austria and the islands of Alaska’s Kachemak Bay, Ackerman shows there is clearly no single bird way of being — in plumage, form, song, flight, lifestyle, niche, and behaviour. It’s what we love about them. As E.O. Wilson once said, when you have seen one bird, you have not seen them all.
Susan Golombok  
**We Are Family**  
what really matters for parents and children

Our understanding of what makes a family has undergone a revolution in the last few decades, from same-sex parenthood to surrogacy and IVF. But what has the impact been on children?

In *We Are Family*, Professor Susan Golombok visits lesbian mothers, gay fathers, single parents, co-parents, trans parents, surrogates, and donors, and, more importantly, their children, to find out if they are as well-adjusted, happy, and emotionally stable as children from traditional nuclear families. And she discovers that the answer is yes — and sometimes even more so.

Susan’s work at the Centre for Family Research at Cambridge proves that any family set-up can provide a loving, secure home for a child — although, inevitably, the children from these families will often face prejudiced attitudes from others. Since the 1970s, when she was first drawn to this area of research after reading about lesbian mothers whose children were being removed from their care, Susan has worked tirelessly to challenge outdated attitudes and prevent families being split up for no good reason. This book tells the stories of those families — their struggles and their triumphs — while celebrating love and family in all its wonderful variations.

‘Important and compelling ... Professor Susan Golombok gives evidence that the expansion of domestic structures represents not the downfall of family, but the expansion of it to include previously unfathomed, rich possibilities.’ **Andrew Solomon**, author of *Far from the Tree*
People Without Power
the war on populism and the fight for democracy

An eye-opening account of populism, the most important — and misunderstood — movement of our time.

Everything we think we know about populism is wrong. Today, populism is seen as a frightening thing, a term pundits use to describe the racist philosophy of Donald Trump and European extremists. But this is a mistake.

The real story of populism is an account of enlightenment and liberation; it is the story of democracy itself, of its ever-widening promise of a decent life for all. Here, acclaimed political commentator Thomas Frank takes us from the US’s tumultuous 1890s, when the radical left-wing Populist Party fought plutocrats, to the triumphs of reformers under Roosevelt and Truman.

Frank also shows that elitist groups have reliably detested populism, lashing out at working-class concerns; today’s moral panic in liberal circles is only the latest expression. Frank pummels the elites, revisits the movement’s provocative politics, and declares true populism to be the language of promise and optimism. People Without Power is a ringing affirmation of a movement that, Frank shows us, is not the problem of our times, but the solution.

‘With his usual verve, Frank skewers the elite voices of condescension that vilify the egalitarian and democratic strivings of working people. In so doing, he offers a passionate defense of populism, which he reveals as a deep and wide political tradition that remains as essential as ever for the hopes of a more just and equitable society.’ Charles Postel, author of Equality: an American dilemma, 1866–1896
A compelling tale of the slow disintegration of a relationship and the unravelling of a man.

Tom and Clara are two struggling academics in their mid-thirties, who decide to take their first holiday in ten years. On the flight over to Indonesia, Tom experiences a debilitating panic attack, something he hasn’t had in a long time, which he keeps hidden from Clara. At the resort, they meet Madeleine, a charismatic French woman, her Australian partner, Jeremy, and five-year-old son, Ollie, and the two couples strike up an easy friendship. The holiday starts to look up, even to Tom, who is struggling to get out of his own head. But when Clara and Madeleine become trapped in the maze-like grounds of the hotel during ‘the fogging’ — a routine spraying of pesticide — the dynamics suddenly shift between Tom and Clara, and the atmosphere of the holiday darkens.

Told with equal parts compassion and irony, and brimming with observations that charm, illuminate, and devastate, *The Fogging* dives deep into what it means to be strong when your foundation is built on sand.

‘Claustrophobic and vertiginous … an unshrinking and skilfully drawn portrait of a decaying relationship. In restrained prose, Horton illuminates the darker edges of masculinity. His is a frequency finely tuned to silences, gaps of language and meaning, things left unsaid — and their cumulative weight. Like a brewing storm on an oppressive summer day, *The Fogging* is quiet but assured, building towards the thunderclap of its final pages.’

*Jennifer Down, author of Our Magic Hour*
The Case of George Pell
reckoning with child sexual abuse by clergy

Guardian Australia’s Melbourne bureau chief Melissa Davey covered Cardinal George Pell’s evidence at the royal commission into child sexual abuses, and attended each of his trials for his alleged historic sexual offences against children — his committal hearing, mistrial, retrial, and appeals.

What she saw, heard, and read made her determined to produce a dispassionate and thorough rendition of what occurred. The Case of George Pell is the result — an authoritative account of those trials, of the basis for the verdicts, and of the backlash to the verdicts. It is inevitably not only about Cardinal Pell, but about justice in the age of conservative media, about culture wars, and about the broader context of clergy abuse.

Despite a five-year-long sexual-abuse inquiry, three trials of one of the most senior Catholics in the world, and saturation coverage of the issue, it became evident to Ms Davey that many myths about the nature of child sexual abuse persist — and that, for some people, the evidence of victims can never be allowed to tarnish the reputation of the church and its practitioners.

The Case of George Pell is not just about one alleged offender, and one complainant. It is also about how the sexual abuse of children occurs — and has been allowed to continue.

MELISSA DAVEY has been The Guardian’s Melbourne bureau chief for several years. She has been nominated for three Walkley awards and two Quill awards, and has won two New York Festival awards for The Reckoning, a podcast series she collaborated on with David Marr and Miles Martignoni. She has also won awards from medical bodies for her work reporting on rheumatic heart disease in Aboriginal children, and for her investigation into the brutality of gynaecologist Emil Shawky Gayed. Her investigation into Gayed triggered a government inquiry. Melissa frequently appears on BBC World News, and commercial radio in Australia and overseas.
JUDITH HOARE started her career on the ABC’s Chequerboard, a trailblazing social-issues television program in the 1970s, and then moved to The Australian Financial Review. She eventually specialised in editing long-form journalism for the newspaper, and was appointed deputy editor in 1995, a position she held for 20 years.

