

# **SCRIBE**

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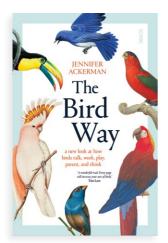
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JULY 2020 POPULAR SCIENCE

#### Jennifer Ackerman



JENNIFER ACKERMAN has been writing about science, nature, and human biology for almost three decades. Her most recent books include Sex Sleep Eat Drink Dream: a day in the life of your body; Ah-Choo: the uncommon life of the common cold: The Genius of Birds (Scribe. 2016); and Birds by the Shore. A contributor to Scientific American, National Geographic, The New York Times, and many other publications. Ackerman is the recipient of a National Endowment for the Arts literature fellowship in nonfiction.

## The Bird Way

a new look at how birds talk, work, play, parent, and think

From the *New York Times* bestselling author of *The Genius of Birds*, here is a radical examination of the bird way of being and of recent scientific research that is dramatically shifting our understanding of birds — how they live and how they think.

'There is the mammal way and there is the bird way.' This is one scientist's pithy distinction between mammal brains and bird brains: two ways to make a highly intelligent mind. But the bird way is much more than a unique pattern of brain wiring, and, lately, scientists have taken a new look at bird behaviours. What they are finding is upending the traditional view of how birds conduct their lives, how they communicate, forage, court, breed, and survive. They're also revealing the remarkable intelligence underlying these activities, abilities we once considered uniquely our own — deception, manipulation, cheating, kidnapping, infanticide, but also ingenious communication between species, cooperation, collaboration, altruism, culture, and play.

Drawing on personal observations, the latest science, and her bird-related travel around the world, from the tropical rainforests of eastern Australia and the remote woodlands of northern Japan, to the rolling hills of lower Austria and the islands of Alaska's Kachemak Bay, Ackerman shows there is clearly no single bird way of being — in plumage, form, song, flight, lifestyle, niche, and behaviour. It's what we love about them. As E.O. Wilson once said, when you have seen one bird, you have not seen them all.

RRP: \$35.00

234 x 153mm paperback, 368pp

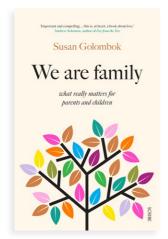
ISBN: 9781925713763

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#### Susan Golombok

# We Are Family

# what really matters for parents and children



SUSAN GOLOMBOK is professor of family research and director of the Centre for Family Research at the University of Cambridge, and a professorial fellow at Newnham College, Cambridge. Her pioneering research on lesbian mother families, gay father families, single mothers by choice, and families created by assisted reproductive technologies has been instrumental to our understanding of both child development and social and ethical issues related to family life.

Our understanding of what makes a family has undergone a revolution in the last few decades, from same-sex parenthood to surrogacy and IVF. But what has the impact been on children?

In *We Are Family*, Professor Susan Golombok visits lesbian mothers, gay fathers, single parents, co-parents, trans parents, surrogates, and donors, and, more importantly, their children, to find out if they are as well-adjusted, happy, and emotionally stable as children from traditional nuclear families. And she discovers that the answer is yes — and sometimes even more so.

Susan's work at the Centre for Family Research at Cambridge proves that any family set-up can provide a loving, secure home for a child — although, inevitably, the children from these families will often face prejudiced attitudes from others. Since the 1970s, when she was first drawn to this area of research after reading about lesbian mothers whose children were being removed from their care, Susan has worked tirelessly to challenge outdated attitudes and prevent families being split up for no good reason. This book tells the stories of those families — their struggles and their triumphs — while celebrating love and family in all its wonderful variations.

'Important and compelling ... Professor Susan Golombok gives evidence that the expansion of domestic structures represents not the downfall of family, but the expansion of it to include previously unfathomed, rich possibilities.' **Andrew Solomon, author of** *Far from the Tree* 

RRP: \$32.99

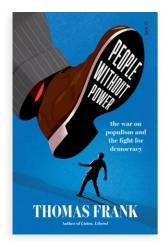
234 x 153mm paperback, 320pp

ISBN: 9781925713701

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ASSOCIATES

#### Thomas Frank



THOMAS FRANK is the author of Pity the Billionaire, The Wrecking Crew, What's the Matter with Kansas?, and Listen, Liberal (Scribe, 2016). A former columnist for The Wall Street Journal and Harper's, Frank is the founding editor of The Baffler. He lives outside Washington, DC.

#### **People Without Power**

the war on populism and the fight for democracy

An eye-opening account of populism, the most important — and misunderstood — movement of our time.

Everything we think we know about populism is wrong. Today, populism is seen as a frightening thing, a term pundits use to describe the racist philosophy of Donald Trump and European extremists. But this is a mistake.

The real story of populism is an account of enlightenment and liberation; it is the story of democracy itself, of its ever-widening promise of a decent life for all. Here, acclaimed political commentator Thomas Frank takes us from the US's tumultuous 1890s, when the radical left-wing Populist Party fought plutocrats, to the triumphs of reformers under Roosevelt and Truman.

Frank also shows that elitist groups have reliably detested populism, lashing out at working-class concerns; today's moral panic in liberal circles is only the latest expression. Frank pummels the elites, revisits the movement's provocative politics, and declares true populism to be the language of promise and optimism. *People Without Power* is a ringing affirmation of a movement that, Frank shows us, is not the problem of our times, but the solution.

'With his usual verve, Frank skewers the elite voices of condescension that vilify the egalitarian and democratic strivings of working people. In so doing, he offers a passionate defense of populism, which he reveals as a deep and wide political tradition that remains as essential as ever for the hopes of a more just and equitable society.' Charles Postel, author of Equality: an American dilemma, 1866–1896

RRP: \$29.99

210 x 135mm paperback, 320pp

ISBN: 9781925849288

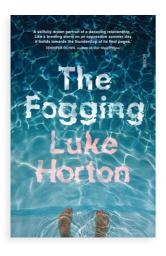
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#### Luke Horton

## The Fogging



LUKE HORTON's writing has appeared in various publications, including The Guardian, The Saturday Paper, and The Australian, and was shortlisted for the Viva La Novella prize. The former editor of The Lifted Brow Review of Books, he currently teaches creative writing at RMIT, and is a member of acclaimed indie-rock band Love of Diagrams. The Fogging is his debut novel, and was highly commended for the Victorian Premier's Award for an Unpublished Manuscript in 2019.

A compelling tale of the slow disintegration of a relationship and the unravelling of a man.

Tom and Clara are two struggling academics in their mid-thirties, who decide to take their first holiday in ten years. On the flight over to Indonesia, Tom experiences a debilitating panic attack, something he hasn't had in a long time, which he keeps hidden from Clara. At the resort, they meet Madeleine, a charismatic French woman, her Australian partner, Jeremy, and five-year-old son, Ollie, and the two couples strike up an easy friendship. The holiday starts to look up, even to Tom, who is struggling to get out of his own head. But when Clara and Madeleine become trapped in the maze-like grounds of the hotel during 'the fogging' — a routine spraying of pesticide — the dynamics suddenly shift between Tom and Clara, and the atmosphere of the holiday darkens.

Told with equal parts compassion and irony, and brimming with observations that charm, illuminate, and devastate, *The Fogging* dives deep into what it means to be strong when your foundation is built on sand.

'Claustrophobic and vertiginous ... an unshrinking and skilfully drawn portrait of a decaying relationship. In restrained prose, Horton illuminates the darker edges of masculinity. His is a frequency finely tuned to silences, gaps of language and meaning, things left unsaid — and their cumulative weight. Like a brewing storm on an oppressive summer day, *The Fogging* is quiet but assured, building towards the thunderclap of its final pages.'