The Woman Who Cracked the Anxiety Code
the extraordinary life of Dr Claire Weekes

‘It’s truly astonishing that Dr Claire Weekes is not a household name … this book shines a light on her considerable achievements with great respect and meticulous detail.’ Leigh Sales

Panic, depression, sorrow, guilt, disgrace, obsession, sleeplessness, low confidence, loneliness, agoraphobia … Dr Claire Weekes knew how to treat them, but was dismissed as underqualified and overly populist by the psychiatric establishment. In a radical move, she went directly to the people. Her international bestseller Self Help for Your Nerves, first published in 1962 and still in print, helped tens of millions of people to overcome all of these, and continues to do so.

This book is the first to tell Weekes’ own remarkable tale, of how a mistaken diagnosis of tuberculosis led to heart palpitations, beginning her fascinating journey to a practical treatment for anxiety that put power back in the hands of the individual.

‘Don’t miss this biography.’ ★★★★ Good Reading

‘Revelatory.’ ★★★★ Books+Publishing

‘A fascinating tale.’ The Sydney Morning Herald

‘A vivid portrait of an intriguing woman ahead of her time, this is a story of hope, empowerment, and vindication.’ Gina Perry, author of Behind the Shock Machine and The Lost Boys

‘In this fine book, Hoare has rescued the legacy of a great Australian.’ Inside Story

Judith Hoare
Foreword by Clare Bowditch

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RIGHTS HELD: WORLD
Guillaume Pitron
Translated by Bianca Jacobsohn

The Rare Metals War
the dark side of clean energy and digital technologies

The resources race is on. Powering our digital lives and green technologies are some of the Earth’s most precious metals — but they are running out. And what will happen when they do?

The green-tech revolution has been lauded as the silver bullet to a new world. One that is at last free of oil, pollution, shortages, and cross-border tensions. Drawing on six years of research across a dozen countries, this book cuts across conventional green thinking to probe the hidden, dark side of green technology.

By breaking free of fossil fuels, we are in fact setting ourselves up for a new dependence — on rare metals such as cobalt, gold, and palladium. They are essential to electric vehicles, wind turbines, solar panels, our smartphones, computers, tablets, and other everyday connected objects. China has captured the lion’s share of the rare metals industry, but consumers know very little about how they are mined and traded, or their environmental, economic, and geopolitical costs.

The Rare Metals War is a vital exposé of the ticking time-bomb that lies beneath our new technological order. It uncovers the reality of our lavish and ambitious environmental quest that involves risks as formidable as those it seeks to resolve.

‘French writer and analyst Guillaume Pitron warns about growing reliance on rare-earth metals — which are necessary to build high-tech products ... He shines a light on “the untold story” of the energy and digital transitions.’ European Scientist
Dr Jonathan D. Quick
With Bronwyn Fryer
Foreword by Dr David Heymann

The End of Epidemics
how to stop viruses and save humanity now

It’s the dystopian nightmare pandemic experts have warned about. But it’s happening right now.

COVID-19 has catapulted us into a science-fiction scenario — now our lived reality across the globe. Seemingly overnight, literally billions of people around the globe have had their lives upended by fear, uncertainty, bankruptcy, illness, or death.

At home, we ask: will the job I’ve been preparing for even exist when COVID-19 has passed? Will the business I built with sweat ever reopen? When can we safely travel abroad — or even to some parts of our own country? Will everyday life ever go back to normal? When will we have a vaccine?

Boiled up from the blood of a bat in rural China, the novel coronavirus has scourged every continent except Antarctica, and every major city — from Sydney to Stockholm, New York to Nairobi, Moscow to Miami, and Brasília to Bangkok. By the time the pandemic has passed, COVID-19 will have killed hundreds of thousands of people, sickened millions of people, upended the lives of tens of millions, and cost the global economy trillions of dollars.

An outbreak of a new, deadly, highly contagious virus was inevitable. But an explosive global pandemic was not inevitable. There is hope.

In The End of Epidemics, leading public health authority Dr Jonathan D. Quick tells the stories of the heroes, past and present, who have succeeded in their fights to stop the spread of illness and death. He explains the science and the politics of combating epidemics. And he provides a detailed seven-part plan showing exactly how world leaders, health professionals, the business community, media, and ordinary citizens can work together to prevent epidemics, saving millions of lives.

JONATHAN D. QUICK is a family physician, health-management specialist, managing director for pandemic response, preparedness, and prevention at The Rockefeller Foundation, and an adjunct professor of global health at the Duke Global Health Institute. He is also senior fellow emeritus at the global non-profit organisation Management Sciences for Health, where he served as president and chief executive officer for 2004 to 2017. Dr Quick has carried out assignments to improve the health and lives of people in over 70 countries in Africa, Asia, Latin America, and the Middle East.

BRONWYN FRYER is a veteran writer, researcher, and editor, widely recognised for her collaborations with leading authors.
Lesley Blume

Fallout

the Hiroshima cover-up and the reporter who revealed it to the world

New York Times bestselling author Lesley Blume reveals how a courageous reporter uncovered one of the greatest and deadliest cover-ups of the 20th century — the true effects of the atom bomb — potentially saving millions of lives.

In the days following the atomic bombings of Hiroshima and Nagasaki, the Japanese surrendered unconditionally. But even before the surrender, the US had begun a propaganda campaign to celebrate these weapons as the ultimate peacekeepers — hiding the true extent and nature of their devastation. The cover-up intensified as Americans closed the atomic cities to Allied reporters, preventing information from leaking about the horrific and lasting effects of radiation that would kill thousands of people during the months after the blast. For nearly a year, the cover-up worked — until New Yorker journalist John Hersey got into Hiroshima and reported the truth to the world.

As Hersey and his editors prepared his article for publication, they kept the whistleblowing story secret — even from most of their New Yorker colleagues. When the magazine published ‘Hiroshima’ in August 1946, it became an instant global sensation, and inspired pervasive horror about the hellish new threat that America had unleashed. Since 1945, no nuclear weapons have ever been deployed in war, partly because Hersey alerted the world to their true impact.