Jennifer Down, author of Our Magic Hour

RRP: \$29.99

234 x 153mm paperback, 224pp

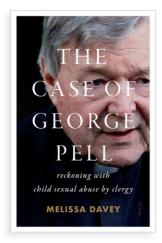
ISBN: 9781925849592

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#### Melissa Davey

#### The Case of George Pell

#### reckoning with child sexual abuse by clergy



MELISSA DAVEY has been The Guardian's Melbourne bureau chief for several years. She has been nominated for three Walkley awards and two Quill awards, and has won two New York Festival awards for The Reckoning, a podcast series she collaborated on with David Marr and Miles Martignoni. She has also won awards from medical bodies for her work reporting on rheumatic heart disease in Aboriginal children, and for her investigation into the brutality of gynaecologist Emil Shawky Gayed. Her investigation into Gayed triggered a government inquiry. Melissa frequently appears on BBC World News, and commercial radio in Australia and overseas.

Guardian Australia's Melbourne bureau chief Melissa Davey covered Cardinal George Pell's evidence at the royal commission into child sexual abuses, and attended each of his trials for his alleged historic sexual offences against children — his committal hearing, mistrial, retrial, and appeals.

What she saw, heard, and read made her determined to produce a dispassionate and thorough rendition of what occurred. *The Case of George Pell* is the result — an authoritative account of those trials, of the basis for the verdicts, and of the backlash to the verdicts. It is inevitably not only about Cardinal Pell, but about justice in the age of conservative media, about culture wars, and about the broader context of clergy abuse.

Despite a five-year-long sexual-abuse inquiry, three trials of one of the most senior Catholics in the world, and saturation coverage of the issue, it became evident to Ms Davey that many myths about the nature of child sexual abuse persist — and that, for some people, the evidence of victims can never be allowed to tarnish the reputation of the church and its practitioners.

The Case of George Pell is not just about one alleged offender, and one complainant. It is also about how the sexual abuse of children occurs — and has been allowed to continue.

RRP: \$35.00

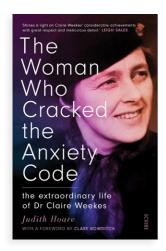
234 x 153mm paperback, 352pp

ISBN: 9781925849684

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#### Judith Hoare

Foreword by Clare Bowditch



JUDITH HOARE started her career on the ABC's Chequerboard, a trailblazing social-issues television program in the 1970s, and then moved to The Australian Financial Review. She eventually specialised in editing long-form journalism for the newspaper, and was appointed deputy editor in 1995, a position she held for 20 years.

# The Woman Who Cracked the Anxiety Code



the extraordinary life of Dr Claire Weekes

'It's truly astonishing that Dr Claire Weekes is not a household name ... this book shines a light on her considerable achievements with great respect and meticulous detail.' Leigh Sales

Panic, depression, sorrow, guilt, disgrace, obsession, sleeplessness, low confidence, loneliness, agoraphobia ... Dr Claire Weekes knew how to treat them, but was dismissed as underqualified and overly populist by the psychiatric establishment. In a radical move, she went directly to the people. Her international bestseller *Self Help for Your Nerves*, first published in 1962 and still in print, helped tens of millions of people to overcome all of these, and continues to do so.

This book is the first to tell Weekes' own remarkable tale, of how a mistaken diagnosis of tuberculosis led to heart palpitations, beginning her fascinating journey to a practical treatment for anxiety that put power back in the hands of the individual.

'Don't miss this biography.' \*\* \* \* Good Reading

'Revelatory.' ★★★★ Books+Publishing

'A fascinating tale.' The Sydney Morning Herald

'A vivid portrait of an intriguing woman ahead of her time, this is a story of hope, empowerment, and vindication.' **Gina Perry, author of** *Behind the Shock Machine* and *The Lost Boys* 

'In this fine book, Hoare has rescued the legacy of a great Australian.' *Inside Story* 

RRP: \$29.99

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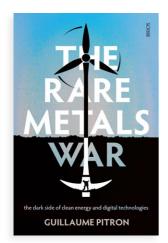
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210 x 135mm paperback, 416pp +

8pp b&w pic section ISBN: 9781922310439

#### Guillaume Pitron

Translated by Bianca Jacobsohn



GUILLAUME PITRON, was born in 1980, is a French award-winning journalist and documentary-maker for France's leading television channels. His work focuses on commodities and on the economic, political, and environmental issues associated with their use. The Rare Metals War is his first book, and has been translated into eight languages. Guillaume Pitron holds a master's degree in international law from the University of Georgetown (Washington, DC), and is a TEDx speaker. More information at www.guillaumepitron.com.

BIANCA JACOBSOHN is a South African/French translator and conference interpreter who specialises in energy, finance, strategic metals, and high-level diplomacy.

#### The Rare Metals War

the dark side of clean energy and digital technologies

The resources race is on. Powering our digital lives and green technologies are some of the Earth's most precious metals — but they are running out. And what will happen when they do?

The green-tech revolution has been lauded as the silver bullet to a new world. One that is at last free of oil, pollution, shortages, and cross-border tensions. Drawing on six years of research across a dozen countries, this book cuts across conventional green thinking to probe the hidden, dark side of green technology.

By breaking free of fossil fuels, we are in fact setting ourselves up for a new dependence — on rare metals such as cobalt, gold, and palladium. They are essential to electric vehicles, wind turbines, solar panels, our smartphones, computers, tablets, and other everyday connected objects. China has captured the lion's share of the rare metals industry, but consumers know very little about how they are mined and traded, or their environmental, economic, and geopolitical costs.

The Rare Metals War is a vital expose of the ticking timebomb that lies beneath our new technological order. It uncovers the reality of our lavish and ambitious environmental quest that involves risks as formidable as those it seeks to resolve.

'French writer and analyst Guillaume Pitron warns about growing reliance on rare-earth metals — which are necessary to build high-tech products ... He shines a light on "the untold story" of the energy and digital transitions.' *European Scientist* 

RRP: \$35.00

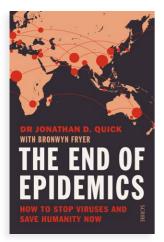
234 x 153mm paperback, 288pp

ISBN: 9781925849325

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#### Dr Jonathan D. Quick

With Bronwyn Fryer Foreword by Dr David Heymann



JONATHAN D. QUICK is a family physician, health-management specialist, managing director for pandemic response, preparedness, and prevention at The Rockefeller Foundation, and an adjunct professor of global health at the Duke Global Health Institute. He is also senior fellow emeritus at the global nonprofit organisation Management Sciences for Health, where he served as president and chief executive officer for 2004 to 2017. Dr Quick has carried out assignments to improve the health and lives of people in over 70 countries in Africa, Asia, Latin America, and the Middle East.

BRONWYN FRYER is a veteran writer, researcher, and editor, widely recognised for her collaborations with leading authors.

## The End of Epidemics

how to stop viruses and save humanity now



It's the dystopian nightmare pandemic experts have warned about. But it's happening right now.

COVID-19 has catapulted us into a science-fiction scenario — now our lived reality across the globe. Seemingly overnight, literally billions of people around the globe have had their lives upended by fear, uncertainty, bankruptcy, illness, or death.

At home, we ask: will the job I've been preparing for even exist when COVID-19 has passed? Will the business I built with sweat ever reopen? When can we safely travel abroad — or even to some parts of our own country? Will everyday life ever go back to normal? When will we have a vaccine?

Boiled up from the blood of a bat in rural China, the novel coronavirus has scourged every continent except Antarctica, and every major city— from Sydney to Stockholm, New York to Nairobi, Moscow to Miami, and Brasília to Bangkok. By the time the pandemic has passed, COVID-19 will have killed hundreds of thousands of people, sickened millions of people, upended the lives of tens of millions, and cost the global economy trillions of dollars.

An outbreak of a new, deadly, highly contagious virus was inevitable. But an explosive global pandemic was not inevitable. There is hope.

In *The End of Epidemics*, leading public health authority Dr Jonathan D. Quick tells the stories of the heroes, past and present, who have succeeded in their fights to stop the spread of illness and death. He explains the science and the politics of combating epidemics. And he provides a detailed seven-part plan showing exactly how world leaders, health professionals, the business community, media, and ordinary citizens can work together to prevent epidemics, saving millions of lives.

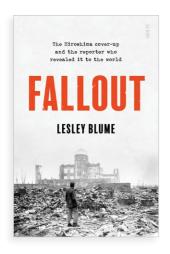
RRP: \$27.99

198 x 129mm paperback, 320pp

ISBN: 9781922310392

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#### Lesley Blume



LESLEY BLUME is a Los Angeles-based journalist, author, and biographer. Her work has appeared in Vanity Fair, The New York Times, The Wall Street Journal, and The Paris Review, among many other publications.

#### **Fallout**

the Hiroshima cover-up and the reporter who revealed it to the world

New York Times bestselling author Lesley Blume reveals how a courageous reporter uncovered one of the greatest and deadliest cover-ups of the 20th century — the true effects of the atom bomb — potentially saving millions of lives.

In the days following the atomic bombings of Hiroshima and Nagasaki, the Japanese surrendered unconditionally. But even before the surrender, the US had begun a propaganda campaign to celebrate these weapons as the ultimate peacekeepers — hiding the true extent and nature of their devastation. The cover-up intensified as Americans closed the atomic cities to Allied reporters, preventing information from leaking about the horrific and lasting effects of radiation that would kill thousands of people during the months after the blast. For nearly a year, the cover-up worked — until *New Yorker* journalist John Hersey got into Hiroshima and reported the truth to the world.

As Hersey and his editors prepared his article for publication, they kept the whistleblowing story secret — even from most of their *New Yorker* colleagues. When the magazine published 'Hiroshima' in August 1946, it became an instant global sensation, and inspired pervasive horror about the hellish new threat that America had unleashed. Since 1945, no nuclear weapons have ever been deployed in war, partly because Hersey alerted the world to their true impact.

Released on the 75th anniversary of the Hiroshima bombing, *Fallout* is an engrossing detective story, as well as an important piece of hidden history that shows how one heroic scoop saved — and can still save — the world.

RRP: \$35.00

234 x 153mm paperback, 288pp ISBN: 9781925713930 (EX. CAN)
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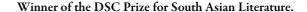
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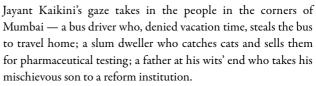
#### Jayant Kaikini

Translated by Tejaswini Niranjana

# No Presents Please

#### Mumbai stories





In this metropolis, those who seek find epiphanies in dark movie theatres, the jostle of local trains, and even in roadside keychains and lost thermos flasks. Here, in the shade of an unfinished overpass, a factory-worker and her boyfriend browse wedding invitations bearing wealthy couples' affectations — 'no presents please' — and look once more at what they own.

Translated from the Kannada by Tejaswini Niranjana, these resonant stories take us to photo framers, flower markets, and Irani cafes, revealing a city trading in fantasies while its strivers, eating once a day and sleeping ten to a room, hold secret ambitions close.

'In *No Presents Please*, Jayant Kaikini cracks open with tender care an extraordinary city, bursting with the ambitions of people who are anything but ordinary. In Kaikini's deft hands, Mumbai comes to life, exquisitely rendered, as much of a character as anyone else.' Neel Patel, author of *If You See Me, Don't Say Hi* 



JAYANT KAIKINI is a Kannada poet, short-story writer, columnist, and playwright, as well as an award-winning lyricist and script and dialogue writer for Kannada films. He won his first Karnataka Sahitya Akademi Award at the age of nineteen in 1974, and has since won the award three times, in addition to many other awards.

TEJASWINI NIRANJANA is a multi-award-winning translator. She grew up in Bangalore and has studied and worked in Mumbai. She is currently professor of cultural studies at Lingnan University, Hong Kong.

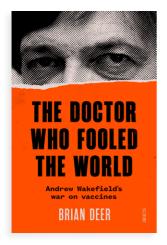
RRP: \$27.99

210 x 135mm paperback, 288pp

ISBN: 9781922310187

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ASSOCIATES

#### Brian Deer



BRIAN DEER is a veteran British investigative journalist, best known for his inquiries into the drug industry, medicine, and social issues for the Sunday Times of London. Among his awards, Deer was twice named the UK's specialist reporter of the year, and in 2016 he was made Doctor of Letters (honoris causa) by York St John University.

# The Doctor Who Fooled the World

Andrew Wakefield's war on vaccines

A reporter uncovers the secrets behind the scientific scam of the century.

The news breaks first as a tale of fear and pity. Doctors at a London hospital claim a link between autism and a vaccine given to millions of children: MMR. Young parents are terrified. Immunisation rates slump. And as a worldwide 'anti-vax' movement kicks off, old diseases return to sicken and kill.

But a veteran reporter isn't so sure, and sets out on an epic investigation. Battling establishment cover-ups, smear campaigns, and gagging lawsuits, he exposes rigged research and secret schemes, the heartbreaking plight of families struggling with disability, and the scientific deception of our time.

'Written with the meticulousness of a journalist determined to find out the truth and the pulse-pounding pacing of a thriller, The Doctor Who Fooled the World is a profoundly important book.' Steve Silberman, author of Neurotribes: the legacy of autism and the future of neurodiversity

'A definitive account of the most consequential medical fraud of the twentieth century and of investigative reporter Brian Deer's role in uncovering it. Deer's book is a compelling reminder of what great investigative journalism looks like and why it matters.' Kathleen Hall Jamieson, PhD, author of *Cyberwar* and director of the Annenberg Public Policy Center

'Sunlight is the best disinfectant, and Deer shines some of the brightest rays yet to reveal the rotten heart of one of the greatest public health frauds in history.' **Dr Zubin Damania, University of Nevada, Las Vegas School of Medicine** 

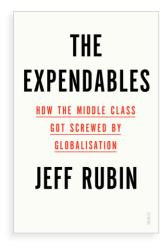
RRP: \$35.00

234 x 153mm paperback, 416pp

ISBN: 9781925713688

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#### Jeff Rubin



JEFF RUBIN is a world-leading Canadian economist. An expert on trade and energy, and former chief economist and chief strategist at CIBC World Markets, he recently served as a senior fellow at Canada's Centre for International Governance. His first book, Why Your World Is About to Get a Whole Lot Smaller, was an international bestseller, and since then he has written two other bestsellers, The End of Growth and The Carbon Bubble.

## The Expendables

how the middle class got screwed by globalisation

A provocative, far-reaching account of how the middle class got stuck with the bill for globalisation, and how the blowback — from Brexit to Trump to populist Europe — will change the developed world.

Real wages have not risen much for decades. Union membership has collapsed. Full-time employment is beginning to look like a quaint idea from the distant past. Falling tariffs, low interest rates, global deregulation, and tax policies that benefit the rich have all had the same effect: the erosion of the middle class.

Bestselling author Jeff Rubin argues that all this was foreseeable back when major Western countries started to believe their own propaganda about free trade, and especially when they allowed China to exploit weaknesses in the trading system they devised.

The result, growing global inequality, is a problem of our own making. And solving it won't be easy if we draw on the same ideas about capital and labour, right and left, that led us to this cliff. Articulating a vision that, remarkably, dovetails with the ideas of both Naomi Klein and Donald Trump, *The Expendables* is an exhilaratingly fresh perspective that is at once humane and irascible, fearless and rigorous, and, most importantly, timely. GDP is growing, the stock market is up, and unemployment is down, but the surprise of this book is that even the good news is good for only 1 per cent of us.