Released on the 75th anniversary of the Hiroshima bombing, Fallout is an engrossing detective story, as well as an important piece of hidden history that shows how one heroic scoop saved — and can still save — the world.
Jayant Kaikini

Translated by Tejaswini Niranjana

No Presents Please
Mumbai stories

Winner of the DSC Prize for South Asian Literature.

Jayant Kaikini’s gaze takes in the people in the corners of Mumbai — a bus driver who, denied vacation time, steals the bus to travel home; a slum dweller who catches cats and sells them for pharmaceutical testing; a father at his wits’ end who takes his mischievous son to a reform institution.

In this metropolis, those who seek find epiphanies in dark movie theatres, the jostle of local trains, and even in roadside keychains and lost thermos flasks. Here, in the shade of an unfinished overpass, a factory-worker and her boyfriend browse wedding invitations bearing wealthy couples’ affectations — ‘no presents please’ — and look once more at what they own.

Translated from the Kannada by Tejaswini Niranjana, these resonant stories take us to photo framers, flower markets, and Irani cafes, revealing a city trading in fantasies while its strivers, eating once a day and sleeping ten to a room, hold secret ambitions close.

‘In No Presents Please, Jayant Kaikini cracks open with tender care an extraordinary city, bursting with the ambitions of people who are anything but ordinary. In Kaikini’s deft hands, Mumbai comes to life, exquisitely rendered, as much of a character as anyone else.’ Neel Patel, author of If You See Me, Don’t Say Hi
Brian Deer

The Doctor Who Fooled the World

Andrew Wakefield’s war on vaccines

A reporter uncovers the secrets behind the scientific scam of the century.

The news breaks first as a tale of fear and pity. Doctors at a London hospital claim a link between autism and a vaccine given to millions of children: MMR. Young parents are terrified. Immunisation rates slump. And as a worldwide ‘anti-vax’ movement kicks off, old diseases return to sicken and kill.

But a veteran reporter isn’t so sure, and sets out on an epic investigation. Battling establishment cover-ups, smear campaigns, and gagging lawsuits, he exposes rigged research and secret schemes, the heartbreaking plight of families struggling with disability, and the scientific deception of our time.

‘Written with the meticulousness of a journalist determined to find out the truth and the pulse-pounding pacing of a thriller, The Doctor Who Fooled the World is a profoundly important book.’ Steve Silberman, author of Neurotribes: the legacy of autism and the future of neurodiversity

‘A definitive account of the most consequential medical fraud of the twentieth century and of investigative reporter Brian Deer’s role in uncovering it. Deer’s book is a compelling reminder of what great investigative journalism looks like and why it matters.’ Kathleen Hall Jamieson, PhD, author of Cyberwar and director of the Annenberg Public Policy Center

‘Sunlight is the best disinfectant, and Deer shines some of the brightest rays yet to reveal the rotten heart of one of the greatest public health frauds in history.’ Dr Zubin Damania, University of Nevada, Las Vegas School of Medicine
Jeff Rubin

The Expendables
how the middle class got screwed by globalisation

A provocative, far-reaching account of how the middle class got stuck with the bill for globalisation, and how the blowback — from Brexit to Trump to populist Europe — will change the developed world.

Real wages have not risen much for decades. Union membership has collapsed. Full-time employment is beginning to look like a quaint idea from the distant past. Falling tariffs, low interest rates, global deregulation, and tax policies that benefit the rich have all had the same effect: the erosion of the middle class.

Bestselling author Jeff Rubin argues that all this was foreseeable back when major Western countries started to believe their own propaganda about free trade, and especially when they allowed China to exploit weaknesses in the trading system they devised.

The result, growing global inequality, is a problem of our own making. And solving it won’t be easy if we draw on the same ideas about capital and labour, right and left, that led us to this cliff. Articulating a vision that, remarkably, dovetails with the ideas of both Naomi Klein and Donald Trump, The Expendables is an exhilaratingly fresh perspective that is at once humane and irascible, fearless and rigorous, and, most importantly, timely. GDP is growing, the stock market is up, and unemployment is down, but the surprise of this book is that even the good news is good for only 1 per cent of us.

JEFF RUBIN is a world-leading Canadian economist. An expert on trade and energy, and former chief economist and chief strategist at CIBC World Markets, he recently served as a senior fellow at Canada’s Centre for International Governance. His first book, Why Your World Is About to Get a Whole Lot Smaller, was an international bestseller, and since then he has written two other bestsellers, The End of Growth and The Carbon Bubble.
The Genes That Make Us
human stories from a revolution in medicine

Genes — we all have them and we’re all affected by them, often in unknown ways.

Whether directly inherited or modified by our environment, genes control or significantly influence almost every aspect of our lives, from the success of our conception and the development of our sexual characteristics, to the colour of our skin, hair, and eyes; our height and weight; our health; and, unfortunately, an untold number of diseases. For many, the first time that genetics truly matters to them is in a doctor’s office as they learn about a condition that may affect them, their unborn children, or even their wider family. Yet from the first laborious survey of the human genome twenty years ago to the commercial machines that now sequence 6,000 genomes per year, a revolution is taking place in medicine.

Navigating this world of heartbreaking uncertainties, tantalising possibilities, and thorny questions of morality is Professor Edwin Kirk, a rare doctor who works both in the lab and with patients, and who has over two decades of experience. In The Genes That Make Us, he explains everything you need to know with clarity, insight, and great humanity.
The Power of Discord

why the ups and downs of relationships are the secret to building intimacy, resilience, and trust

This original look at how to foster connections, attachment, and resiliency explains why working through discord is the key to better relationships.

You might think that perfect harmony is the defining characteristic of healthy relationships, but the truth is that human interactions are messy, complicated, and confusing. And according to renowned psychologist Ed Tronick and paediatrician Claudia Gold, that is not only okay, but crucial to our social and emotional development. In The Power of Discord they show how working through the inevitable dissonance of human connection is the path to better relationships with romantic partners, family, friends, and colleagues.

Dr Tronick was one of the first researchers to show, via ‘The Still-Face Experiment’, that babies are profoundly affected by their parents’ emotions and behaviour. His work, which brought about a foundational shift in our understanding of human development, shows that our highly evolved sense of self makes us separate, yet our survival depends on connection.