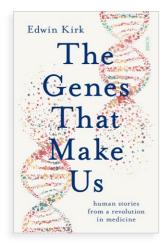
RRP: \$34.99

234 x 153mm paperback, 352pp

ISBN: 9781922310217

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#### Edwin Kirk



EDWIN KIRK is a clinical geneticist at the Sydney Children's Hospital, where he has worked for more than 20 years, and a genetic pathologist for NSW Health Pathology. He is the co-author of more than 100 scientific publications, and is co-lead of the \$20 million Mackenzie's Mission carrier screening project.

#### The Genes That Make Us

# human stories from a revolution in medicine

Genes — we all have them and we're all affected by them, often in unknown ways.

Whether directly inherited or modified by our environment, genes control or significantly influence almost every aspect of our lives, from the success of our conception and the development of our sexual characteristics, to the colour of our skin, hair, and eyes; our height and weight; our health; and, unfortunately, an untold number of diseases. For many, the first time that genetics truly matters to them is in a doctor's office as they learn about a condition that may affect them, their unborn children, or even their wider family. Yet from the first laborious survey of the human genome twenty years ago to the commercial machines that now sequence 6,000 genomes per year, a revolution is taking place in medicine.

Navigating this world of heartbreaking uncertainties, tantalising possibilities, and thorny questions of morality is Professor Edwin Kirk, a rare doctor who works both in the lab and with patients, and who has over two decades of experience. In *The Genes That Make Us*, he explains everything you need to know with clarity, insight, and great humanity.

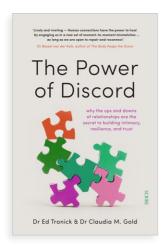
RRP: \$32.99

234 x 153mm paperback, 288pp

ISBN: 9781925849394

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#### Dr Ed Tronick & Dr Claudia M. Gold



DR ED TRONICK is a developmental and clinical psychologist, and the co-founder of the Child Development Unit at Boston Children's Hospital and the Touchpoints program. He is a distinguished professor of psychology and director of the Infant-Parent Mental Health program at the University of Massachusetts Boston, and a research associate in newborn medicine at Harvard Medical School.

DR CLAUDIA M. GOLD is a paediatrician and writer. She has practised general and behavioural paediatrics for 25 years, and specialises in early childhood mental health. She is the author of several books, including Keeping Your Child in Mind and The Silenced Child.

#### The Power of Discord

why the ups and downs of relationships are the secret to building intimacy, resilience, and trust

This original look at how to foster connections, attachment, and resiliency explains why working through discord is the key to better relationships.

You might think that perfect harmony is the defining characteristic of healthy relationships, but the truth is that human interactions are messy, complicated, and confusing. And according to renowned psychologist Ed Tronick and paediatrician Claudia Gold, that is not only okay, but crucial to our social and emotional development. In *The Power of Discord* they show how working through the inevitable dissonance of human connection is the path to better relationships with romantic partners, family, friends, and colleagues.

Dr Tronick was one of the first researchers to show, via 'The Still-Face Experiment', that babies are profoundly affected by their parents' emotions and behaviour. His work, which brought about a foundational shift in our understanding of human development, shows that our highly evolved sense of self makes us separate, yet our survival depends on connection.

Working through the volley of mismatch and repair in everyday life helps us form deep, lasting, trusting relationships, and resilience in times of stress and trauma, and a solid sense of self in the world. Drawing on Dr Tronick's research and Dr Gold's clinical experience, *The Power of Discord* is a refreshing and original look at our ability to relate to others and to ourselves.

'Lively and riveting — Human connections have the power to heal by engaging us in a new set of moment-to-moment mismatches ... as long as we are open to repair and reconnect.' Dr Bessel van der Kolk, author of *The Body Keeps the Score* 

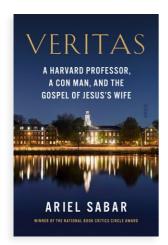
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234 x 153mm paperback, 288pp

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GROUP

#### Ariel Sabar



ARIEL SABAR is an award-winning journalist whose work has appeared in The Atlantic, The New York Times, Harper's Magazine, The Washington Post, and many other publications. He is the author of My Father's Paradise, which won the National Book Critics Circle Award.

#### **Veritas**

a Harvard professor, a con man, and the Gospel of Jesus's Wife

From award-winning author Ariel Sabar comes the gripping, true story of a sensational religious forgery and the scandal that engulfed Harvard University.

In 2012, Dr Karen King, a star professor at Harvard Divinity School, announced a blockbuster discovery. She had found an ancient fragment of papyrus — 'The Gospel of Jesus's Wife', as she titled it — in which Jesus called Mary Magdalene 'my wife'. Her announcement made international headlines. If early Christians believed that Jesus was married, it would upend the 2,000-year history of the world's predominant faith, threatening not just the celibate, all-male priesthood but sacred teachings on marriage, sex, and women's leadership.

As debates over the manuscript's authenticity raged, awardwinning journalist Ariel Sabar set out to investigate a baffling mystery: where did the tiny scrap of papyrus come from? His indefatigable search for answers became an international truecrime story, in which, remarkably, he managed to solve the crime.

"This astonishing book — part detective story, part exercise in reporting conducted at its highest level — reaches hold of you by the shirt collar and doesn't let go.' Caitlin Flanagan, author of Girl Land

'A masterful portrait of desire and a gripping analysis of a scandal that reveals the blurred lines between scholarship, faith, and lies.' Dr Erin Thompson, art crime professor at John Jay College of Criminal Justice and author of *Possession: the curious history of private collectors from antiquity to the present* 

RRP: \$39.99

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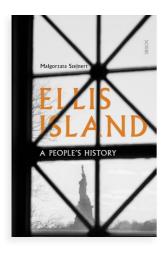
+ 8pp col pic section ISBN: 9781922310194 RIGHTS HELD: UK & C'WEALTH (EX. CAN) OTHER RIGHTS: PENGUIN RANDOM HOUSE HISTORY SEPTEMBER 2020

#### Małgorzata Szejnert

Translated by Sean Gasper Bye

# Ellis Island

a people's history



MAŁGORZATA SZEJNERT has long been one of Poland's most important journalists and editors, shaping a generation of Polish literary reportage. Active in the shipyards with Solidarity, after the fall of Communism she co-founded leading newspaper Gazeta Wyborcza, and led its reportage division for 15 years. Since retiring, she has devoted herself entirely to book writing.

SEAN GASPER BYE is a translator of Polish, French, and Russian literature. His translations of fiction, reportage, and drama have appeared in Words Without Borders, Catapult, Continents, and elsewhere. He was awarded an NEA Translation Fellowship to work on this book.

A landmark work of history that brings the voices of the past vividly to life, transforming our understanding of the immigrant's experience in America.

Ellis Island. How many stories does this tiny patch of land hold? How many people had joyfully embarked on a new life here — or known the despair of being turned away? How many were held there against their will?

To tell its manifold stories, *Ellis Island* draws on unpublished testimonies, memoirs, and correspondence from many internees and immigrants, including Russians, Italians, Jews, Japanese, Germans, and Poles, along with the commissioners, interpreters, doctors, and nurses who shepherded them — all of whom knew they were taking part in a significant historical phenomenon.

We see that deportations from Ellis Island were often based on pseudo-scientific ideas about race, gender, and disability. Sometimes, families were broken up, and new arrivals were held in detention at the Island for days, weeks, or months under quarantine. Indeed the island compound has spent longer as an internment camp than as a migration station.

Today, the island is no less political. In popular culture, it is a romantic symbol of the generations of immigrants who reshaped the United States. But its true history reveals that today's fierce immigration debate has deep roots. Now a master storyteller brings its past to life, illustrated with unique archival photographs.