Working through the volley of mismatch and repair in everyday life helps us form deep, lasting, trusting relationships, and resilience in times of stress and trauma, and a solid sense of self in the world. Drawing on Dr Tronick’s research and Dr Gold’s clinical experience, The Power of Discord is a refreshing and original look at our ability to relate to others and to ourselves.

‘Lively and riveting — Human connections have the power to heal by engaging us in a new set of moment-to-moment mismatches ... as long as we are open to repair and reconnect.’

Dr Bessel van der Kolk, author of The Body Keeps the Score

Dr Ed Tronick & Dr Claudia M. Gold

DR ED TRONICK is a developmental and clinical psychologist, and the co-founder of the Child Development Unit at Boston Children’s Hospital and the Touchpoints program. He is a distinguished professor of psychology and director of the Infant-Parent Mental Health program at the University of Massachusetts Boston, and a research associate in newborn medicine at Harvard Medical School.

DR CLAUDIA M. GOLD is a paediatrician and writer. She has practised general and behavioural paediatrics for 25 years, and specialises in early childhood mental health. She is the author of several books, including Keeping Your Child in Mind and The Silenced Child.
Ariel Sabar

Veritas

a Harvard professor, a con man, and the Gospel of Jesus’s Wife

From award-winning author Ariel Sabar comes the gripping, true story of a sensational religious forgery and the scandal that engulfed Harvard University.

In 2012, Dr Karen King, a star professor at Harvard Divinity School, announced a blockbuster discovery. She had found an ancient fragment of papyrus — ‘The Gospel of Jesus’s Wife’, as she titled it — in which Jesus called Mary Magdalene ‘my wife’. Her announcement made international headlines. If early Christians believed that Jesus was married, it would upend the 2,000-year history of the world’s predominant faith, threatening not just the celibate, all-male priesthood but sacred teachings on marriage, sex, and women’s leadership.

As debates over the manuscript’s authenticity raged, award-winning journalist Ariel Sabar set out to investigate a baffling mystery: where did the tiny scrap of papyrus come from? His indefatigable search for answers became an international true-crime story, in which, remarkably, he managed to solve the crime.

‘This astonishing book — part detective story, part exercise in reporting conducted at its highest level — reaches hold of you by the shirt collar and doesn’t let go.’ Caitlin Flanagan, author of Girl Land

‘A masterful portrait of desire and a gripping analysis of a scandal that reveals the blurred lines between scholarship, faith, and lies.’ Dr Erin Thompson, art crime professor at John Jay College of Criminal Justice and author of Possession: the curious history of private collectors from antiquity to the present
Małgorzata Szejnert
Translated by Sean Gasper Bye

Ellis Island
a people’s history

A landmark work of history that brings the voices of the past vividly to life, transforming our understanding of the immigrant’s experience in America.

Ellis Island. How many stories does this tiny patch of land hold? How many people had joyfully embarked on a new life here — or known the despair of being turned away? How many were held there against their will?

To tell its manifold stories, *Ellis Island* draws on unpublished testimonies, memoirs, and correspondence from many internees and immigrants, including Russians, Italians, Jews, Japanese, Germans, and Poles, along with the commissioners, interpreters, doctors, and nurses who shepherded them — all of whom knew they were taking part in a significant historical phenomenon.

We see that deportations from Ellis Island were often based on pseudo-scientific ideas about race, gender, and disability. Sometimes, families were broken up, and new arrivals were held in detention at the Island for days, weeks, or months under quarantine. Indeed the island compound has spent longer as an internment camp than as a migration station.

Today, the island is no less political. In popular culture, it is a romantic symbol of the generations of immigrants who reshaped the United States. But its true history reveals that today’s fierce immigration debate has deep roots. Now a master storyteller brings its past to life, illustrated with unique archival photographs.

‘To me Małgorzata Szejnert embodies the image of Poland ... She has grace, a gentle tone, and a serene gaze.’ Svetlana Alexievich, winner of the Nobel Prize in Literature and author of *Secondhand Time*
Andrew Hankinson

Don’t applaud. Either laugh or don’t. (At the Comedy Cellar.)

What counts as funny, what as toxic, and who gets to decide? Explore the serious business of stand-up with Andrew Hankinson, author of cult classic You Could Do Something Amazing with Your Life [You Are Raoul Moat].

AMY SCHUMER. LOUIS CK. JERRY SEINFELD. CHRIS ROCK. They all worked the Comedy Cellar in Greenwich Village, honing their acts, experimenting, taking risks. It was a safe space, thanks to the principles of its first owner, Manny Dworman, then his son Noam. The only threat to freedom of expression was a lack of laughs.

But how did a New York taxi driver, born in Tel Aviv, create comedy’s most important stage? How did he influence some of the biggest names in stand-up? What are the limits of a joke? Who decides? And why does the comedians’ table matter so much?

Andrew Hankinson speaks to the Cellar’s owner, comedians, and audience members, using interviews, emails, podcasts, letters, text messages, and previously private documents to create a conversation about the perils, pride, and prejudice of modern comedy. Moving backwards in time from Louis CK’s downfall to when Manny used to host folk singers, including Bob Dylan, this is about a comedy club, but it’s also about the widening chasm in contemporary culture.

PRAISE FOR YOU COULD DO SOMETHING AMAZING WITH YOUR LIFE [YOU ARE RAOUl MOAT]:

‘Both an experiment in empathy and an exploration of the limits of empathy — holding the reader hostage in the echo chamber of an angry and confused man’s head.’ Louis Theroux
The Scandinavian Skincare Bible
the definitive guide to understanding your skin

The Swedish bestseller that will revolutionise the way you treat your skin.

Beautiful, healthy skin is a holy grail for teens with acne and adults with wrinkles alike, and multi-step beauty routines are all the rage. But we know surprisingly little about our largest organ.

Think drinking water will replenish your skin? Think again. More products, better skin? Nope. And an expensive product doesn’t guarantee reliable results. You don’t need to cleanse your skin in the morning; in fact, too much cleansing can be damaging. Toner is redundant, natural products are not always best, and bacteria are not the enemy — and that’s just the beginning!