"To me Małgorzata Szejnert embodies the image of Poland ... She has grace, a gentle tone, and a serene gaze." Svetlana Alexievich, winner of the Nobel Prize in Literature and author of Secondhand Time

RRP: \$49.99

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#### Andrew Hankinson

# Don't applaud. Either laugh or don't. (At the Comedy Cellar.)



ANDREW HANKINSON is the author of the CWA Dagger-winning You Could Do Something Amazing with Your Life [You Are Raoul Moat] (Scribe, 2016). He has also won a Northern Writers Award, and, for this book, an Arts Council Creative Practice Award.

What counts as funny, what as toxic, and who gets to decide? Explore the serious business of stand-up with Andrew Hankinson, author of cult classic *You Could Do Something Amazing with Your Life [You Are Raoul Moat]*.

AMY SCHUMER. LOUIS CK. JERRY SEINFELD. CHRIS ROCK. They all worked the Comedy Cellar in Greenwich Village, honing their acts, experimenting, taking risks. It was a safe space, thanks to the principles of its first owner, Manny Dworman, then his son Noam. The only threat to freedom of expression was a lack of laughs.

But how did a New York taxi driver, born in Tel Aviv, create comedy's most important stage? How did he influence some of the biggest names in stand-up? What are the limits of a joke? Who decides? And why does the comedians' table matter so much?

Andrew Hankinson speaks to the Cellar's owner, comedians, and audience members, using interviews, emails, podcasts, letters, text messages, and previously private documents to create a conversation about the perils, pride, and prejudice of modern comedy. Moving backwards in time from Louis CK's downfall to when Manny used to host folk singers, including Bob Dylan, this is about a comedy club, but it's also about the widening chasm in contemporary culture.

# PRAISE FOR YOU COULD DO SOMETHING AMAZING WITH YOUR LIFE IYOU ARE RAOUL MOAT!:

'Both an experiment in empathy and an exploration of the limits of empathy — holding the reader hostage in the echo chamber of an angry and confused man's head.' **Louis Theroux** 

RRP: \$32.99

210 x 148mm paperback w/ flaps,

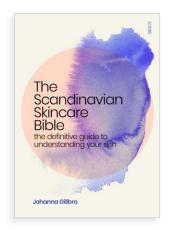
400pp

ISBN: 9781925713541

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#### Johanna Gillbro

Translated by Fiona Graham



JOHANNA GILLBRO, PhD, is an award-winning skin scientist with more than fifteen years of experience in experimental dermatology, clinical research, and skincare product development, as well as substantial experience within the pharmaceutical industry. Gillbro is frequently engaged as a speaker at international dermatological and cosmetic science conferences to present her cutting-edge research, and for the past decade has been the most cited author in The International Journal of Cosmetic Science.

FIONA GRAHAM has a degree in Modern Languages from Oxford University, and has lived in Kenya, Germany, the Netherlands, Luxembourg, Nicaragua, and Belgium. She translates from Spanish, French, Dutch, Swedish, and German, and is currently the reviews editor at the Swedish Book Review.

#### The Scandinavian Skincare Bible

the definitive guide to understanding your skin

The Swedish bestseller that will revolutionise the way you treat your skin.

Beautiful, healthy skin is a holy grail for teens with acne and adults with wrinkles alike, and multi-step beauty routines are all the rage. But we know surprisingly little about our largest organ.

Think drinking water will replenish your skin? Think again. More products, better skin? Nope. And an expensive product doesn't guarantee reliable results. You don't need to cleanse your skin in the morning; in fact, too much cleansing can be damaging. Toner is redundant, natural products are not always best, and bacteria are not the enemy — and that's just the beginning!

Learn how to read the labels on products, know exactly what it is you're putting on your skin, and make better decisions about how you care for it.

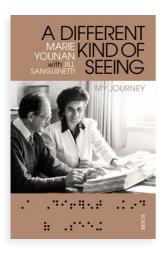
Using cutting-edge research about the microbiome, as well as the relationship between gut health and skin, *The Scandinavian Skincare Bible* challenges how we look at beauty today. By revealing the science and exposing commercial tricks, Dr Gillbro empowers us to lay the foundation for healthy, beautiful skin.

OCTOBER 2020 MEMOIR / BIOGRAPHY

#### Marie Younan

With Jill Sanguinetti

# A Different Kind of Seeing my journey



MARIE YOUNAN is a professional interpreter with counsellors and refugees at the Foundation Centre for Survivors of Torture.

JILL SANGUINETTI is a retired teacher and educational researcher. Her memoir, School Days of a Methodist Lady: a journey through girlhood, was published in 2014.

The story of the courage and resilience of an extraordinary woman, and the transformative power of language, friendship, education, and the kindness of strangers.

Marie Younan was born in 1952 into a family of Assyrian refugees living in north-eastern Syria. Accidentally blinded by her grandmother when she was a baby, Marie was the quiet, everpresent listener among her eleven siblings and within her large extended family. Locked out of school, play, and social gatherings, she lived a brave inner life of reflection and acceptance.

In 1978, after fleeing persecution and violence several times — first to Beirut, then to Athens — Marie finally migrated to Melbourne, Australia, to join the rest of her family who had gone on ahead. Unable to speak English, dependent for everything on her family, and having undergone three failed operations to restore her sight, Marie, in her words, was 'only half alive'. Then, in 1985, aged 33, she attended the Royal Victorian Institute for the Blind. There she formed a close bond with her Braille teacher, Ben, became fluent in English, learned to read and write in Braille and to walk with a cane. Marie's world opened and expanded forever.

RRP: \$29.99 RIGHTS HELD: WORLD

ISBN: 9781922310255

210 x 135mm paperback, 240pp

ANTHROPOLOGY OCTOBER 2020

#### Madelaine Böhme, Rüdiger Braun, & Florian Breier

Translated by Jane Billinghurst



MADELAINE BÖHME is professor of terrestrial palaeoclimatology at the University of Tübingen and founding director of the Senckenberg Center for Human Evolution and Palaeo-environment. She is a world-renowned paleoclimatologist and palaeoenvironmental scientist engaged in the study of human evolution. Böhme lives in Tübingen, Germany.

RÜDIGER BRAUN is a science journalist interested in translating cutting-edge science for the general public to affect societal change. He contributes to *Stern* and *Geo*, and lives in Ahrensburg, Germany.

FLORIAN BREIER is a science journalist and works as a filmmaker and author for ZDF television, *arte*, SWR broadcasting, and others. Breier lives in Cologne, Germany.

JANE BILLINGHURST is an author who also translates non-fiction books from German into English.

#### **Ancient Bones**

unearthing the astonishing, new story of how we became human

A leading paleontologist discovers the missing link in human evolution.

Somewhere west of Munich, Madelaine Böhme and her colleagues dig for clues to the origins of humankind. What they discover is beyond anything they imagined: the fossilised bones of *Danuvius guggenmosi* ignite a global media frenzy. This ancient ancestor defies our knowledge of human history: his nearly twelve-million-year-old bones were not located in Africa — the so-called birthplace of humanity — but in Europe, and his features suggest we evolved much differently than scientists once believed.

In prose that reads like a gripping detective novel, *Ancient Bones* interweaves the story of the dig that changed everything with the fascinating answer to a previously undecided and now pressing question: how, exactly, did we become human? Placing Böhme's discovery alongside former theories of human evolution, the authors show how this remarkable find (and others in Eurasia) are forcing us to rethink the story we've been told about how we came to be, a story that has been our guiding narrative — until now.

'In pursuit of an intriguing if controversial theory of distant human origins, Madelaine Böhme and her colleagues very readably unearth some fascinating history and evoke all the excitement that is inherent in modern paleoanthropological research.' Ian Tattersall, co-author of *The Accidental Homo Sapiens: genetics, behaviour, and free will* 

'A colourful, personal account of research into one of the most basic interests of our species — our origins and our close extinct relatives.' Dr Robert DeSalle, principal investigator, Sackler Institute for Comparative Genomics

RRP: \$35.00

216 x 140mm paperback, 352pp

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BOOKS

#### Warren Kirk

#### Introduction by Christos Tsiolkas

#### Northside

#### a time and place



WARREN KIRK has been a documentary photographer for over 30 years. His previous books are the acclaimed Westography (2016) and Suburbia (Scribe, 2018). He lives and works in Melbourne's west.

#### From the photographer behind Westography and Suburbia.

The past doesn't disappear. It leaves its traces everywhere.

#### — Christos Tsiolkas

From West Brunswick to Reservoir, Fitzroy to Hadfield, Warren Kirk turns his keen eye upon the streets, buildings, and inhabitants of Melbourne's northern suburbs, which are as iconic as they are rapidly changing. Both a tribute to the things we remember and a reminder to look anew at the world around us, the photos in *Northside* are a triumph of craft from an artist who invites us to really see.

#### PRAISE FOR SUBURBIA:

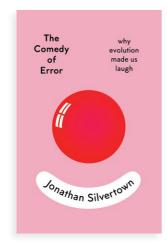
'Part archivist, part archaeologist, Kirk is motivated by a desire to bring hidden beauty to the fore and, in doing so, stop it from being lost forever.' **ABC** 

'From the dingy Chinese takeaway, the quirkily clipped hedges and formica tables, to the cluttered speciality stores and faded weatherboard, Kirk's photographs are so vivid you can practically smell the fried food, lawn clippings and motel-room mustiness wafting off the page.' *The Canberra Times* 

#### Jonathan Silvertown

## The Comedy of Error

#### why evolution made us laugh



JONATHAN SILVERTOWN professor of evolutionary ecology at the Institute of Evolution at the University of Edinburgh. He is the author of seven previous books, including Dinner with Darwin.

What is humour? Why do we laugh? And why is the root of a good joke almost always error?

Good jokes, bad jokes, clever jokes, dad jokes — the desire to laugh is universal. But why do we find some gags hilarious, whilst others fall flat? Why does explaining a joke make it less amusing rather than more so? Why is laughter contagious, and why did it evolve in the first place?

Using the oldest jokes and the latest science, in *The Comedy* of Error, Professor Jonathan Silvertown investigates why we laugh: from laughter's evolutionary origins, to similarities and differences in humour across cultures, and even why being funny makes us sexier.

As this unique book demonstrates, understanding how humour really works can provide endless entertainment.

#### PRAISE FOR DINNER WITH DARWIN:

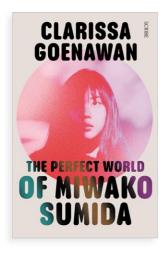
'A wide-ranging natural history of our diet, crafted at a pitch-perfect level for the science buff and the general reader alike. Silvertown is also a wonderful writer: erudite, informative, and thoroughly entertaining.'

Washington Independent Review of Books

OCTOBER 2020 FICTION

#### Clarissa Goenawan

# The Perfect World of Miwako Sumida



CLARISSA GOENAWAN is an Indonesian-born Singaporean writer. Her debut novel *Rainbirds* won the 2015 Bath Novel Award and was shortlisted for three further prizes. Her short stories have won several awards and have been published in various literary magazines and anthologies. *The Perfect World of Miwako Sumida* is her second novel.

A bewitching novel set in contemporary Japan about the mysterious suicide of a young woman.

Miwako Sumida is dead. Now those closest to her try to piece together the fragments of her life. Ryusei, who has always loved her, follows Miwako's trail to a remote Japanese village. Chie, Miwako's best friend, was the only person to know her true identity — but is now the time to reveal it? Meanwhile, Fumi, Ryusei's sister, is harbouring her own haunting secret. Together, they realise that the young woman they thought they knew had more going on behind her seemingly perfect façade than they could ever have dreamed.

'Vivid and intriguing — an elegantly cryptic, poetically plotted Murakami-esque whydunit.' **Sharlene Teo, author of** *Ponti* 

'Elegant and haunting ... Goenawan deftly explores the messiness of grief, the pain of lost chances, and the way a life can collapse under the weight of secrets.' **Kathleen Barber**, author of *Truth Be Told* 

FICTION OCTOBER 2020

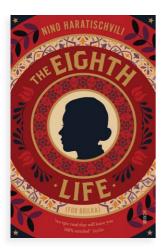
#### Nino Haratischvili

Translated by Charlotte Collins & Ruth Martin

# The Eighth Life

(for Brilka)





# LONGLISTED FOR THE MAN BOOKER INTERNATIONAL PRIZE

A new edition of the international sensation that UK booksellers are calling this generation's War and Peace.

At the start of the twentieth century, on the edge of the Russian Empire, a family prospers, thanks to a magical recipe for hot chocolate that bewitches its drinkers. But this chocolate carries a bitter — some say cursed — aftertaste ... Tumbling through the years, across vast expanses of longing and loss, we witness generation after generation of this remarkable family as they struggle and thrive, divide and reunite, and live and die in the red century.

'This multi-award winning novel is a riveting read ... You too often want to pause and appreciate delightful twists, intriguing concepts, the catch-your-breath unexpected.' **Judith Armstrong**, **The Australian** 

'A harrowing, heartening and utterly engrossing epic novel ... astonishing ... A subtle and compelling translation by Charlotte Collins and Ruth Martin (on the heels of a Georgian version earlier this year) should make this as great a literary phenomenon in English as it has been in German.' Maya Jaggi, *The Guardian* 

'A lavish banquet of family stories that can, for all their sorrows, be devoured with gluttonous delight. Nino Haratischvili's characters ... come to exuberant life. Her huge novel ... shows a double face, its crushing pain and loss nonetheless conveyed with an artful storyteller's sheer joy in her craft.' Boyd Tonkin,

The Financial Times

NINO HARATISCHVILI was born in Georgia in 1983, and is an award-winning novelist, playwright, and theatre director. She has been writing in both German and Georgian since the age of 12. In its German edition, *The Eighth Life* won the Anna Seghers Prize, the Lessing Prize Stipend, and the Bertolt Brecht Prize 2018.

CHARLOTTE COLLINS is a literary translator who received the Goethe-Institut's Helen and Kurt Wolff Translator's Prize in 2017 for Robert Seethaler's A Whole Life.

RUTH MARTIN has a PhD in 20th-century German literature and philosophy, and has translated several non-fiction books from German.

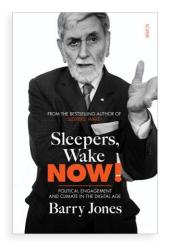
RRP: \$26.99

198 x 129mm paperback, 944pp

ISBN: 9781922310484

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#### **Barry Jones**



BARRY JONES was a Labor member of the Victorian and Commonwealth parliaments, led the campaign to abolish the death penalty, and became Australia's longest-serving minister for science from 1983 to 1990. His books include Sleepers, Wake!, A Thinking Reed, Dictionary of World Biography, and The Shock of Recognition. He received a Companion of the Order of Australia, Australia's highest award, in 2014, and, at the age of 87, is a 'living national treasure'.

#### Sleepers, Wake NOW!

political engagement and climate in the digital age

A sequel to the prescient bestseller, first published in 1982, that alerted the public to the likely impacts of information technologies and the emergence of a post-industrial society.

When *Sleepers, Wake!* was first released in Australia, it immediately became influential around the world: it was read by Deng Xiaoping and Bill Gates; was published in China, Japan, South Korea, and Sweden; and led to the author being the first Australian minister invited to address a G-7 summit meeting, held in Canada in 1985.