Learn how to read the labels on products, know exactly what it is you’re putting on your skin, and make better decisions about how you care for it.

Using cutting-edge research about the microbiome, as well as the relationship between gut health and skin, The Scandinavian Skincare Bible challenges how we look at beauty today. By revealing the science and exposing commercial tricks, Dr Gillbro empowers us to lay the foundation for healthy, beautiful skin.
MARIE YOUNAN is a professional interpreter with counsellors and refugees at the Foundation Centre for Survivors of Torture.

JILL SANGUINETTI is a retired teacher and educational researcher. Her memoir, School Days of a Methodist Lady: a journey through girlhood, was published in 2014.

The story of the courage and resilience of an extraordinary woman, and the transformative power of language, friendship, education, and the kindness of strangers.

Marie Younan was born in 1952 into a family of Assyrian refugees living in north-eastern Syria. Accidentally blinded by her grandmother when she was a baby, Marie was the quiet, ever-present listener among her eleven siblings and within her large extended family. Locked out of school, play, and social gatherings, she lived a brave inner life of reflection and acceptance.

In 1978, after fleeing persecution and violence several times — first to Beirut, then to Athens — Marie finally migrated to Melbourne, Australia, to join the rest of her family who had gone on ahead. Unable to speak English, dependent for everything on her family, and having undergone three failed operations to restore her sight, Marie, in her words, was ‘only half alive’. Then, in 1985, aged 33, she attended the Royal Victorian Institute for the Blind. There she formed a close bond with her Braille teacher, Ben, became fluent in English, learned to read and write in Braille and to walk with a cane. Marie’s world opened and expanded forever.
MADELAINE BÖHME is professor of terrestrial palaeoclimatology at the University of Tübingen and founding director of the Senckenberg Center for Human Evolution and Palaeo-environment. She is a world-renowned palaeoclimatologist and palaeoenvironmental scientist engaged in the study of human evolution. Böhme lives in Tübingen, Germany.

RÜDIGER BRAUN is a science journalist interested in translating cutting-edge science for the general public to affect societal change. He contributes to Stern and Geo, and lives in Ahrensburg, Germany.

FLORIAN BREIER is a science journalist and works as a filmmaker and author for ZDF television, arte, SWR broadcasting, and others. Breier lives in Cologne, Germany.

JANE BILLINGHURST is an author who also translates non-fiction books from German into English.
Warren Kirk

Introduction by Christos Tsiolkas

Northside

a time and place

From the photographer behind Westography and Suburbia.

The past doesn’t disappear. It leaves its traces everywhere.
— Christos Tsiolkas

From West Brunswick to Reservoir, Fitzroy to Hadfield, Warren Kirk turns his keen eye upon the streets, buildings, and inhabitants of Melbourne’s northern suburbs, which are as iconic as they are rapidly changing. Both a tribute to the things we remember and a reminder to look anew at the world around us, the photos in Northside are a triumph of craft from an artist who invites us to really see.

PRAISE FOR SUBURBIA:

‘Part archivist, part archaeologist, Kirk is motivated by a desire to bring hidden beauty to the fore and, in doing so, stop it from being lost forever.’ ABC

‘From the dingy Chinese takeaway, the quirkily clipped hedges and formica tables, to the cluttered speciality stores and faded weatherboard, Kirk’s photographs are so vivid you can practically smell the fried food, lawn clippings and motel-room mustiness wafting off the page.’ The Canberra Times

WARREN KIRK has been a documentary photographer for over 30 years. His previous books are the acclaimed Westography (2016) and Suburbia (Scribe, 2018). He lives and works in Melbourne’s west.
Jonathan Silvertown

The Comedy of Error
why evolution made us laugh

What is humour? Why do we laugh? And why is the root of a good joke almost always error?

Good jokes, bad jokes, clever jokes, dad jokes — the desire to laugh is universal. But why do we find some gags hilarious, whilst others fall flat? Why does explaining a joke make it less amusing rather than more so? Why is laughter contagious, and why did it evolve in the first place?

Using the oldest jokes and the latest science, in *The Comedy of Error*, Professor Jonathan Silvertown investigates why we laugh: from laughter’s evolutionary origins, to similarities and differences in humour across cultures, and even why being funny makes us sexier.

As this unique book demonstrates, understanding how humour really works can provide endless entertainment.

PRAISE FOR *DINNER WITH DARWIN*:

‘A wide-ranging natural history of our diet, crafted at a pitch-perfect level for the science buff and the general reader alike. Silvertown is also a wonderful writer: erudite, informative, and thoroughly entertaining.’

*Washington Independent Review of Books*
Clarissa Goenawan

The Perfect World of Miwako Sumida

A bewitching novel set in contemporary Japan about the mysterious suicide of a young woman.

Miwako Sumida is dead. Now those closest to her try to piece together the fragments of her life. Ryusei, who has always loved her, follows Miwako’s trail to a remote Japanese village. Chie, Miwako’s best friend, was the only person to know her true identity — but is now the time to reveal it? Meanwhile, Fumi, Ryusei’s sister, is harbouring her own haunting secret. Together, they realise that the young woman they thought they knew had more going on behind her seemingly perfect façade than they could ever have dreamed.

‘Vivid and intriguing — an elegantly cryptic, poetically plotted Murakami-esque whydunit.’ Sharlene Teo, author of Ponti

‘Elegant and haunting ... Goenawan deftly explores the messiness of grief, the pain of lost chances, and the way a life can collapse under the weight of secrets.’ Kathleen Barber, author of Truth Be Told

ClariSSA GOENAWAN is an Indonesian-born Singaporean writer. Her debut novel Rainbirds won the 2015 Bath Novel Award and was shortlisted for three further prizes. Her short stories have won several awards and have been published in various literary magazines and anthologies. The Perfect World of Miwako Sumida is her second novel.
Nino Haratischvili
Translated by Charlotte Collins & Ruth Martin

The Eighth Life
(for Brilka)

LONGLISTED FOR THE MAN BOOKER INTERNATIONAL PRIZE

A new edition of the international sensation that UK booksellers are calling this generation’s War and Peace.