Now its author, the polymath and former politician Barry Jones, turns his attention to what has happened since and to the challenges faced by increasingly fragile democracies and public institutions.

Jones sees climate change as the greatest problem of our time, especially because political leaders are incapable of dealing with complex long-term issues of such magnitude. Meanwhile, technologies such as the smartphone and the ubiquity of social media have reinforced the realm of the personal. This has weakened our sense of, or empathy with, 'the other', the remote, the unfamiliar, and all but destroyed our sense of community, of being members of broad, inclusive groups.

In the post-truth era, politicians invent 'facts' and ignore or deny the obvious, while business and the media are obsessed with marketing and consumption for the short term. *Sleepers, Wake NOW!* is a long-awaited update on such challenges of modernity.

RRP: \$35.00

234 x 153mm paperback, 320pp

ISBN: 9781925849912

#### Sir Paul Nurse

# WHAT IS LIFE? UNDERSTAND BIOLOGY IN FIVE STEPS

SIR PAUL NURSE is a geneticist and cell biologist whose discoveries have helped to explain how the cell controls its cycle of growth and division. His contributions to cell biology and cancer research were recoanised with a knighthood in 1999, and his endeavours relating to the discovery of cell cycle regulatory molecules saw him jointly awarded the Nobel Prize for Physiology or Medicine in 2001. Since 2011, he has been the director and chief executive of the Francis Crick Institute.

PAUL NURSE

#### What Is Life?

#### understand biology in five steps

Life is all around us, abundant and diverse. It is truly a marvel. But what does it actually mean to be alive, and how do we decide what is living and what is not?

After a lifetime of studying life, Nobel Prize-winner Sir Paul Nurse, one of the world's leading scientists, has taken on the challenge of defining it. Written with great personality and charm, his accessible guide takes readers on a journey to discover biology's five great building blocks, demonstrates how biology has changed and is changing the world, and reveals where research is headed next.

To survive all the challenges that face the human race today — population growth, pandemics, food shortages, climate change — it is vital that we first understand what life is. Never before has the question 'What is life?' been answered with such insight, clarity, and humanity, and never at a time more urgent than now.

'A nearly perfect guide to the wonder and complexity of existence.'
Bill Bryson

'Paul Nurse is about as distinguished a scientist as there could be ... This book explains, in a way that is both clear and elegant, how the processes of life unfold, and does as much as science can to answer the question posed by the title. It's also profoundly important, at a time when the world is connected so closely that any new illness can sweep from nation to nation with immense speed, that all of us — including politicians — should be as well-informed as possible. This book provides the sort of clarity and understanding that could save many thousands of lives.'

Sir Philip Pullman

RRP: \$24.99

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ISBN: 9781922310262

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BOOKS

NOVEMBER 2020 CARTOONS / POLITICS

#### Russ Radcliffe



RUSS RADCLIFFE created the annual Best Australian Political Cartoons series in 2003. His other books include: Man of Steel: a cartoon history of the Howard years in 2007; Dirt Files: a decade of Australian political cartoons in 2013; and My Brilliant Career: Malcolm Turnbull, a political life in cartoons in 2016.

## Best Australian Political Cartoons 2020

Welcome to 2020. Brexit, Trump, leadership challenges: those were the days.

The Morrison government, after delivering its promised tax cuts, had only one thing on its policy mind: protecting its presumptive budget surplus. Sure, avoiding questions about such trifles as sports rorts, robodebt cock-ups, and water scams required an inordinate amount of energy. But, all in all, it must have seemed like a good time to take a holiday.

Anyway, other people were on the fire hoses — terrified, exhausted, selfless — as south-east Australia gave us a glimpse of the looming slow-motion catastrophe of a rapidly heating world. Meanwhile, in a wet market in Wuhan, events were unfolding that would shake all our societies to the core and change our world forever. The mantle and burden of heroism was about to be passed to a new cast of ordinary people on a very different front line.

Is this a time for joking? Too soon? Maybe we need the penetrating satirical intelligence and the dark, challenging humour of our political cartoonists more than ever.

Featuring Dean Alston, Peter Broelman, Pat Campbell, Andrew Dyson, John Farmer, First Dog on the Moon, Matt Golding, Fiona Katauskas, Mark Knight, Jon Kudelka, Alan Moir, David Pope, David Rowe, Andrew Weldon, Cathy Wilcox, and many more ...

POLITICAL HISTORY NOVEMBER 2020

#### Professor Jenny Hocking



JENNY HOCKING is emeritus professor at Monash University, Distinguished Whitlam Fellow at the Whitlam Institute at Western Sydney University, and Gough Whitlam's award-winning biographer. Her appeal against the decision of the Federal Court in the Palace letters case was heard by the High Court on 4 February 2020.

PHOTO © JANUSZ MOLINSKI PHOTOGRAPHY

#### The Palace Letters

the queen, the governor-general, and the plot to dismiss Gough Whitlam

What role did the queen play in the governor-general Sir John Kerr's plans to dismiss prime minister Gough Whitlam in 1975, which unleashed one of the most divisive episodes in Australia's political history? And why weren't we told?

Under the cover of being designated as private correspondence, the letters between the queen and the governor-general about the dismissal have been locked away for decades in the National Archives of Australia, and embargoed by the queen potentially forever. This ruse has furthered the fiction that the queen and the Palace had no warning of or role in Kerr's actions.

In the face of this, Professor Jenny Hocking embarked on a four-year legal battle to force the Archives to release the letters. In 2015, she mounted a crowd-funded campaign, securing a stellar pro bono team that took her case all the way to the High Court of Australia.

Now, drawing on never-before-published material from Kerr's archives and her submissions to the court, Hocking traces the collusion and deception behind the dismissal, and charts the private role of High Court judges, the queen's private secretary, and the leader of the opposition, Malcolm Fraser, in Kerr's actions, and the prior knowledge of the queen and Prince Charles.

Hocking also reveals the obstruction, intrigue, and duplicity she faced, raising disturbing questions about the role of the National Archives in preventing access to its own historical material and in enforcing royal secrecy over its documents.

RRP: \$29.99

210 x 135mm paperback, 240pp

ISBN: 9781922310248

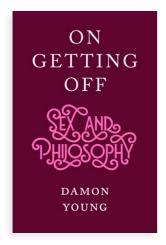
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NOVEMBER 2020 GIFT/SEX/PHILOSOPHY

#### Damon Young

## On Getting Off

#### sex and philosophy



DAMON YOUNG is a philosopher, writer and commentator, and author of the books *The Art of Reading* and *Philosophy in the Garden*, among others. He is an honorary fellow in philosophy at the University of Melbourne.

The intelligent reader's guide to sex.

'Wit, you know, is the unexpected copulation of ideas.'
Samuel Johnson

Is anything ultimately sexier than thinking?

What is the difference between the erotic and the romantic?

How should we think about our deepest desires?

Damon Young draws on the wisest minds in the philosophical canon to explain all the paradoxes of the bedroom. *On Getting Off* will f\*\*k with your mind.

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'This is a gardening book that takes readers not on a walk around great estates but on a tour of great minds ... It's a lovely extension on the notion that gardens make you contemplative and in working with the soil you see life's big picture.'

The Daily Telegraph

#### PRAISE FOR THE ART OF READING:

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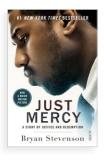
#### Dr Emily Nagoski

#### The Come as You Are Workbook

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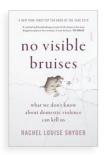
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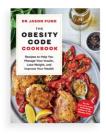
#### No Visible Bruises

what we don't know about domestic violence can kill us

An award-winning journalist's exploration of the domestic violence epidemic and how to combat it. 'Snyder debunks pervasive myths and writes movingly about the lives (and deaths) of people on both sides of the equation. She doesn't give easy answers but presents a wealth of information that is its own form of hope.'