At the start of the twentieth century, on the edge of the Russian Empire, a family prospers, thanks to a magical recipe for hot chocolate that bewitches its drinkers. But this chocolate carries a bitter — some say cursed — aftertaste... Tumbling through the years, across vast expanses of longing and loss, we witness generation after generation of this remarkable family as they struggle and thrive, divide and reunite, and live and die in the red century.

‘This multi-award winning novel is a riveting read... You too often want to pause and appreciate delightful twists, intriguing concepts, the catch-your-breath unexpected.’ Judith Armstrong, The Australian

‘A harrowing, heartening and utterly engrossing epic novel... astonishing... A subtle and compelling translation by Charlotte Collins and Ruth Martin (on the heels of a Georgian version earlier this year) should make this as great a literary phenomenon in English as it has been in German.’ Maya Jaggi, The Guardian

‘A lavish banquet of family stories that can, for all their sorrows, be devoured with gluttonous delight. Nino Haratischvili’s characters... come to exuberant life. Her huge novel... shows a double face, its crushing pain and loss nonetheless conveyed with an artful storyteller’s sheer joy in her craft.’ Boyd Tonkin, The Financial Times

RRP: $26.99
198 x 129mm paperback, 944pp
ISBN: 9781922310484

RIGHTS HELD: WORLD ENGLISH
OTHER RIGHTS: UNITED AGENTS
Barry Jones

Sleepers, Wake NOW!
political engagement and climate in the digital age

A sequel to the prescient bestseller, first published in 1982, that alerted the public to the likely impacts of information technologies and the emergence of a post-industrial society.

When Sleepers, Wake! was first released in Australia, it immediately became influential around the world: it was read by Deng Xiaoping and Bill Gates; was published in China, Japan, South Korea, and Sweden; and led to the author being the first Australian minister invited to address a G-7 summit meeting, held in Canada in 1985.

Now its author, the polymath and former politician Barry Jones, turns his attention to what has happened since and to the challenges faced by increasingly fragile democracies and public institutions.

Jones sees climate change as the greatest problem of our time, especially because political leaders are incapable of dealing with complex long-term issues of such magnitude. Meanwhile, technologies such as the smartphone and the ubiquity of social media have reinforced the realm of the personal. This has weakened our sense of, or empathy with, ‘the other’, the remote, the unfamiliar, and all but destroyed our sense of community, of being members of broad, inclusive groups.

In the post-truth era, politicians invent ‘facts’ and ignore or deny the obvious, while business and the media are obsessed with marketing and consumption for the short term. Sleepers, Wake NOW! is a long-awaited update on such challenges of modernity.
**Sir Paul Nurse**

**What Is Life?**

understand biology in five steps

Life is all around us, abundant and diverse. It is truly a marvel. But what does it actually mean to be alive, and how do we decide what is living and what is not?

After a lifetime of studying life, Nobel Prize–winner Sir Paul Nurse, one of the world’s leading scientists, has taken on the challenge of defining it. Written with great personality and charm, his accessible guide takes readers on a journey to discover biology’s five great building blocks, demonstrates how biology has changed and is changing the world, and reveals where research is headed next.

To survive all the challenges that face the human race today — population growth, pandemics, food shortages, climate change — it is vital that we first understand what life is. Never before has the question ‘What is life?’ been answered with such insight, clarity, and humanity, and never at a time more urgent than now.

‘A nearly perfect guide to the wonder and complexity of existence.’

**Bill Bryson**

‘Paul Nurse is about as distinguished a scientist as there could be ... This book explains, in a way that is both clear and elegant, how the processes of life unfold, and does as much as science can to answer the question posed by the title. It’s also profoundly important, at a time when the world is connected so closely that any new illness can sweep from nation to nation with immense speed, that all of us — including politicians — should be as well-informed as possible. This book provides the sort of clarity and understanding that could save many thousands of lives.’

**Sir Philip Pullman**

SIR PAUL NURSE is a geneticist and cell biologist whose discoveries have helped to explain how the cell controls its cycle of growth and division. His contributions to cell biology and cancer research were recognised with a knighthood in 1999, and his endeavours relating to the discovery of cell cycle regulatory molecules saw him jointly awarded the Nobel Prize for Physiology or Medicine in 2001. Since 2011, he has been the director and chief executive of the Francis Crick Institute.
Welcome to 2020. Brexit, Trump, leadership challenges: those were the days.

The Morrison government, after delivering its promised tax cuts, had only one thing on its policy mind: protecting its presumptive budget surplus. Sure, avoiding questions about such trifles as sports rorts, robodebt cock-ups, and water scams required an inordinate amount of energy. But, all in all, it must have seemed like a good time to take a holiday.

Anyway, other people were on the fire hoses — terrified, exhausted, selfless — as south-east Australia gave us a glimpse of the looming slow-motion catastrophe of a rapidly heating world. Meanwhile, in a wet market in Wuhan, events were unfolding that would shake all our societies to the core and change our world forever. The mantle and burden of heroism was about to be passed to a new cast of ordinary people on a very different front line.

Is this a time for joking? Too soon? Maybe we need the penetrating satirical intelligence and the dark, challenging humour of our political cartoonists more than ever.

Featuring Dean Alston, Peter Broelman, Pat Campbell, Andrew Dyson, John Farmer, First Dog on the Moon, Matt Golding, Fiona Katauskas, Mark Knight, Jon Kudelka, Alan Moir, David Pope, David Rowe, Andrew Weldon, Cathy Wilcox, and many more ...
The Palace Letters

the queen, the governor-general, and the plot to dismiss Gough Whitlam

What role did the queen play in the governor-general Sir John Kerr’s plans to dismiss prime minister Gough Whitlam in 1975, which unleashed one of the most divisive episodes in Australia’s political history? And why weren’t we told?

Under the cover of being designated as private correspondence, the letters between the queen and the governor-general about the dismissal have been locked away for decades in the National Archives of Australia, and embargoed by the queen potentially forever. This ruse has furthered the fiction that the queen and the Palace had no warning of or role in Kerr’s actions.

In the face of this, Professor Jenny Hocking embarked on a four-year legal battle to force the Archives to release the letters. In 2015, she mounted a crowd-funded campaign, securing a stellar pro bono team that took her case all the way to the High Court of Australia.

Now, drawing on never-before-published material from Kerr’s archives and her submissions to the court, Hocking traces the collusion and deception behind the dismissal, and charts the private role of High Court judges, the queen’s private secretary, and the leader of the opposition, Malcolm Fraser, in Kerr’s actions, and the prior knowledge of the queen and Prince Charles.

Hocking also reveals the obstruction, intrigue, and duplicity she faced, raising disturbing questions about the role of the National Archives in preventing access to its own historical material and in enforcing royal secrecy over its documents.
Damon Young

**On Getting Off**

sex and philosophy

The intelligent reader’s guide to sex.

‘Wit, you know, is the unexpected copulation of ideas.’

Samuel Johnson

Is anything ultimately sexier than thinking?

What is the difference between the erotic and the romantic?

How should we think about our deepest desires?

Damon Young draws on the wisest minds in the philosophical canon to explain all the paradoxes of the bedroom. *On Getting Off* will f**k with your mind.

**PRAISE FOR PHILOSOPHY IN THE GARDEN:**

‘This is a gardening book that takes readers not on a walk around great estates but on a tour of great minds ... It’s a lovely extension on the notion that gardens make you contemplative and in working with the soil you see life’s big picture.’

The Daily Telegraph

**PRAISE FOR THE ART OF READING:**

‘For Damon Young, writers are like secret agents gone rogue, grabbing us by the lapels and inviting us into a realm of delicious ambiguity. *The Art of Reading* is an intimately conspiratorial book — erudite, surprising, and persuasive.’ Henry Hitchings, author of *Browse: the world in bookshops*
RECENT RELEASES
Dr Emily Nagoski

**The Come as You Are Workbook**

*a practical guide to the science of sex*

A follow-up to the huge international bestseller *Come as You Are*, this practical collection of worksheets, journaling prompts, illustrations, and diagrams will help readers to make real change happen in their sex lives.

RRP: $27.99 | 210 x 135mm paperback, 224pp w/ 2 col throughout | ISBN: 9781925849561

Bryan Stevenson

**Just Mercy (film tie-in edition)**

*a story of justice and redemption*

The film tie-in edition of this #1 *New York Times* bestseller and multi-award-winning book. This is a powerful, true story about the potential for mercy to redeem us, and a clarion call to fix America’s broken system of justice.

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Rachel Louise Snyder

**No Visible Bruises**

*what we don’t know about domestic violence can kill us*

An award-winning journalist’s exploration of the domestic violence epidemic and how to combat it. ‘Snyder debunks pervasive myths and writes movingly about the lives (and deaths) of people on both sides of the equation. She doesn’t give easy answers but presents a wealth of information that is its own form of hope.’ — *New York Times*

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Dr Jason Fung

**The Obesity Code Cookbook**

*recipes to help you manage your insulin, lose weight, and improve your health*

This follow-up to the international 500,000-copy bestseller *The Obesity Code* features over 90 recipes that are relatively simple, use common ingredients, and are delicious. *The Obesity Code Cookbook* is an indispensable tool for home cooks looking to lower insulin, lose weight, or simply lead a healthy, longer life.

RRP: $35.00 | 229 x 178mm paperback, 216pp w/ col images throughout

ISBN: 9781925849622 | WITH ALISON MACLEAN
Daniel J. Siegel, MD, & Tina Payne Bryson

The Power of Showing Up

how parental presence shapes who our kids become and how their brains get wired

This new title from the internationally bestselling authors of *The Whole-Brain Child* and *No-Drama Discipline* shares stories, strategies, and tips on how to cultivate a child's healthy emotional landscape. It is based on what Siegel and Bryson call the Four S's: the need to be safe, seen, soothed, and secure.

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Bel Kaufman

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A reissue of this classic 1964 novel about the joys and frustrations of a young teacher at New York City's Calvin Coolidge High. In its portrayal of a beleaguered public school system that is redeemed by teachers who love to teach and students who long to be recognised, it is more relevant than ever.

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FOREWORD BY GABBIE STROUD | INTRODUCTION BY DIANE RAVITCH

Nadia Dalbuono

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When Leone Scamarcio investigates the murder of a boy with demonic possession, who will win: Scamarcio or the Devil? This fifth book in the Leone Scamarcio series weaves an intricate plot of deception, danger, and conspiracy, and sees Scamarcio further develop as an honest cop within a corrupt system.

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Dr Cecilia Chrapkowska & Dr Agnes Wold

Parenthood the Swedish Way

*a science-based guide to pregnancy, birth, and infancy*

Inhaling dust doesn’t lead to allergies; breastfeeding doesn’t protect against allergies; sterilising bottles and dummies is unnecessary in most industrial countries. Two leading Swedish doctors debunk medical myths around pregnancy and child-rearing in this informative, relatable, no-nonsense book, which has now sold in over fifteen territories worldwide.

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TRANSLATED BY STUART TUDBALL

Robert Tickner

Ten Doors Down

*the story of an extraordinary adoption reunion*

This is the story of former federal minister Robert Tickner’s remarkable reunion with his birth parents. ‘Magnificently moving. You won’t be able to put it down. A testament to a mother’s love — and a son’s — full of heart, truth, and power. The final pages will break you.’ — Nikki Gemmell

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Barbara Natterson-Horowitz & Kathryn Bowers

Wildhood

*the epic journey from adolescence to adulthood in humans and other animals*

In this revelatory examination of human and animal adolescence, Natterson-Horowitz and Bowers examine the four challenges that every adolescent on our planet must face: how to be safe, how to navigate hierarchy, how to court potential mates, and how to leave the nest. Safety, status, sex, and survival.

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Rick Wilson

Running Against the Devil

*a plot to save America from Trump — and Democrats from themselves*

In this full-throttle playbook for 2020, Rick Wilson, longtime Republican strategist and #1 New York Times bestselling author of *Everything Trump Touches Dies*, warns Democrats not to make the mistakes that could re-elect the worst president in history. ‘Blunt and funny ... relentlessly irreverent and breathtakingly brutal.’ — The Guardian

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Stephen Pyne

**The Still-Burning Bush**

*updated edition*

Long a fire continent, Australia now finds itself at the leading edge of a fire epoch. Over the past two decades, bushfires have reasserted themselves as an environmental, social, and political presence. And now they dominate the national conversation. A new preface and epilogue update the original 2006 edition of this important and provocative book.