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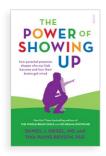
#### Dr Jason Fung

#### The Obesity Code Cookbook

recipes to help you manage your insulin, lose weight, and improve your health

This follow-up to the international 500,000-copy bestseller *The Obesity Code* features over 90 recipes that are relatively simple, use common ingredients, and are delicious. *The Obesity Code Cookbook* is an indispensable tool for home cooks looking to lower insulin, lose weight, or simply lead a healthy, longer life.

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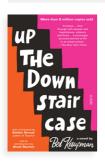
Daniel J. Siegel, MD, & Tina Payne Bryson

# The Power of Showing Up

how parental presence shapes who our kids become and how their brains get wired

This new title from the internationally bestselling authors of *The Whole-Brain Child* and *No-Drama Discipline* shares stories, strategies, and tips on how to cultivate a child's healthy emotional landscape. It is based on what Siegel and Bryson call the Four S's: the need to be safe, seen, soothed, and secure.

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### Nadia Dalbuono

### The Devil

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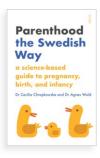


### Michael Christie

### Greenwood

Structured like the rings of a tree, and set against the devastation of the natural world, this dazzling Canadian novel moves from the future to the present to the past, and back again, to tell the story of one family and their enduring connection to the place that brought them together.

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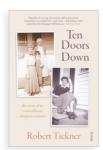
Dr Cecilia Chrapkowska & Dr Agnes Wold

# Parenthood the Swedish Way

a science-based guide to pregnancy, birth, and infancy

Inhaling dust doesn't lead to allergies; breastfeeding doesn't protect against allergies; sterilising bottles and dummies is unnecessary in most industrial countries. Two leading Swedish doctors debunk medical myths around pregnancy and child-rearing in this informative, relatable, no-nonsense book, which has now sold in over fifteen territories worldwide.

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the story of an extraordinary adoption reunion

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### Wildhood

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In this revelatory examination of human and animal adolescence, Natterson-Horowitz and Bowers examine the four challenges that every adolescent on our planet must face: how to be safe, how to navigate hierarchy, how to court potential mates, and how to leave the nest. Safety, status, sex, and survival.

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### Rick Wilson

# **Running Against the Devil**

a plot to save America from Trump — and Democrats from themselves

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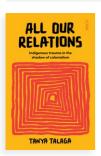
# Stephen Pyne

# The Still-Burning Bush

updated edition

Long a fire continent, Australia now finds itself at the leading edge of a fire epoch. Over the past two decades, bushfires have reasserted themselves as an environmental, social, and political presence. And now they dominate the national conversation. A new preface and epilogue update the original 2006 edition of this important and provocative book.

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### Tanya Talaga

### **All Our Relations**

Indigenous trauma in the shadow of colonialism

The world's Indigenous communities are fighting to live and dying too young. In this vital and incisive work, Tanya Talaga explores intergenerational trauma and the alarming rise of youth suicide. *All Our Relations* is a powerful call for action, justice, and a better, more equitable world for all Indigenous Peoples.

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# Tommy Wieringa

### The Blessed Rita

In this sharply observed, darkly funny novel, Wieringa shines a light on people struggling at the margins of a changing world. *The Blessed Rita* is an affecting tribute to those left behind and an ode to those wanting to transcend themselves and their heritage.

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### Zalika Reid-Benta

# Frying Plantain

Set in 'Little Jamaica', Toronto's Eglinton West neighbourhood, *Frying Plantain* is a rich and unforgettable portrait of growing up between worlds. It shows how, in one charged moment, friendship and love can turn to enmity and hate, well-meaning protection can become control, and teasing play can turn to something much darker.

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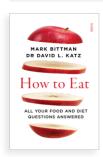
# Dr Chavi Eve Karkowsky

# **High Risk**

a doctor's notes on pregnancy, birth, and the unexpected

Infertility, pregnancy, miscarriages, difficult births — as a doctor specialising in high-risk pregnancy, Chavi Eve Karkowsky has seen it all. *High Risk* is her moving and compassionate testament to the importance of listening — truly listening — to women and their medical experiences of pregnancy and childbirth.

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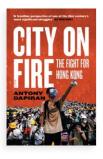
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all your food and diet questions answered

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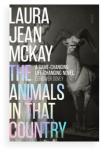
# Antony Dapiran

# City on Fire

the fight for Hong Kong

In *City on Fire*, long-term Hong Kong resident Antony Dapiran provides the first detailed analysis of the protests that rocked the city through the summer of 2019, and reveals the protesters' unique tactics. This book is the definitive account of a historic upheaval.

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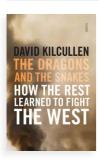


# Laura Jean McKay

# The Animals in That Country

When a pandemic sweeps the country, its victims begin to understand the language of animals. But as the flu progresses, the unstoppable voices become overwhelming. This genre-busting novel asks what it means to be human — and what would happen if we finally understood what animals were saying.

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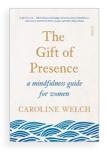
### David Kilcullen

# The Dragons and the Snakes

how the Rest learned to fight the West

Since the fall of the USSR, the dragons (state enemies such as Russia and China) and snakes (terrorist and guerrilla organisations) have watched the US struggle in Iraq and Afghanistan, and have mastered new methods of warfare and subversion in response. This book is a compelling look at the new, vastly complex global arena.

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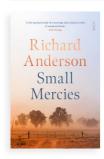
### Caroline Welch

### The Gift of Presence

a mindfulness guide for women

A practical, user-friendly guide for women seeking focus and calm in the midst of life's storms, by the co-founder and CEO of the Mindsight Institute. This book guides readers in developing four innate abilities we all possess: presence, purpose, pivoting, and pacing.

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A husband and wife living on a severely drought-afflicted property take a brief break, only to find that their relationship is parched, too. 'A fine-grained study of a marriage and a land in crisis ... A wonderful book.' — Jock Serong

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# Adam Mars-Jones

### **Box Hill**

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Eleven-year-old Elly is missing. After an extensive police search, she is presumed dead. Then, four years later, she reappears. But soon her family are plagued by doubts. Is this stranger really the same little girl who went missing? And if not, who is she? *Elly* is a gripping tale of grief, longing, and doubt.

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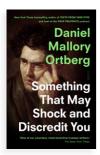
# Rebecca Giggs

### **Fathoms**

the world in the whale

How do whales experience environmental change? Has our connection to these fabled animals been transformed by technology? What future awaits us, and them? In lively, inventive prose, Giggs explores these questions with clarity and hope. *Fathoms* is a work of profound insight and wonder that marks the arrival of an essential new voice in parrative ponfiction.

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the essential guide to parenting and educating at home

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In a world where eight billion souls have perished, the survivors huddle together apart, perpetually at war. Far from representing their doom, this war is actually their means of survival, for their leaders have found a key to life that turns on each citizen being moved by human suffering. *Rise & Shine* is a fable for our troubled times

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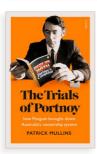
# Bethany Saltman

### Strange Situation

a mother's journey into the science of attachment

How can we create strong attachments with our children, and why does it matter? In this intimate, rigorous book, a mother investigates the often misunderstood science of attachment theory while navigating her relationships with her own daughter and mother. 'A beautiful exploration of what makes us human.' — Lori Gottlieb

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A fascinating account of the decision in 1970 by Penguin Books Australia to publish the banned novel *Portnoy's Complaint*, Philip Roth's bestseller featuring a boy hung up about his mother and his penis. In defying one of the most conservative censorship regimes in the world, Penguin and its co-conspirators reshaped Australian literary culture forever.

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