Tanya Talaga

**All Our Relations**

*Indigenous trauma in the shadow of colonialism*

The world’s Indigenous communities are fighting to live and dying too young. In this vital and incisive work, Tanya Talaga explores intergenerational trauma and the alarming rise of youth suicide. *All Our Relations* is a powerful call for action, justice, and a better, more equitable world for all Indigenous Peoples.


Tommy Wieringa

**The Blessed Rita**

In this sharply observed, darkly funny novel, Wieringa shines a light on people struggling at the margins of a changing world. *The Blessed Rita* is an affecting tribute to those left behind and an ode to those wanting to transcend themselves and their heritage.

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TRANSLATED BY SAM GARRETT

Zalika Reid-Benta

**Frying Plantain**

Set in ‘Little Jamaica’, Toronto’s Eglinton West neighbourhood, *Frying Plantain* is a rich and unforgettable portrait of growing up between worlds. It shows how, in one charged moment, friendship and love can turn to enmity and hate, well-meaning protection can become control, and teasing play can turn to something much darker.

Dr Chavi Eve Karkowsky

**High Risk**
*a doctor’s notes on pregnancy, birth, and the unexpected*

Infertility, pregnancy, miscarriages, difficult births — as a doctor specialising in high-risk pregnancy, Chavi Eve Karkowsky has seen it all. *High Risk* is her moving and compassionate testament to the importance of listening — truly listening — to women and their medical experiences of pregnancy and childbirth.

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Mark Bittman & Dr David L. Katz

**How to Eat**
*all your food and diet questions answered*

What is the ‘best’ diet? Do calories matter? Which proteins, fats, and carbs are good and which are bad? Bestselling authors Mark Bittman and Dr David Katz cut through all the noise on food, health, and diet to give you the real answers you need.

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Antony Dapiran

**City on Fire**
*the fight for Hong Kong*

In *City on Fire*, long-term Hong Kong resident Antony Dapiran provides the first detailed analysis of the protests that rocked the city through the summer of 2019, and reveals the protesters’ unique tactics. This book is the definitive account of a historic upheaval.

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Laura Jean McKay

**The Animals in That Country**

When a pandemic sweeps the country, its victims begin to understand the language of animals. But as the flu progresses, the unstoppable voices become overwhelming. This genre-busting novel asks what it means to be human — and what would happen if we finally understood what animals were saying.

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David Kilcullen

**The Dragons and the Snakes**
*how the Rest learned to fight the West*

Since the fall of the USSR, the dragons (state enemies such as Russia and China) and snakes (terrorist and guerrilla organisations) have watched the US struggle in Iraq and Afghanistan, and have mastered new methods of warfare and subversion in response. This book is a compelling look at the new, vastly complex global arena.

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Caroline Welch

**The Gift of Presence**
*a mindfulness guide for women*

A practical, user-friendly guide for women seeking focus and calm in the midst of life's storms, by the co-founder and CEO of the Mindsight Institute. This book guides readers in developing four innate abilities we all possess: presence, purpose, pivoting, and pacing.

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Richard Anderson

**Small Mercies**

A husband and wife living on a severely drought-afflicted property take a brief break, only to find that their relationship is parched, too. ‘A fine-grained study of a marriage and a land in crisis ... A wonderful book.’ — Jock Serong

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Adam Mars-Jones

**Box Hill**
*a story of low self-esteem*

A sizzling, sometimes shocking, and strangely tragic love story between two men. This is a stunning novel of desire and domination by one of Britain’s most accomplished writers. ‘The biggest small book of the year.’ — John Self, *The Guardian*

RECENT RELEASES

Maike Wetzell

Elly

Eleven-year-old Elly is missing. After an extensive police search, she is presumed dead. Then, four years later, she reappears. But soon her family are plagued by doubts. Is this stranger really the same little girl who went missing? And if not, who is she? Elly is a gripping tale of grief, longing, and doubt.

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TRANSLATED BY LYN MARVEN

Rebecca Giggs

Fathoms
the world in the whale

How do whales experience environmental change? Has our connection to these fabled animals been transformed by technology? What future awaits us, and them? In lively, inventive prose, Giggs explores these questions with clarity and hope. Fathoms is a work of profound insight and wonder that marks the arrival of an essential new voice in narrative nonfiction.

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Daniel Mallory Ortberg

Something That May Shock and Discredit You

From the beloved writer behind The Toast and Slate’s ‘Dear Prudence’ column comes a personal essay collection exploring popular culture, literature, religion, and sexuality in the light of the author’s gender transition. ‘You really need to read this now.’ — Jenny Lawson, New York Times bestselling author of Let’s Pretend This Never Happened

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Eloise Rickman

Extraordinary Parenting
the essential guide to parenting and educating at home

Experienced parenting coach Eloise Rickman tells you everything you really need to know about parenting and educating your child at home. Extraordinary Parenting shows that you don’t need a huge house, endless free time, or a host of expensive resources to unlock your child’s potential.

RRP: $22.99 | 198 x 129mm paperback, 272pp | ISBN: 9781922310460
**Dr Paul Offit**

**Overkill**  
*when modern medicine goes too far*

In this game-changing book, infectious-disease expert and Rotavirus vaccine inventor Dr Offit highlights fifteen common medical interventions still recommended and practised by medical professionals, despite clear evidence that they are harmful — including the treatment of acid reflux in babies and the reliance on heart stents and knee surgery.

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**Patrick Allington**

**Rise & Shine**

In a world where eight billion souls have perished, the survivors huddle together apart, perpetually at war. Far from representing their doom, this war is actually their means of survival, for their leaders have found a key to life that turns on each citizen being moved by human suffering. *Rise & Shine* is a fable for our troubled times.

RRP: $27.99 | 210 x 135mm paperback, 240pp | ISBN: 9781925849769

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**Bethany Saltman**

**Strange Situation**  
*a mother’s journey into the science of attachment*

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